Quantum Gravity Constraints on Particle Physics and Cosmology



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Ibanez, Martin-Lozano, IV [arXiv:1706.05392 [hep-th]] Ibanez, Martin-Lozano, IV [arXiv:1707.05811 [hep-th]] Grimm, Palti, IV [arXiv:1802.08264 [hep-th]]

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Successful Standard Model of Particle Physics and Cosmology!

Expectation of 'separation of scales':

IR effective theory not very sensitive to UV physics



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Shall we care about Quantum Gravity? Any implication for low energy physics?



Successful Standard Model of Particle Physics and Cosmology!

Expectation of 'separation of scales':

IR effective theory not very sensitive to UV physics

This picture can fail!

UV sensitive theories:

Large field inflation / Relaxion

Naturalness problems:

- 🖉 Cosmological constant
- EW hierarchy problem



Absence of new physics is also a hint!

Naturalness might not be good guiding principle to progress in high energy physics... new ideas?



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UV/IR mixing induced by gravity? Quantum gravity constraints?

Not everything is possible in string theory/quantum gravity!!!

There are additional constraints that any effective QFT must satisfy to be consistent with quantum gravity

UV imprint of quantum gravity at low energies

String Landscape

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Swampland

Epe

0.0002

What are the constraints that an effective theory must satisfy to be consistent with quantum gravity?

What distinguishes the landscape from the swampland?

QFT of scalars and fermions

Not every apparently consistent (anomaly-free) effective theory can be UV embedded in quantum gravity

Additional QG constraints = UV imprint at low energies = Quantum Gravity/String Theory predictions!

Quantum Gravity Conjectures

Motivated by observing recurrent features of the string landscape as well as black hole physics

- Absence of global symmetries [Banks-Dixon'88] [Horowitz,Strominger,Seiberg...]
- Sompleteness hypothesis [Polchinski.'03]

. . .

- Weak Gravity Conjecture [Arkani-Hamed et al.'06]
- Swampland Distance Conjecture [Ooguri-Vafa'06]

String Theory

Phenomenology

They can have significant implications in low energy physics!

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Quantum Gravity Conjectures

I) Weak Gravity Conjecture

Instability of non-susy vacua

Weak Gravity Conjecture

[Arkani-Hamed et al.'06]

Given an abelian gauge field, there must exist an electrically charged particle with

 $m \leq Q$ (mass) \leq (charge)

so gravity acts weaker than the gauge force.

Weak Gravity Conjecture

[Arkani-Hamed et al.'06]

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- Trouble with stable black hole remnants [Arkani-Hamed et al.'06] [Aalsma, van de Schaar'18]
- Plethora of examples in string theory (not known counter-example)
- Relation to modular invariance of the 2d CFT [Heidenreich et al'16] [Montero et al'16]
- Relation to entropy bounds [Cottrell et al'16] [Fisher et al'17] [Cheung et al'18]
- Relation to cosmic censorship [Crisford et al'17]

Weak Gravity Conjecture for fluxes

Sharpened WGC: Bound is saturated only for a BPS state in a SUSY theory [Ooguri-Vafa'17]

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Non-susy vacuum supported by internal fluxes $f_0 \sim \int_{\Sigma_p} F_p$ $f_0 \sim \int_{\Sigma_p} F_p$ [Maldacena et al.'99]

Non-susy AdS vacua (supported by fluxes) are unstable

Non-susy AdS vacua are at best metastable

Non-susy stable AdS vacua are in the Swampland!

Even if no supported by fluxes, there can be other instabilities (like bubbles of nothing) Examples: $AdS_5 \times S^5 / \Gamma$, $AdS_5 \times \mathbb{CP}^3$ [Ooguri-Spodyneiko'17]

Implications:

AdS/CFT: Unstable AdS vacua have no dual CFT

Non-susy CFT cannot have a gravity dual which is Einstein gravity AdS

Low energy physics?

Depending on the light mass spectra and the cosmological constant, we can get AdS, Minkowski or dS vacua in 3d

We should not get stable non-susy AdS vacua from compactifying the SM !!! (background independence)

 $R_{
m buble} > l_{AdS_3}$ (large bubbles)

The more massive the neutrinos, the deeper the AdS vacuum [Ibanez,Martin-Lozano,IV'17] (see also [Hamada-Shiu'17])

Standard Model + Gravity on S^1 :

Absence of AdS vacua implies:

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Standard Model + Gravity on S^1 :

Absence of AdS vacua implies:

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Standard Model + Gravity on S^1 :)

Absence of AdS vacua implies:

Majorana neutrinos ruled out!

Upper bound for Dirac mass!

 $m_{\nu_1} < 7.7 \text{ meV (NH)}$ $m_{\nu_1} < 2.1 \text{ meV (IH)}$

Lower bound on the cosmological constant

First argument (not based on cosmology) to have $\Lambda_4 \neq 0$

Upper bound on the EW scale

Parameters leading to a higher EW scale do not yield theories consistent with quantum gravity

No EW hierarchy problem

Generalisations

BSM extensions: New light particles, supersymmetry... [Ibanez,Martin-Lozano,IV'17] [Gonzalo,Herraez,Ibanez'18]

ightarrow Majorana neutrinos are consistent if adding $\,m_\chi \lesssim 2\,\,{
m meV}$

IH Dirac neutrinos are ruled out in the presence of QCD axion

2d compactifications: Toroidal, orbifolds...

Toroidal: similar bounds [Ibanez,Martin-Lozano,IV'17]

Foroidal orbifolds: SM itself is ruled out, MSSM survives

[Gonzalo,Herraez,Ibanez'18]

(see Alvaro's talk)

Consider the moduli space of an effective theory:

 $\mathcal{L} = g_{ij}(\phi) \partial \phi^i \partial \phi^j$ \implies scalar manifold

An effective theory is valid only for a finite scalar field variation $\Delta\phi$

because an infinite tower of states become exponentially light

 $m \sim m_0 e^{-\lambda \Delta \phi}$ when $\Delta \phi \to \infty$

This signals the breakdown of the effective theory: $\Lambda_{\rm cut-off} \sim \Lambda_0 \exp(-\lambda \Delta \phi)$

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It gives an upper bound on the scalar field range described by any effective field theory with finite cut-off

It applies to any scalar (also axions realising axion monodromy in IIB string theory upon taking into account back-reaction on kinetic term)
[Baume,Palti'16] [I.V.,'16]

Examples compatible with the Refined SDC: [Klaewer, Palti' 16]

exponential drop-off of the cut-off at the Planck scale

 $\Delta \phi \lesssim M_p$

Phenomenological implications:

Example field inflation: requires large field range $\sim O(M_p)$ and and high energy

 \rightarrow at the edge of validity

Solution States Cosmological relaxation of the EW scale: usually requires huge field ranges

→ seems incompatible with quantum gravity

Phenomenological implications:

Large field inflation: requires large field range $\sim \mathcal{O}(M_p)$ and and high energy \longrightarrow at the edge of validity

Solution Series Cosmological relaxation of the EW scale: usually requires huge field ranges

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Evidence: based on particular examples in string theory compactifications

[Ooguri,Vafa'06] [Baume,Palti'16] [I.V.,'16] [Bielleman,Ibanez,Pedro,I.V.,Wieck'16] [Blumenhagen,I.V.,Wolf'17] [Hebecker,Henkenjohann,Witkowski'17] [Cicoli,Ciupke,Mayhrofer,Shukla'18][Blumenhagen et al.'18]

Systematic analysis in the complex structure moduli space of Type IIB Calabi-Yau string compactifications

(model-independent)

[Grimm,Palti,IV.'18]

Identify infinite tower of exponentially massless BPS states (wrapping D3-branes) at infinite distance singularities

(see Thomas's talk)

[Grimm,Palti,IV.'18]

- Infinite field distance is emergent from integrating out the infinite tower of states (see also [Heidenreich,Reece,Rudelius'18])
- SDC as a quantum gravity obstruction to restore a global axionic symmetry at the singular point
 - WGC: $\Lambda < gM_p$ If $g \to 0$ global symmetry is restored How small can the gauge coupling be?
 - SDC: $\Lambda \sim M_p \exp(-\lambda \Delta \phi)$ If $\Delta \phi \to \infty$ global symmetry is restored How large can the field variation be?

Summary

String Landscape vs Swampland

Not every EFT can be UV embedded in String Theory

Quantum Gravity Constraints

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String Landscape vs Swampland

Not every EFT can be UV embedded in String Theory Quantum Gravity Constraints

Consistency with quantum gravity implies constraints on low energy physics:

AdS Instability Conjecture + stability of 3D SM vacua:

Upper bound on the EW scale in terms of the cosmological const. New approach to fine-tuning or hierarchy problems? UV/IR mixing?

2) Swampland Distance Conjecture:

Upper bound on the scalar field range. Implications for inflation!

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String Landscape vs Swampland

Not every EFT can be UV embedded in String Theory Quantum Gravity Constraints

Consistency with quantum gravity implies constraints on low energy physics:

I) AdS Instability Conjecture + stability of 3D SM vacua:

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We need more evidence for these conjectures!

Thank you!

back-up slides

Casimir energy

Potential energy in 3d:

$$V(R) = \frac{2\pi r^3 \Lambda_4}{R^2} + \sum_i (2\pi R) \frac{r^3}{R^3} (-1)^{s_i} n_i \rho_i(R)$$

Casimir energy density:

$$\rho(R) = \mp \sum_{n=1}^{\infty} \frac{2m^4}{(2\pi)^2} \frac{K_2(2\pi Rmn)}{(2\pi Rmn)^2}$$

For small mR:

$$\rho(R) = \mp \left[\frac{\pi^2}{90(2\pi R)^4} - \frac{\pi^2}{6(2\pi R)^4} (mR)^2 + \frac{\pi^2}{48(2\pi R)^4} (mR)^4 + \mathcal{O}(mR)^6 \right]$$

Adding BSM physics

Light fermions

Positive Casimir contribution \longrightarrow helps to avoid AdS vacuum

Majorana neutrinos are consistent if adding $m_\chi \lesssim 2 \text{ meV}$

example. For $m_{\chi} = 0.1 \text{ meV}$:

Adding BSM physics

Axions

1 axion: negative contribution → bounds get stronger
 Multiple axions: can destabilise AdS vacuum

Bounds on the SM + light BSM physics

Model	Majorana (NI)	Majorana (IH)	Dirac (NH)	Dirac (IH)
SM (3D)	no	no	$m_{\nu_1} \le 7.7 \times 10^{-3}$	$m_{\nu_3} \le 2.56 \times 10^{-3}$
${ m SM(2D)}$	no	no	$m_{\nu_1} \le 4.12 \times 10^{-3}$	$m_{\nu_3} \le 1.0 \times 10^{-3}$
SM+Weyl(3D)	$m_{\nu_1} \le 0.9 \times 10^{-2}$	$m_{\nu_3} \le 3 \times 10^{-3}$	$m_{\nu_1} \le 1.5 \times 10^{-2}$	$m_{\nu_3} \le 1.2 \times 10^{-2}$
	$m_f \le 1.2 \times 10^{-2}$	$m_f \le 4 \times 10^{-3}$		
SM+Weyl(2D)	$m_{\nu_1} \le 0.5 \times 10^{-2}$	$m_{\nu_3} \le 1 \times 10^{-3}$	$m_{\nu_1} \le 0.9 \times 10^{-2}$	$m_{\nu_3} \le 0.7 \times 10^{-2}$
	$m_f \le 0.4 \times 10^{-2}$	$m_f \le 2 \times 10^{-3}$		
SM+Dirac(3D)	$m_f \le 2 \times 10^{-2}$	$m_f \le 1 \times 10^{-2}$	yes	yes
SM+Dirac(2D)	$m_f \le 0.9 \times 10^{-2}$	$m_f \le 0.9 \times 10^{-2}$	yes	yes
$SM+1 \operatorname{axion}(3D)$	no	no	$m_{\nu_1} \le 7.7 \times 10^{-3}$	$m_{\nu_3} \le 2.5 \times 10^{-3}$
				$m_a \ge 5 \times 10^{-2}$
SM+1 axion(2D)	no	no	$m_{\nu_1} \le 4.0 \times 10^{-3}$	$m_{\nu_3} \le 1 \times 10^{-3}$
				$m_a \ge 2 \times 10^{-2}$
$\geq 2(10)$ axions	yes	yes	yes	yes

Compactifications of SM on T_2

qualitatively similar, but a bit stronger

(see also [Hamada-Shiu'17])

Systematic analysis in the complex structure moduli space of Type IIB Calabi-Yau string compactifications

[Grimm,Palti,IV.'18]

Infinite distance locus:

Any trajectory approaching P has infinite length

Infinite tower of states: BPS D3 branes

The mass decreases exponentially fast in the field distance (due to the universal behaviour of the metric near these points)

Nilpotent orbit theorem

Distances given by:
$$d_{\gamma}(P,Q) = \int_{\gamma} \sqrt{g_{IJ} \dot{x}^{I} \dot{x}^{J}} ds$$

 $g_{I\bar{J}} = \partial_{z^{I}} \partial_{\bar{z}^{J}} K$
 $K = -\log\left(-i^{D} \int_{Y_{D}} \Omega \wedge \bar{\Omega}\right)$
Periods of the (D,0)-form: $\Pi^{\mathcal{I}} = \int_{\Gamma_{\mathcal{I}}} \Omega$
transform under monodromy $\Pi(e^{2\pi i z}) = T \cdot \Pi(z)$
(remnant of higher dimensional gauge symmetries)

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Nilpotent orbit theorem: [Schmid'73]
 $\Pi(t,\eta) = \exp(tN) a_{0}(\eta) + \mathcal{O}(e^{2\pi i t}, \eta)$
 $t = \frac{1}{2\pi i} \log z$
 $N = \log T \longrightarrow$ Nilpotent matrix

It gives local expression for the periods near singular locus!

Infinite distances - Infinite towers

I) Infinite distances only if monodromy is of infinite order

Theorem: P is at infinite distance $A_0 \neq 0$ [Wang'97, Lee'16]

2) Monodromy can be used to populate an infinite orbit of BPS states

Mass given by central charge: $Z = e^{K}q \cdot \Pi$ $q = (q_{e}^{I}, q_{I}^{m})$

$$\underbrace{\stackrel{:}{\underset{q_{1}}{=}}}_{q_{0}} \underbrace{=} \quad \mathbf{y} \qquad q_{m} = T^{m}q \qquad m \in \mathbb{Z}$$

*q*_{*m*} _____

3) Universal local form of the metric gives the exponential mass behaviour

$$\frac{M_q(P)}{M_q(Q)} \simeq \exp\left(-\frac{1}{\sqrt{2d}} d_\gamma(P,Q)\right)$$

Infinite distances - Infinite towers

Infinite massless monodromy orbit at the singularity

Infinite tower of states becoming exponentially light

Massless: $q^T N^j a_0 = 0$, $j \ge d/2$ Infinite orbit: $Nq \ne 0$ Swampland Distance Conjecture 🗸

Tool: mathematical machinery of mixed hodge structure

(finer split of cohomology at the singularity adapted to N)

[Deligne][Schmid][Cattani,Kaplan,Schmid] [Kerr,Pearlstein,Robles'17]

Famous story: periods near conifold have log-divergence from integrating out a single BPS D3-state [Strominger'95]

We perform similar analysis at infinite distance singularities:

One-loop corrections from integrating out the tower of BPS states

matches geometric result

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Corrections to the field metric:

$$d(\phi_1, \phi_2) \simeq C \int_{\phi_1}^{\phi_2} \sqrt{\sum_{i=1}^{S} (\partial_{\phi} m_i)^2 d\phi} \simeq C \int_{\phi_1}^{\phi_2} \frac{d}{\sqrt{12c}} \frac{1}{\phi} d\phi = C \frac{d}{\sqrt{12c}} \log\left(\frac{\phi_2}{\phi_1}\right)$$

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Sorrections to the gauge kinetic function:

$$\operatorname{Im} \mathcal{N}_{IJ}^{IR} \simeq \operatorname{Im} \mathcal{N}_{IJ}^{UV} - \sum_{k}^{S} \left(\frac{8 \, q_{k,I} q_{k,J}}{3\pi^2} \log \frac{\Lambda_{UV}}{m_k} \right) \longrightarrow g_{YM}^2 \sim \phi^{-n} \sim m_0^{2n}$$
(unlike conifold $g_{YM}^2 \sim 1/\log(m_0)$)

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Infinite distance and weak coupling emerge from integrating out an infinite tower of states!

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We perform similar analysis at infinite distance singularities:

One-loop corrections from integrating out the tower of BPS states matches geometric result

$$\Delta m \left\{ \begin{array}{c} \hline \Lambda_{UV} = \Lambda_{\text{Species}} \\ \hline m_2 \\ \hline m_1 \\ m_0 = \Lambda_0 \\ \hline m_\phi = 0 \end{array} \right\} \xrightarrow{\Lambda_{UV}} \Lambda_{UV}(\phi) \sim \Delta m(\phi)^{1/3}$$

Field dependent UV cut-off!

UV cut-off decreases exponentially fast in the proper field distance

BPS states and stability

Does a BPS state cross a wall of marginal stability upon circling the monodromy locus?

Consider:

 $\mathbf{q}_C = \mathbf{q}_B + \mathbf{q}_{\bar{A}} \quad \Longrightarrow \quad M_{\mathbf{q}_C} \le M_{\mathbf{q}_B} + M_{\mathbf{q}_{\bar{A}}}$

Wall of marginal stability: $\varphi(B) - \varphi(A) = 1$ with $\varphi(A) = \frac{1}{\pi} \operatorname{Im} \log Z_{\mathbf{q}_A}$

Upon circling the monodromy locus:

$$\varphi_{\mathrm{I}} \to \varphi_{\mathrm{I}} + \mathcal{O}\left(\frac{1}{Im t}\right) , \quad \varphi_{\mathrm{II}} \to \varphi_{\mathrm{II}} + 2 + \mathcal{O}\left(\frac{1}{Im t}\right)$$

Type I state can only decay to I-II or II-II states! Stable massless states: $M_Q = M/M_{II}$

Under n monodromy transformations: $\varphi_{I} \rightarrow \varphi_{I} - \frac{n}{\pi \text{Im } t} \longrightarrow \text{Number of BPS states}$ $n \sim Im(t)$