## Islands in Multiverse Models. [2108.01278] Bright ideas for a dark universe. DESY-TH Workshop.

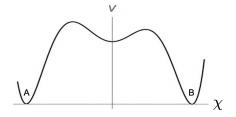
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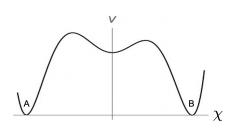
In collaboration with: Aidan Chatwin-Davies, Thomas Hertog, Natalia Pinzani-Fokeeva, & Brandon Robinson

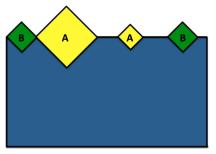
September 21, 2021

Universe undergoing false vacuum eternal inflation can be seen as a mosaic of bubble universes separated by inflatory regions.



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## Motivation: Measure problem

- Version of the information paradox in the multiverse.
- The history of states leading to  $\langle \mathscr{O} \rangle$  follows  $\infty$  number of bubbles.
- Reproducing probabilities for local observables require a surface beyond there's no instance of observation → highly cutoff dependent.

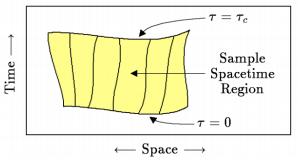
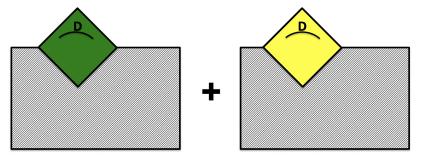


Figure: [Guth, Vanchurin; 2011]

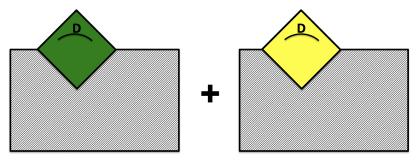
## Previous ideas

• Lessons from semiclassical quantum cosmology: Bubbles can be replaced by a superposition of saddle point geometries; histories that follow a single bubble reproduce local observables.



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- No information about unbservable structure outside one's bubble.
- Fine grained information from coarse graining! just like the **entanglement islands**.



• Entanglement entropy in R,

$$S(\rho_R) = \min \operatorname{ext}_{I} \left[ S_{\mathsf{CFT}}(R \cup I) + \frac{\operatorname{Area}(\partial I)}{4G_N} - S_{\mathsf{ct}}(\partial I) \right].$$

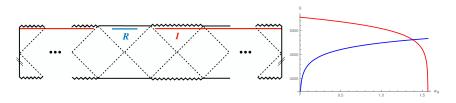
 $\bullet~JT$  gravity in dS $_2$  in presence of CFT matter in its vacuum state.



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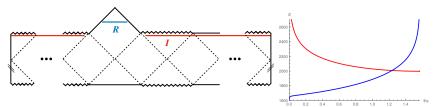
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- $\bullet~JT$  gravity in dS $_2$  in presence of CFT matter in its vacuum state.
- $dS_2^n$  background; an n-fold extension of  $dS_2$ .

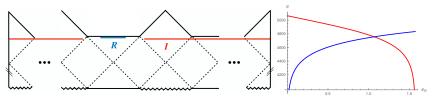


And we glued patches of different curvature

• Flat bubbles in dS<sub>2</sub><sup>n</sup>.



• AdS<sub>2</sub> bubbles.



- Particular patches covered by the islands don't matter, only the endpoints.
- Generically, islands have to cover all structure outside R to purify the quantum state in  $I \cup R$ .
- We considered other cases, with multiple islands, or intervals where certain approximations are not valid, which required exact calculations.
- $S_{dS}$  is the maximum entropy, the Hilbert space for the degrees of freedom is bounded, regardless of the information outside R.
- We pointed out similarities with coarse-graining in quantum cosmology.