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Phonon traps and radiation shielding to reduce the quasiparticle density in superconducting circuits

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Quasiparticles (QPs) in high Z resonators	Phonon traps: proof of concept with grAl
Two-fluid model· quasinarticles = resistor	Valenti et al., PRApp 11, 054087 (2019)
$Q_i^{-1} = \omega_0 RC$ $\omega_0^{-2} = L(x_{QP})C$ QPs: loss, jitter	Δ/n
$\square \square $	



Twofold approach: shield resonators from



- Al: lower gap \Rightarrow trap
 - granular aluminum (grAl): higher gap ⇒ circuit

AI_2O_3





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