# Make an Impact!

# In order to prepare effectively for the workshop, please complete the following preparation questions and send to jstearns.training@gmail.com

**Questions**

1. What are your personal goals for this workshop? Please describe 3 or 4 things you’d like to achieve.
2. Describe your personal strengths as a science communicator.
3. What specifically do you feel you need to improve in terms of your communication skills?
4. Describe specific contexts in which you feel you need to “make an impact” within the science and professional communities (please also indicate if such contexts also include presenting yourself in a *virtual* setting)

**Preparation**

We will be using the following as a means of **practice** for the workshop. Please prepare this for the workshop:

* Describe your current research/work:
* Explain why your research/work is important:
* Tell us how we can network with you:

**Reflection**

The following questions are meant for **your own self-reflection** related to the topic of self-marketing and networking (**you do not need to send this back to me**, however it is a good idea to think about the questions before the workshop)

1. How do you see yourself as a scientist? What *visualized* image do you have of yourself?

2. Am I aware of who I am and what character traits are inherent in my personality?

3. Am I able to assess the effect I have on others?

4. Am I able to present my own achievements in a positive and coherent way?