

The Sphaleron Awakens

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Prélude

Sphaleron

greek "ready to fall"

coined by Manton, Klinkhamer 1984

Instanton vs. Sphaleron

Last time we learned :

- Instantons are of use when calculating tunneling amplitudes (between topologically distinct vacua, e.g. θ -vacuum) (at zero energy & temperature)
- Relation between anomalous Non-conservation of Baryon number B and change of topological charge Q

$$\Delta B = \Delta Q$$

- At zero temperatures tunneling amplitude suppressed:

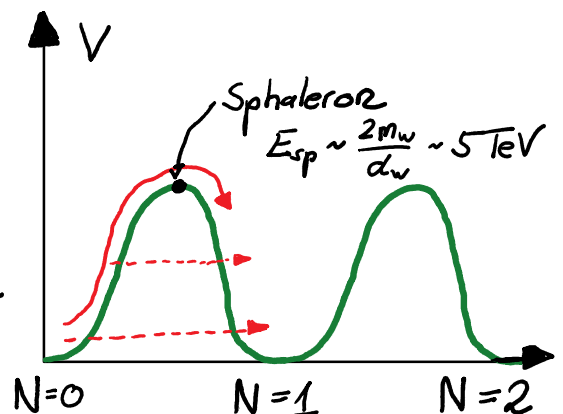
$$T_{\text{inst}} \propto e^{-S_{\text{inst}}} = e^{-\frac{4\pi}{\alpha_w}} \sim 10^{-170}$$

Instanton:

Lowest Euclidean action configuration with $\Delta B = 1$

Sphaleron:

Lowest static energy configuration with $\Delta B = \frac{1}{2}$.



Literature Roadmap

Numerical

R.F. Dashen, B. Hasslacher, A. Neveu
Nonperturbative Methods and extended hadron models in field theory. III. Four-dimensional non-Abelian models
Phys. Rev. D 10 (1974)

Topological

C.H. Taubes

The Existence of a non-minimal solution to the SU(2) Yang-Mills-Higgs equations on $\mathbb{R}^3$
Commun. Math. Phys. (1982) 86: 257

N. S. Manton

Topology in the Weinberg-Salam theory
Phys. Rev. D 28, 2019 (1983)

P. Forgács, Z. Horváth

Topology and saddle points in field theories
Phys. Lett. 138B (1984) 397

W boson
1983

[1]

F. R. Klinkhamer, N. S. Manton

A saddle-point solution in the Weinberg-Salam Theory
Phys. Rev. D 30, 2212 (1984)

Early universe

V. A. Kuzmin, V. A. Rubakov, M. E. Shaposhnikov
On anomalous electroweak baryon-number non-conservation in the early universe
Phys. Lett. 155B (1985) 36

V. A. Rubakov, M. E. Shaposhnikov
Electroweak Baryon Number Non-Conservation in the early universe and in high energy collisions
hep-ph/9603208

[2]

P. B. Arnold, L. D. McFerran
The Sphaleron strikes back
Phys. Rev. D 37 (1988)

[3]

P. B. Arnold
An introduction to Baryon Violation in the Standard Electroweak theory (1990)

Field theoretical papers

Historical questions: **A.** In order to overcome potential barrier one needs gauge fields with energies $E_0 \sim \frac{M_W}{\alpha_W}$.

- Tunneling is highly suppressed ('t Hooft 76) $\frac{S}{\hbar} \sim \frac{1}{\alpha_W}$ also at finite temperature (Gross et al '81)

- Finite temperature: Go over barrier classically $\rightarrow \exp(-\beta E_0)$

$\rightarrow$ Are both claims consistent?

B. What about the High energy limit?

$\rightarrow$ Still some controversy (Tye, Wong 2015)

Contents [1,2,3]

- I. Review relation between anomalous B-number violation and topological charge $N[W]$
- II. The $SU(2) \times U(1)$ Sphaleron
- III. QM toy model (Rigid pendulum)
- IV. Sphaleron as coherent state
- V. Real time winding Higgs-Abelian model

I. Baryon number & instantons

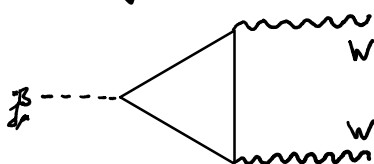
SM: Baryon number conservation at tree level

$$Q_i = e^{i\frac{\alpha}{3}} Q_i \quad (u_i^c, d_i^c) = e^{-i\frac{\alpha}{3}} (u_i^c, d_i^c)$$

$$j_B^\mu = \frac{1}{3} \left[\sum_i \bar{Q} \frac{1}{2} (1 - \gamma^5) \gamma^\mu Q - \bar{u}_i^c \frac{1}{2} (1 - \gamma^5) u_i^c \right]$$

- Anomalous non-conservation due to triangle anomaly

$$\langle WW | \partial_\mu j_B^\mu | 0 \rangle$$



$$\begin{aligned} \partial_\mu j_B^\mu &= \frac{g^2}{32\pi^2} \epsilon_{\mu\nu\sigma\rho} F^{\mu\nu} F^{\sigma\rho} \\ &= \frac{g^2}{16\pi^2} F^{\mu\nu} \tilde{F}^{\sigma\rho} \end{aligned}$$

$\tilde{F}\tilde{F}$ is a total divergence $\tilde{F}\tilde{F} = \partial_\mu K^\mu$

$$K^\mu = \epsilon_{\mu\nu\sigma\tau} \text{Tr} \left[A_\nu \partial_\sigma A_\tau + \frac{2}{3} A_\nu A_\sigma A_\tau \right]$$

$$\tilde{j}_5^\mu = j_5^\mu - \frac{g^2}{16\pi^2} K^\mu \quad \begin{array}{l} \text{conserved} \\ \text{but not} \\ \text{gauge invariant} \end{array}$$

Applies equally to baryon number & lepton number

$$N[A] = \frac{1}{32\pi^2} \int d^4x \text{Tr} \tilde{F}_{\mu\nu} \tilde{F}^{\mu\nu} \quad \Delta N_f = N[A]$$

"Selection rule"

The number of fermions changes by the same amount

for every species $\Delta N_c = \Delta N_\mu = \Delta N_e = N[A]$

$$\Delta B = \frac{1}{3} \cdot 3 \cdot 3 \cdot N[A]$$

$B - L$ conserved $B + L$ violated

Bottomline: Baryon number violation in the SM is due to winding of weak gauge fields relating to the anomaly.

Change in winding number is mediated by instanton transitions.

Comment on gauge choice

$A_0 = 0$ In this gauge $\exists$ discrete set of classical vacua

i.e. pure gauge transformations

$$A_i = \omega \partial_i \omega^{-1} \quad \phi = \omega \phi_0$$

$$\phi_0 = \begin{pmatrix} 0 \\ \frac{v}{\sqrt{2}} \end{pmatrix} \quad \text{In trivial vacuum}$$

$$\omega = \omega(\vec{x})$$

$$n[\omega] = -\frac{1}{24\pi^3} \int d^3x \epsilon^{ijk} \text{Tr}(\omega \partial_i \omega^{-1} \cdot \omega \partial_j \omega^{-1} \cdot \omega \partial_k \omega^{-1})$$

$$N[A] = \int d^3x dt \partial_\mu K_\mu = \left[d^3x K_0 \right]_{t=-\infty}^{t=\infty} = n[\omega_{t=\infty}] - n[\omega_{t=-\infty}]$$

Processes that mediate baryon number violation

$$1. \quad T=0, E=0 \quad \text{Instantons} \quad N[A] = 1$$

$$\text{rate } T \sim \max |e^{-S_E}|^2$$

S_E is minimized by eucl. e.o.m e.g.

$$A_\mu^a = \frac{2}{g} \frac{\eta_{\mu\nu}^a x^\nu}{(x^2 + R^2)}$$

$$S_E = \frac{2\pi}{\alpha_w} \quad \frac{g^2}{16\pi^2} \int d^4x F\tilde{F} = 1$$

$$T_{\text{inst}} \propto e^{-S_{\text{inst}}} = e^{-\frac{4\pi}{\alpha_w}} \sim 10^{-170}$$

2. Calorons (finite temperature instantons)

[Gross, Pisarski, Yaffe . Rev.Mod. Phys 53(1981) 43]

Zero temperature path integral rotated by $i \rightarrow -i\tau$

$$\int [D\phi] \exp \left[- \int_{-\infty}^{\infty} d\tau \mathcal{L}_E(\phi) \right]$$

The equivalent at finite temperature is the partition function Z

$$Z = \text{Tr} e^{-\beta H} = \sum_i \langle i | e^{-\beta H} | i \rangle$$

Same as evolution operator but evolves for imaginary time $i\beta$

$$Z = \int [\mathcal{D}\phi]_{\beta} \exp \left[i \int_0^{i\beta} dt L(\phi) \right] = \int [\mathcal{D}\phi]_{\beta} \exp \left[- \int_0^{\beta} d\tau L_E(\phi) \right]$$

Path integral evaluated over periodic paths : $\phi(\vec{x}, \tau=\beta) = \phi(\vec{x}, \tau=0)$
 Periodicity constraint implements the trace constraint.

$$\Delta N = \frac{g^2}{16\pi^2} \int_0^{\beta} d\tau \int d^3x \text{tr} F\tilde{F} = 1 \quad S_E = \int_0^{\beta} d\tau L_E = \frac{2\pi}{\alpha}$$

S_E becomes singular in High- T limit.

3. Real time evolution $\rightarrow$ Sphaleron! In Euclidean time the sphaleron does not wind

II. The $SU(2) \times U(1)$ Sphaleron

Energy functional for EW theory

$$E = \int \left[\frac{1}{4} F_{ij}^a F_{ij}^a + \frac{1}{4} f_{ij} f_{ij} + (D_i \varphi)^\dagger (D_i \varphi) + V(\varphi) \right] d^3x$$

$$F_{ij} = \partial_i W_j^a - \partial_j W_i^a + g \epsilon^{abc} W_i^b W_j^c$$

$$f_{ij} = \partial_i a_j - \partial_j a_i$$

$$D_i \varphi = \partial_i \varphi - \frac{1}{2} i g \sigma^a W_i^a \varphi - \frac{1}{2} i g' a_i \varphi$$

$$V(\varphi) = \lambda (\varphi^\dagger \varphi - \frac{v^2}{2})^2$$

Weak mixing angle

$$\tan \theta_w = \frac{g'}{g} \quad \left. \begin{array}{l} g' = 0.35 \\ g = 0.65 \end{array} \right\} \theta_w = 0.51 \sim 30^\circ$$

$$M_W = \frac{1}{2} g v \quad M_Z = \frac{\sqrt{g^2 + g'^2}}{2} v \quad M_H = \sqrt{2\lambda} v^2$$

Equations of motion:

$$(D_j F_{ij})^a = -\frac{1}{2} i g \left[\varphi^\dagger \sigma^a D_i \varphi - (D_i \varphi)^\dagger \sigma^a \varphi \right] \quad (1)$$

$$\partial_j f_{ij} = -\frac{1}{2} i g' \left[\varphi^\dagger D_i \varphi - (D_i \varphi)^\dagger \varphi \right] \quad (2)$$

$$D_i D_i \varphi = 2\lambda \left(\varphi^\dagger \varphi - \frac{v^2}{2} \right) \varphi \quad (3)$$

$$\text{with } (D_j F_{ij})^a = \partial_j F_{ij}^a + g \epsilon^{abc} W_j^b F_{ij}^c$$

Idea: Solve $SU(2) \times U(1)$ in orders of θ_w

Go to limit $g' \rightarrow 0$ $SU(2)$ only!

$$\theta_w = 0$$

$$W_i^a \sigma^a dx^i = -\frac{2i}{g} f(g_{\nu r}) dU^a (U^a)^{-1} \quad \xi \equiv g_{\nu r}$$

$$\varphi = \frac{\sqrt{V}}{\sqrt{2}} h(g_{\nu r}) U^a \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

$$U^a = \frac{1}{r} \begin{pmatrix} z & x+iy \\ -x+iy & z \end{pmatrix} \quad \text{or} \quad (U^a)' = U_L U^a U_R$$

$$U_{L,R} \in \text{Mat}(SU(2))$$

→ Energy density spherically symmetric

Now field equations

$$\frac{4\pi V}{g} \approx 5 \text{ TeV}$$

$$E = \frac{4\pi V}{g} \int_0^\infty d\xi \left(4 \frac{df}{d\xi} + \frac{g}{\xi^2} [f(1-f)]^2 + \frac{\xi^2}{2} \left[\frac{dh}{d\xi} \right]^2 + \right. \\ \left. + [h(1-f)]^2 + \frac{1}{4} \left(\frac{2}{g^2} \right) \xi^2 (h^2 - 1)^2 \right)$$

with boundaries

$$\xi: 0 \quad f = \alpha \xi^2 \quad h = \beta \xi^2$$

$$\xi: \infty \quad f = 1 - \gamma e^{-\frac{\xi}{2}} \quad h = 1 - \left(\frac{\delta}{\xi} \right) e^{-\sqrt{\frac{22}{3}} \xi}$$

$\alpha, \beta, \gamma, \delta$ $\mathcal{O}(1)$ coefficients

ANSATZ

$$\Theta_w \neq 0$$

a_i cannot be zero because of $U(1)$ current in the case $\Theta_w \neq 0$. Assume W, φ unchanged by presence of current, look at what a -field is induced.

Energy shift by terms containing a

$$\Delta E = \int d^3x \left(\frac{1}{4} f_{ij} f_{ij} - a_i j_i \right) d^3x \stackrel{(2)}{=} - \int d^3x \frac{1}{2} a_i j_i$$

$$j_i = -\frac{1}{2} i g' [\varphi^\dagger D_i \varphi - (D_i \varphi)^\dagger \varphi]$$

$$\text{Ansatz} \rightarrow \vec{j} = \frac{1}{2} g' v^2 \frac{h^2(\xi)(1-f(\xi))}{r^2} \begin{pmatrix} -y \\ x \\ 0 \end{pmatrix} \quad \text{Axial symmetry}$$

$$\text{Parametrize } a \text{ by } \vec{a} = \frac{1}{2} g' v^2 \rho(\xi) \begin{pmatrix} -y \\ x \\ 0 \end{pmatrix}$$

$$-\nabla^2 \vec{a} = \vec{j} \rightarrow \xi^2 \frac{d^2 \rho(\xi)}{d\xi^2} + 4\xi \frac{d\rho}{d\xi} = -h^2(1-f)$$

$$\begin{array}{ll} \text{Boundary conditions} & \xi \rightarrow 0 \quad \xi^2 \rho(\xi) = 0 \\ & \xi \rightarrow \infty \quad \rho(\xi) = 0 \end{array}$$

$$\rho(\xi) = \frac{1}{3\xi^2} \int_0^\xi d\eta \eta^2 h^2(\eta) [1-f(\eta)] + \int_\xi^\infty d\eta \frac{1}{3\eta} h^2(\eta) [1-f(\eta)]$$

Magnetic
Dipole moment of the sphaleron

$$\vec{a} = \frac{\vec{\mu} \times \vec{r}}{4\pi r^3} \quad \mu = \frac{2\pi}{3} \frac{g'}{g^3 v} \int_0^\infty \xi^2 h^2(\xi) [1-f(\xi)] d\xi$$

$$\Delta E = -\frac{\pi}{3} \frac{g'^2 v}{g^3} \int_0^\infty \xi^2 h^2(\xi) [1 - f(\xi)] \rho(\xi) d\xi$$

Numerical solution

[1] $\begin{cases} \text{Ansatz a)} & \text{Similar to DHN '74} \\ \text{Ansatz b)} & \text{Given here:} \end{cases}$

$$f^b(\xi) = \frac{\xi^2}{\xi(\xi+4)} \quad \xi \leq \xi, \quad 1 - \frac{4}{\xi+4} \exp \frac{\xi-\xi}{2}, \quad \xi \geq \xi$$

$$h^b(\xi) = \frac{\sigma\Omega+1}{\sigma\Omega+2} \frac{\xi}{\Omega}, \quad \xi \leq \Omega, \quad 1 - \frac{\Omega}{\sigma\Omega+2} \frac{1}{\xi} \exp \sigma(\Omega-\xi), \quad \xi \geq \Omega$$

$$\rightarrow E_{\text{sph}} = 8 - 14 \text{ TeV depending on } \frac{\lambda}{g^2} \quad \lambda \in (0, \infty)$$

$$\rightarrow \frac{\mu}{\mu_w} = 83 \quad (\lambda=0) \quad \mu_w = \frac{e}{M_w}$$

Further Klinkhamer & Manson also calculate the charge of the sphaleron by using the sphaleron Ansatz above

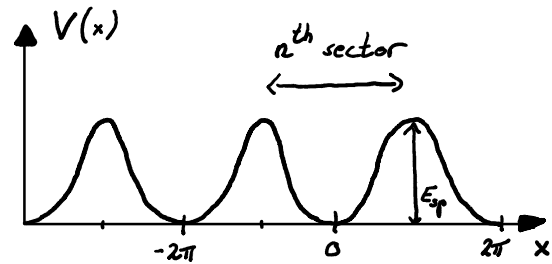
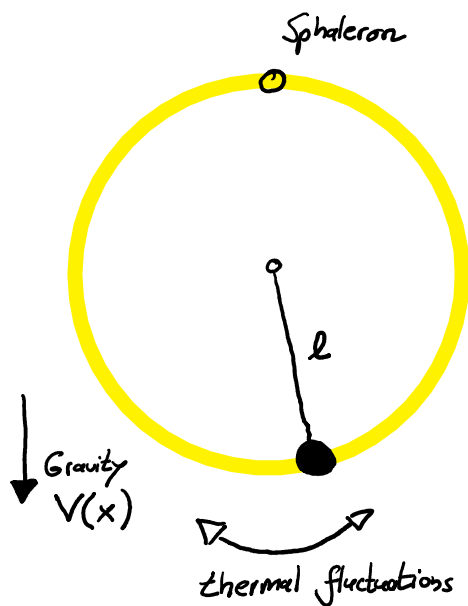
$$\rightarrow Q_B (\text{sphaleron}) = \frac{1}{2}$$

Summary :

Constructed approximate solution to static field equations of EW theory which is unique up to choice of axis of axial symmetry and translations. Its topological charge is $\frac{1}{2}$. It further has a magnetic moment which is a semi-quantitative measure of its coherence

III. QM toy model

To show: It is possible to have winding in t -dependent correlations of B -number suppressed in Euclidean time but unsuppressed when extended to real time.



Rigid pendulum (toy model)

$T=0 \rightarrow$ Instanton potential

$T \neq 0 \rightarrow$ finite Temperature ensemble $\sim e^{-\beta E}$

$$-\infty < x < \infty \quad x_{sp}(t) = \pi$$

Assume Temperature high enough such that gravity can be neglected

$$S_E = \int_0^{\hbar\beta} d\tau \frac{\dot{x}^2}{2}$$

Units where moment of inertia is 1

each term integrate for fixed winding number

$$n = \frac{1}{2\pi} \int_0^{\hbar\beta} d\tau \dot{x} \quad \text{gives} \quad Z = \sum_n \int [Dx]_n \exp\left(-\frac{S_E}{\hbar}\right)$$

$$x_n(\tau) = \frac{2\pi n \tau}{\hbar\beta} \quad S_n = \frac{2\pi^2 n^2}{\hbar\beta}$$

Adding Θ term coupled to winding number.

$$S_E = \int_0^{\hbar\beta} d\tau \left[\frac{\dot{x}^2}{2} + i\tau \frac{\Theta}{2\pi} \dot{x} \right]$$

Measure of real time rate at which pendulum wraps around the circle

$$A(t) \equiv \left\langle \mathcal{T} : \left(\frac{x(t) - x(0)}{2\pi} \right)^2 \right\rangle$$

Classically: $A(t) = \frac{t^2 T}{4\pi} + \mathcal{O}(\hbar)$ (Using $\frac{\bar{v}^2}{2} = \frac{T}{2}$)

Free energy: $\frac{\partial^2 F}{\partial \theta^2} = \langle n^2 \rangle = A(-i \hbar \beta)$

Exponentially small quantity. See this in each sector n by $x(z) \rightarrow x_n(z) + \delta x(z)$

$$Z = \sum_n \exp\left(\frac{-2\pi^2 n^2}{\hbar^2 \beta}\right) \exp(in\theta) \times \int [\mathcal{D}\delta x] \exp\left(-\frac{1}{2} \int_0^{\hbar\beta} dz \frac{(\delta x)^2}{2}\right)$$

$$\langle n^2 \rangle = \frac{\sum n^2 \exp\left(\frac{-2\pi^2 n^2}{\hbar^2 \beta}\right) \exp(in\theta)}{\sum \exp\left(\frac{-2\pi^2 n^2}{\hbar^2 \beta}\right) \exp(in\theta)} = 2 \exp\left(\frac{-2\pi^2}{\hbar^2 \beta}\right) + \mathcal{O}(e^{-\frac{4\pi^2}{\hbar^2 \beta}})$$

How can these two results be consistent?

Calculate $A(t)$ for arbitrary t

$n \neq 0$ exponentially suppressed

$n = 0$:

$$A(t) = \left\langle \mathcal{U} : \left(\frac{\delta x(t) - \delta x(0)}{2\pi} \right)^2 \right\rangle + \mathcal{O}(e^{-\frac{2\pi^2}{\hbar^2 \beta}})$$

finite T propagator:

$$\langle \mathcal{U} \delta x \delta x \rangle = \frac{i}{k^2 - \frac{m^2}{\hbar^2} + i\epsilon} + \frac{1}{\exp(\hbar\beta|k_0|) - 1} \delta(k^2 - \frac{m^2}{\hbar^2})$$

Same in configuration space:

$$\langle \delta x(t_1) \delta x(t_2) \rangle = \frac{\hbar}{2m} \left(\frac{\exp\left(+i\frac{m}{\hbar} |t_1 - t_2|\right)}{\exp(+\beta m) - 1} - \frac{\exp\left(-i\frac{m}{\hbar} |t_1 - t_2|\right)}{\exp(-\beta m) - 1} \right)$$

→

$$A(t) = \frac{\hbar}{4\pi^2 m} \left(\frac{\exp\left(-i\frac{m}{\hbar} |t|\right) - 1}{\exp(-\beta m) - 1} - \frac{\exp\left(i\frac{m}{\hbar} |t|\right) - 1}{\exp(\beta m) - 1} \right) + \mathcal{O}\left(e^{-\frac{2\pi^2}{\hbar^2 \beta}}\right)$$

→ Key result:

$$A(t) = \frac{1}{4\pi^2} \left(\frac{t^2}{\beta} + i\hbar t \right) + \mathcal{O}\left(e^{-\frac{2\pi^2}{\hbar^2 \beta}}\right)$$

Classical limit: $A(t) \approx \frac{t^2 T}{4\pi}$

but also: $A(-i\hbar\beta) = \mathcal{O}\left(e^{-\frac{2\pi^2}{\hbar^2 \beta}}\right)$

Large real time winding comes from $n=0$ sector.
Fluctuations in Euclidean time must be small since otherwise suppression due to large S_E

$$|A(-i\tau)| \leq \frac{\hbar^2 \beta}{4\pi^2} \quad \text{for } 0 \leq \tau \leq \hbar\beta$$

When analytically continued to real time fluctuations become large.

IV. Sphaleron as coherent state

Set number of generations to 1.

Baryon number violation requiring Euclidean winding

$$\Delta N = 1 \rightarrow \begin{array}{c} \nearrow q \\ \nearrow q \\ \nearrow q \\ \searrow l \end{array}$$

$$\int [\mathcal{D}\bar{\Psi}\mathcal{D}\Psi\mathcal{D}A] e^{-S_E} q\bar{q}q\bar{l} = \int [\mathcal{D}\bar{\Psi}\mathcal{D}\Psi\mathcal{D}A] e^{-S_E} q\bar{q}q\bar{l} \delta\left(\frac{g^2}{16\pi^2} \int \text{Tr} F\tilde{F} - 1\right)$$

Only configurations that tunnel are those with Euclidean winding number $N=1$

S_E is minimized by (finite temperature) instantons $\langle q\bar{q}q\bar{l} \rangle \sim e^{-\frac{2\pi}{\alpha_W}}$

Classical sphaleron do not relate to $\langle q\bar{q}q\bar{l} \rangle$ but to

$$\langle q\bar{q}q\bar{l} A_{in}^{\frac{1}{\alpha_W}} A_{out}^{\frac{1}{\alpha_W}} \rangle$$

These are Green functions with non-perturbative number of legs

Simple example from calculus:

$$I_n \equiv \int_{-\infty}^{\infty} dx e^{-S(x)} x^{2n} \quad \text{where } S(x) = g^{-2} [1 + (x - g^{-1})^2]$$

The minimum of S is $S_{\min} = \frac{1}{g^2}$ at $x_0 = \frac{1}{g}$

$$I_0 \leq \exp(-S_{\min}) \rightarrow 0 \quad \text{for } g \rightarrow 0$$

Well behaved in weak coupling limit

Large n limit $n = \frac{1}{g^2}$

$$I_{\frac{1}{g^2}} = \int_{-\infty}^{\infty} dx \exp(-S(x) + g^{-2} \ln x^2) \approx \left(\frac{1}{g}\right)!$$

At x_0 integrand $e^{-\frac{1}{g^2}} \left(\frac{1}{g}\right)^{\frac{2}{g^2}} \sim \left(\frac{1}{g}\right)! \quad \square$

$I_{\frac{1}{g^2}}$ does not vanish in the small g limit

Instanton methods are not effective for amplitudes involving many quanta.

Sphalerons become suppressed in the limit of few quanta.

of quanta in a classical coherent state are Poisson distributed

$$P_n = \frac{\langle n \rangle^n}{n!} e^{-\langle n \rangle}$$

$\langle n \rangle \sim \frac{1}{\alpha_w}$ one finds suppression similar to the instanton one. To see this look at overlap between n -particle & coherent state.

Coherent state:

$$|out\rangle = e^{-\frac{\langle n \rangle}{2}} \exp \left[\int \frac{d^3 k}{(2\pi)^3 2E} \Phi_d(k) a^\dagger(k) \right] |0\rangle$$

E energy of quanta created by $a^\dagger(k)$

$$\langle n \rangle = \int \frac{d^3k}{(2\pi)^3 2E} |\Phi(k)|^2$$

work in frame where average of spatial momentum vanishes and energy is given by

$$E_{sp} = \int \frac{d^3k}{(2\pi)^3 2E} E |\Phi(k)|^2$$

$$\begin{aligned} |\langle \text{out} | \overbrace{k_1 \dots k_n}^{n \text{ particle state}} \rangle|^2 &= |\langle \text{out} | a^\dagger(k_1) \dots a^\dagger(k_n) | 0 \rangle|^2 \\ &= e^{-\langle n \rangle} \frac{|\Phi(k_1)|^2}{(2\pi)^3 2E_1} \dots \frac{|\Phi(k_n)|^2}{(2\pi)^3 2E_n} \quad |\Phi| \sim \frac{1}{a_w} \end{aligned}$$

$\frac{1}{n!}$ for identical particles, integrating over 3-momenta gives Poisson distribution

$\langle n \rangle$ large

Suppression of sphaleron decays into small # of quanta.

P.B. Arnold's depiction of how a Sphaleron presumably looks like [3]

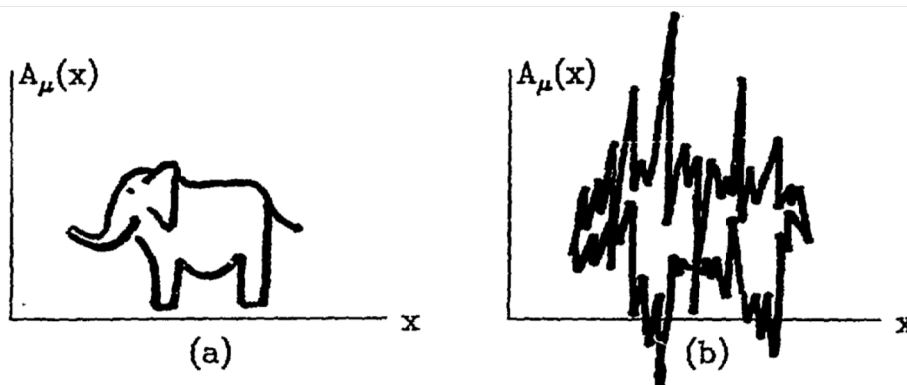


FIG. 7. (a) the sphaleron; (b) the sphaleron distorted by high-frequency thermal noise.

V. Winding in real time (Abelian Higgs 1+1)

Classical evolution of the Sphaleron in EW theory to see what it does to Baryon number

Classical e.o.m's hard to solve for Weinberg-Salam

→ Abelian Higgs model 1+1 (Instantons ✓)

Problem: Classical physics misleading in 1+1
(Quantum fluctuations dominate the IR)

→ Hope that here there is no problem

$$S = \int d^2x \left[-\frac{1}{4} F_{\mu\nu}^2 + (D_\mu \Phi)^2 - V(\Phi) + \bar{\Psi} \gamma_\mu (i \partial^\mu + g \gamma_5 A^\mu) \Psi \right]$$

$$V(\phi) = \lambda \left(|\phi|^2 - \frac{v^2}{2} \right)^2 \quad \text{finite \& periodic in spatial direction } L$$

Axial coupling with anomalous fermion number current spatial vector
↓
potential

$$\partial_\mu \bar{\Psi} \gamma^\mu \Psi = -\frac{g}{4\pi} \epsilon_{\mu\nu} F^{\mu\nu} \quad Q_t = -\frac{g}{4\pi} \int dx A_t(x)$$

$$\frac{d}{dt} (Q_F - Q_t) = 0$$

Exact sphaleron solution

$$M_H = 22v^2$$

$$\Phi = i e^{-i\pi \frac{x}{L}} \frac{v}{\sqrt{2}} \tanh \frac{M_H x}{2} \quad A = \begin{pmatrix} 0 \\ \frac{\pi}{gL} \end{pmatrix} \quad \text{gauge fixing}$$

$$Q_t (\text{sphaleron}) = \frac{1}{2}$$

Decay in absence of fermions (Numerical solution from [2])

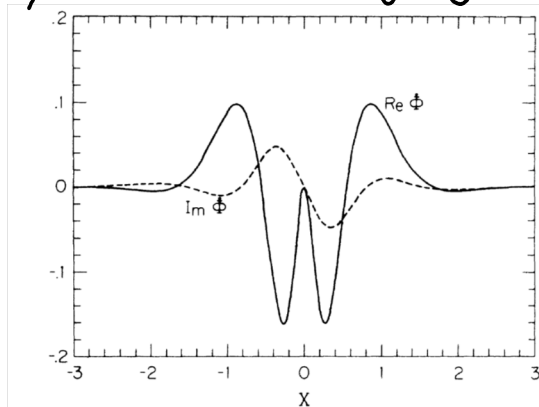


FIG. 5. The initial values of $\text{Re}\Phi$ (solid line) and $\text{Im}\Phi$ (dashed line) used in our simulation.

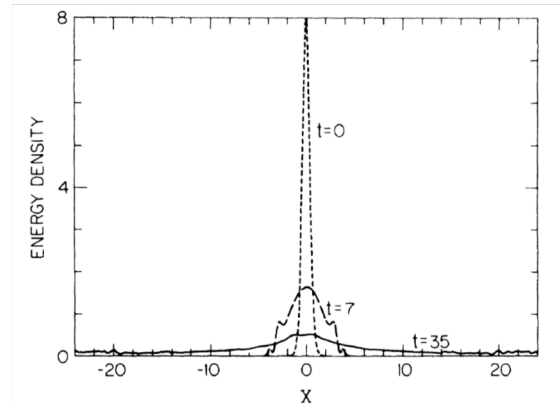


FIG. 6. The energy densities at $t=0, 7$, and 35 .

Q should change by one unit

Fourier decomposition of plane waves :

$$A_\mu(x) = \int \frac{dk}{2\pi} f_\mu(k) \cos(kx + \phi(k))$$

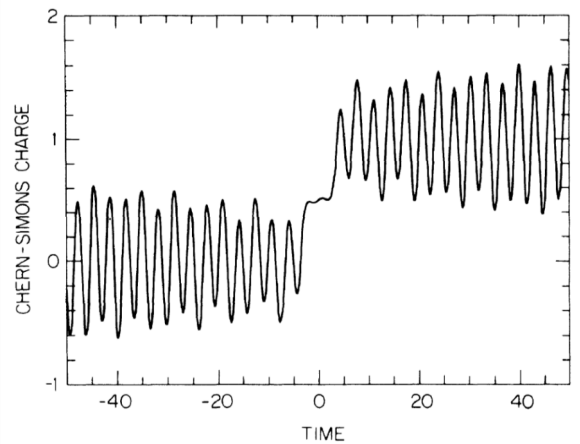


FIG. 7. The topological charge as a function of time.

$$\dot{Q}^{10} = g \int dx \tilde{F} \sim g M_w f(0) \cos(M_w t + \phi_0)$$

$$\begin{aligned} \dot{Q}^{30} = g^2 \int d^3x F \tilde{F} &\sim g^2 \int d^3k \epsilon^{\mu\nu\rho\sigma} k_\mu f_\nu^a(k) \tilde{k}_\rho f_\sigma^a(-k) \\ &\times \cos[2\omega_k t + \phi(\vec{k}) + \phi(-k)] \end{aligned}$$

Strongly oscillating cosine will set $\dot{Q} \rightarrow 0$ (for smooth f)