# Non-locality in General Relativity and Quantum Field Theory

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# Introduction

- We have good reasons to think that length scales smaller than the Planck scale are not observables due to the formation of small Planckian black holes: there is a minimal length i.e. a form of non-locality.
- In that sense space-time singularities should be smeared by quantum effects and effective theories might be all we need to study a unification of quantum mechanics and general relativity.
- Can we see this non-locality appearing using effective field theory techniques?

## A minimal length from QM and GR

Claim: GR and QM imply that no operational procedure exists which can measure a distance less than the Planck length.

#### Assumptions:

- Hoop Conjecture (GR): if an amount of energy E is confined to a ball of size R, where R < E, then that region will eventually evolve into a black hole.
- Quantum Mechanics: uncertainty relation.

#### Minimal Ball of uncertainty:

Consider a particle of Energy E which is not already a black hole. Its size r must satisfy:  $\sum_{n=1}^{\infty} \sum_{i=1}^{n} \frac{1}{E_i} = E_i^{-1}$ 

 $r \gtrsim \max\left[1/E, E\right]$ 

where 1/E is the Compton wavelength and E comes from the Hoop Conjecture. We find:

$$r \sim l_P$$

Can we identify this minimal length in GR and QFT? It is a form of non-locality.

### Effective action for GR coupled to known matter

• We can describe any theory of quantum gravity below the Planck scale using effective field theory techniques:

$$S = \int d^4x \sqrt{-g} \left[ \left( \frac{1}{2} M^2 + \xi H^{\dagger} H \right) \mathcal{R} - \Lambda_C^4 + c_1 \mathcal{R}^2 + c_2 \mathcal{R}_{\mu\nu} \mathcal{R}^{\mu\nu} + \mathcal{L}_{SM} + \mathcal{O}(M_{\star}^{-2}) \right]$$

- Planck scale  $(M^2 + \xi v^2) = M_P^2$   $M_P = 2.4335 \times 10^{18} \text{ GeV}$
- $\Lambda_{\rm C} \sim 10^{-12} \, {\rm GeV}$ ; cosmological constant.
- $M_{\star}$ > few TeVs from QBH searches at LHC and cosmic rays.
- Dimensionless coupling constants  $\xi$ ,  $c_1$ ,  $c_2$

$$- c_1 \text{ and } c_2 < 10^{61} [xc, Hsu and Reeb (2008)]$$

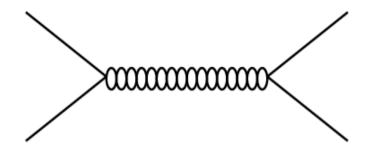
R<sup>2</sup> inflation requires  $c_1 = 5 \times 10^8$  (Faulkner et al. astro-ph/0612569]).

$$-\xi < 2.6 \times 10^{15}$$
 [xc & Atkins, 2013]

Higgs inflation requires  $\xi \sim 10^4$ .

#### Unitarity in linearized GR

Let us consider gravitational scattering of the particles included in our model (s-channel, we impose different in and out states) (Han & Willenbrock 2004, xc & Atkins 2011)



$$\mathcal{A} = 16\pi \sum_{J} (2J+1) a_J d_{\mu,\mu'}^J$$
$$|\text{Re } a_J| \le 1/2$$

 $a_2 = -\frac{1}{320\pi} \frac{\sigma}{\bar{M}_P^2} N$ 

Let us look at J=2 partial wave

One gets the bound:

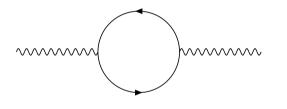
$$E_{\rm CM}^* \le \bar{M}_P \sqrt{\frac{160\pi}{N}}$$

$$N = 1/3N_{s} + N_{\psi} + 4N_{V}$$

For large *N*, unitarity can be violated well below the Planck mass. <sup>5</sup>

## Self-healing of unitarity

- Aydemir, Anber & Donoghue argued that the effective theory heals itself.
- First let's calculate the leading quantum corrections to the previous amplitude (still working in linearized GR in flat space-time)



- Insert any matter in your model in that loop.
- Typically there is more matter than gravitational degrees of freedom, we can thus ignore gravitons in that loops for energies below the Planck mass.
- Honest calculation: regularized using dim-reg and absorb divergencies in R^2 etc.
- Obviously the theory is still not renormalizable, but that's not an issue for an effective field theory.

### Self-healing of unitarity

• In the case of linearized gravity coupled to QFT, resum:

$$\mathcal{M}(\mathcal{M}(\mathcal{M})) = \mathcal{M}(\mathcal{M}(\mathcal{M})) = \mathcal{M}(\mathcal{M})$$

• in the large N limit, keeping NG<sub>N</sub> small, one obtains a resummed graviton propagator

$$iD^{\alpha\beta,\mu\nu}(q^2) = \frac{i\left(L^{\alpha\mu}L^{\beta\nu} + L^{\alpha\nu}L^{\beta\mu} - L^{\alpha\beta}L^{\mu\nu}\right)}{2q^2\left(1 - \frac{NG_Nq^2}{120\pi}\log\left(-\frac{q^2}{\mu^2}\right)\right)} \qquad N = N_s + 3N_f + 12N_V$$
$$L^{\mu\nu}(q) = \eta^{\mu\nu} - q^{\mu}q^{\nu}/q^2$$

• One can check explicitly

$$|A_{dressed}|^2 = \operatorname{Im}(A_{dressed})$$

### Poles in the resummed graviton propator

- In linearized GR, the effective theory self-heals itself.
- However, the resummed graviton propagator has poles: sign of strong interaction.
- The positions of these poles depend on the number of fields
- One finds

$$\begin{array}{lll} q_1^2 &= 0, \\ q_2^2 &= & \displaystyle \frac{1}{G_N N} \frac{120\pi}{W\left(\frac{-120\pi M_P^2}{\mu^2 N}\right)}, \\ q_3^2 &= & \displaystyle (q_2^2)^*, \end{array}$$

#### Poles as Planckian Black Holes?

- It is tempting to interpret these poles as black hole precursors.
- In the SM

$$N_s = 4, N_f = 45, \text{ and } N_V = 12$$

• We thus find

$$(7-3i) \times 10^{18} \text{ GeV}$$
 and  $(7+3i) \times 10^{18} \text{ GeV}$ .

• The first one corresponds to a state with mass  $p_0^2 = (m - i\Gamma/2)^2$ 

 $7 \times 10^{18} \text{ GeV}$ 

• and width

 $6 \times 10^{18} \text{ GeV}$ 

#### Back to the effective field theory

• Note that the 2<sup>nd</sup> pole has the wrong sign for a particle: it is a ghost

 $(7 + 3i) \times 10^{18} \text{ GeV}$ 

• In terms of EFT, the poles correspond to the non local effects in gravity parameterized by

$$S = \int d^4x \sqrt{g} \left[ R \log \left( \frac{\Box}{\mu^2} \right) R \right]$$

- Can these effects soften singularities?
- The effective theory breaks down at the energy scale  $M_{\star}$  corresponding to these poles.

#### Gravity leads to non-local effects in Matter

XC, Croon & Fritz (2015)

• Using the resummed graviton propagator we can now calculate the dressed amplitude for the gravitational scattering two identical scalar fields (s, t & u channels):

$$A_{dressed} = A_{tree} + A^{(1)} + \dots$$

• The tree-level amplitude has been known for a long time. The nonlocal correction is given by

$$\begin{aligned} A^{(1)} &= \frac{2}{15} G_N^2 N\left(m^4 \left(\log\left(-\frac{stu}{\mu^6}\right)\right) \\ &+ \log\left(-\frac{s}{\mu^2}\right) (2m^2 + t)(2m^2 + u) + \log\left(-\frac{t}{\mu^2}\right) (2m^2 + s)(2m^2 + u) \\ &+ \log\left(-\frac{u}{\mu^2}\right) (2m^2 + s)(2m^2 + t)\right). \end{aligned}$$

#### Gravity leads to non-local effects in Matter

• It is easy to see that  $A^{(1)}$  can be obtained from this effective operator:

$$O_8 = \frac{2}{15} G_N^2 N \left( \partial_\mu \phi(x) \partial^\mu \phi(x) - m^2 \phi(x)^2 \right) \log \left( -\frac{\Box}{\mu^2} \right) \left( \partial_\nu \phi(x) \partial^\nu \phi(x) - m^2 \phi(x)^2 \right)$$

• This is a non-local operator, we need to make sense of the log term to obtain a causal theory (Espiru et al. (2005), Donoghue &El-Menoufi (2014) and Barvinsky et al in the 80's.)

$$L \supset \sqrt{-g(x)} \frac{2}{15} G_N^2 N$$
$$\left( \left( \partial_\mu \phi(x) \partial^\mu \phi(x) + m^2 \phi(x)^2 \right) \int d^4 y \sqrt{-g(y)} \langle x | \log \left( -\frac{\Box}{\mu^2} \right) | y \rangle \left( \partial_\nu \phi(y) \partial^\nu \phi(y) - m^2 \phi(y)^2 \right) \right)$$

• with the definition:

$$\mathcal{L}(x,y) = \langle x | \log\left(-\frac{\Box}{\mu^2}\right) | y \rangle$$

It can be calculated explicitly when needed.

## Non-local effects in QFT

- We have seen that the non-local effects observed in gravity feedback into matter.
- This is compatible with our interpretation of the poles of the resummed propagators as quantum black holes (black hole precursors) which are extended objects.
- The new higher dimensional operators have an approximate shift symmetry

 $\phi \rightarrow \phi + c$ , where c is a constant

- which is broken explicitly by the mass of the scalar field.
- This is interesting for models of inflation.
- Very small non-Gaussianities even for a single scalar inflation model.

# Conclusions

- We have discussed a conservative effective action for quantum gravity within usual QFTs such as the standard model.
- Thought experiments point towards the existence of a minimal length in nature when combining GR and QM.
- We can identify these effects in QFT coupled to GR.
- We have found the sign of strong dynamics in the resummed graviton propagator.
- These poles can be interpreted as black hole precursors and their masses and width can be calculated.
- These quantum black holes lead to non-local effects in QFT.

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Thanks for your attention!