

Phase transition thermodynamic parameters at high precision

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How fast does the bubble grow? – workshop
DESY, Hamburg, 05/2023

The thermal history of electroweak symmetry breaking

Strong first-order cosmic phase transition at EW scale $T_c \sim 100$ GeV:

- ▶ Baryogenesis Baryon asymmetry of the universe
- ▶ Colliding bubbles Gravitational wave (GW) production

In Standard Model EWSB occurs via a smooth crossover but possible that it is first-order in Beyond the Standard Model (BSM) extensions.

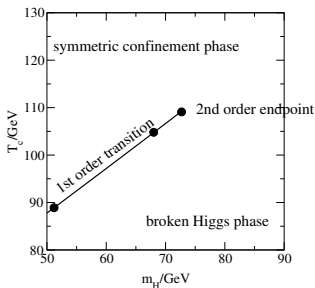


figure by M. Laine, *Electroweak phase transition beyond the standard model*, in *4th International Conference on Strong and Electroweak Matter*, pp. 58–69, 6, 2000 [hep-ph/0010275]

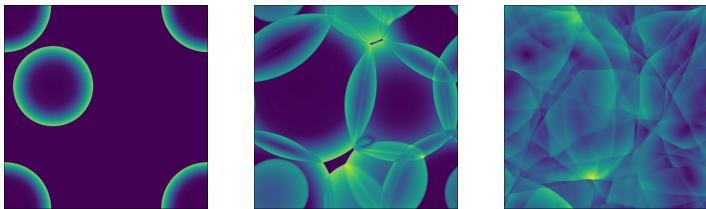
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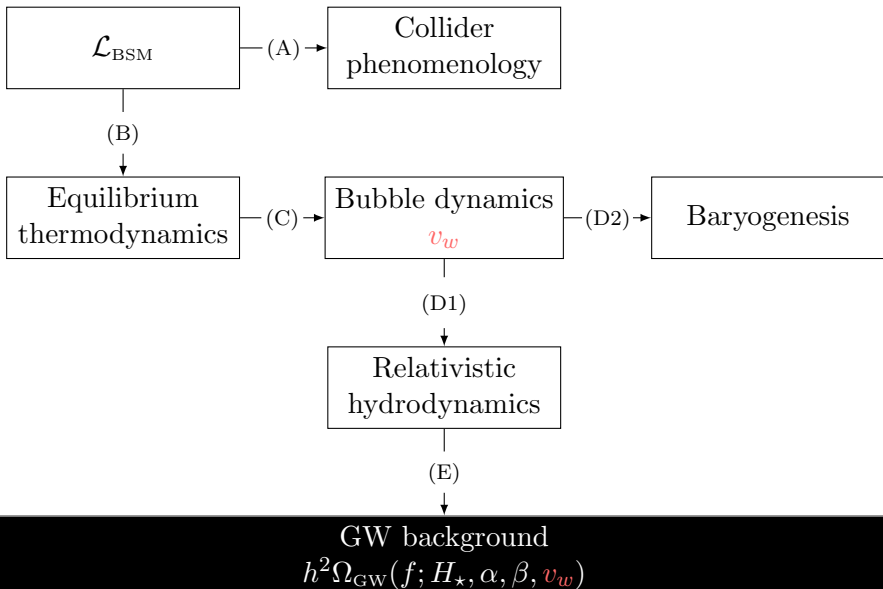
In Standard Model EWSB occurs via a smooth crossover but possible that it is first-order in Beyond the Standard Model (BSM) extensions. Study **BSM physics** near EW scale in context of phase transitions:

- ▷ Light fields strongly coupled to Higgs
- ▷ Collider targets. BSM testing pipeline: Collider phenomenology

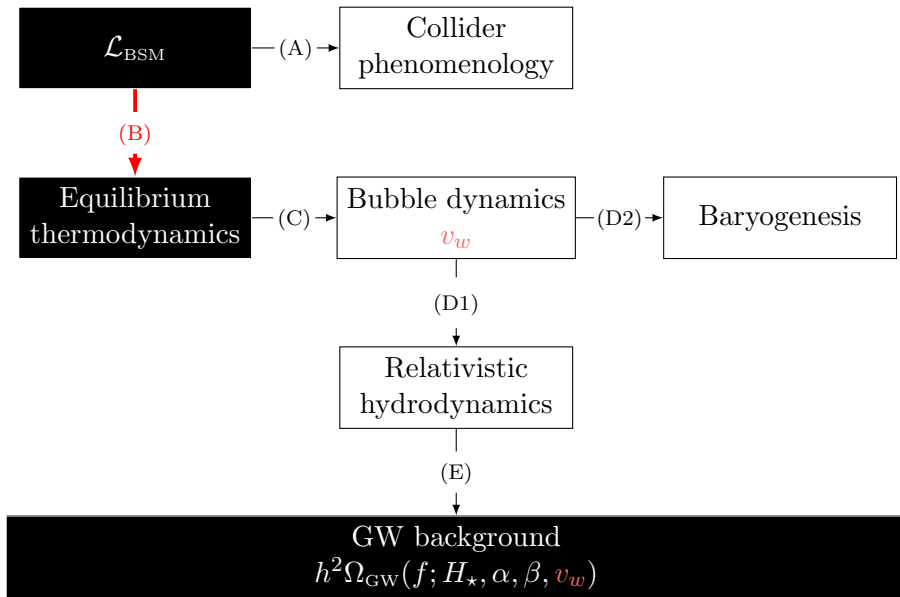


figures by D. Cutting, M. Hindmarsh, and D. J. Weir, *Vorticity, kinetic energy, and suppressed gravitational wave production in strong first order phase transitions*, Phys. Rev. Lett. **125** (2020) 021302 [1906.00480]

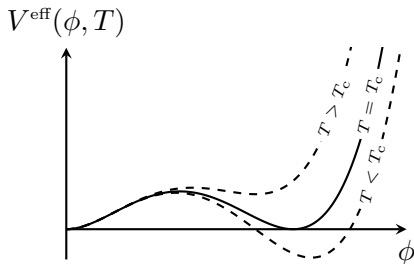
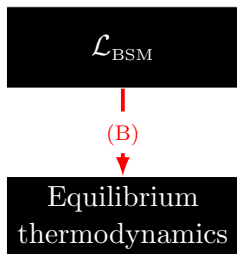
Uncertainties of the gravitational wave pipeline



Uncertainties of the gravitational wave pipeline



The effective potential in perturbation theory¹



(B): Equilibrium thermodynamics as a function of BSM theory parameters. Encoded in **effective potential**, V^{eff} . **Origin of uncertainty.**

Important for v_w in the context of local thermal equilibrium (LTE).

[☆]cf. talks by B. Laurent Tue 10:45, O. Gould Wed 11:20, and J. Hirvonen Wed 14:40

¹ R. Jackiw, *Functional evaluation of the effective potential*, Phys. Rev. D **9** (1974) 1686

Theoretical predictions are **not robust**

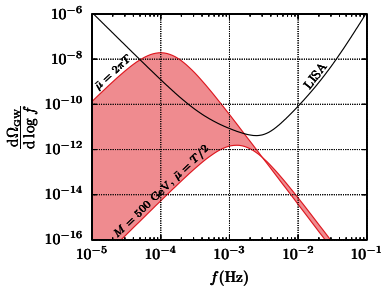
$\mathcal{O}(10^4)$ uncertainty even for purely perturbative regimes² as Ω_{GW} depends strongly on the transition temperature, T_* , in simulation fits:

$$\Omega_{\text{GW}} \propto \frac{(\Delta V_*)^2}{T_*^8}$$

- ▶ Ensure (improve) quantitative precision at finite T ?

Minimal SM extensions e.g.:

- ▶ **SMEFT**: $\text{SM} + \frac{1}{M^2}(\phi^\dagger\phi)^3$



² D. Croon, O. Gould, P. Schicho, T. V. I. Tenkanen, and G. White, *Theoretical uncertainties for cosmological first-order phase transitions*, JHEP **04** (2021) 055 [2009.10080], O. Gould and T. V. I. Tenkanen, *On the perturbative expansion at high temperature and implications for cosmological phase transitions*, JHEP **06** (2021) 069 [2104.04399]

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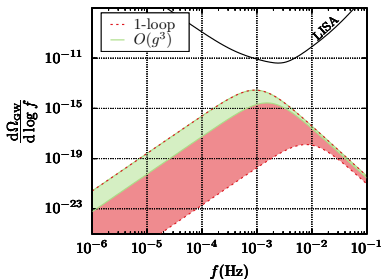
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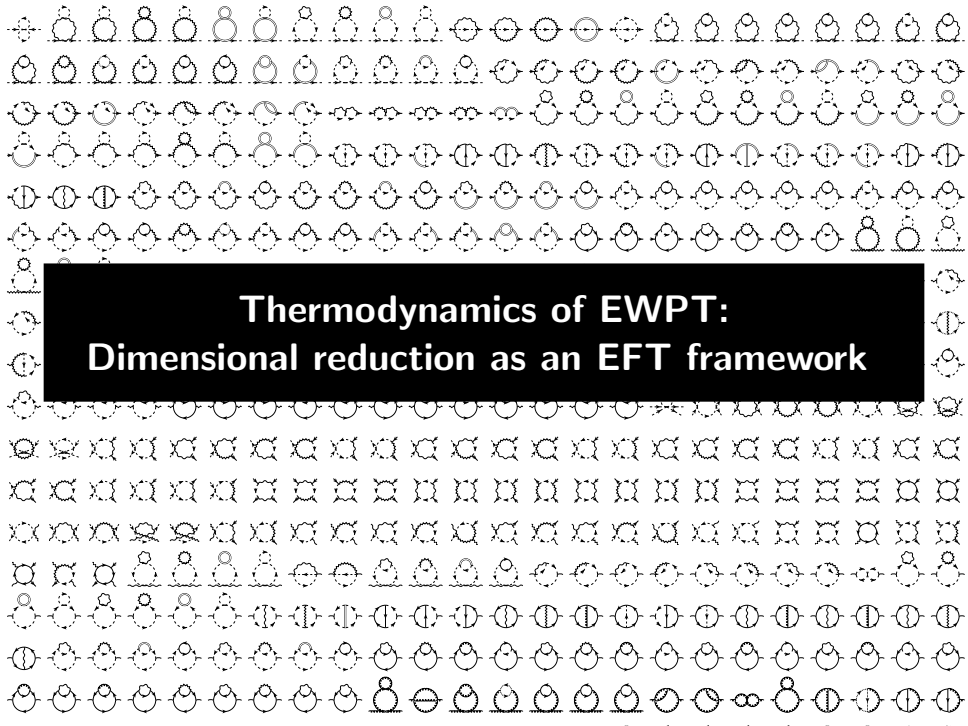
- ▶ Ensure (improve) quantitative precision at finite T ?

Minimal SM extensions e.g.:

- ▶ SMEFT: SM + $\frac{1}{M^2}(\phi^\dagger\phi)^3$
- ▶ xSM: SM + singlet



² D. Croon, O. Gould, P. Schicho, T. V. I. Tenkanen, and G. White, *Theoretical uncertainties for cosmological first-order phase transitions*, JHEP **04** (2021) 055 [2009.10080], O. Gould and T. V. I. Tenkanen, *On the perturbative expansion at high temperature and implications for cosmological phase transitions*, JHEP **06** (2021) 069 [2104.04399]

The image displays a 20x20 grid of Feynman diagrams. The diagrams are arranged in a way that suggests a sequence or evolution of topologies. The top rows feature diagrams with a central vertex and external lines, some with internal loops. The middle rows show diagrams with more complex internal structures, including multiple vertices and lines. The bottom rows include diagrams with various topologies, some resembling tadpoles or more intricate loop structures. The diagrams are drawn with solid lines and vertices, and some include dashed lines. The overall layout is a systematic progression of different Feynman topologies.

Thermodynamics of EWPT:
Dimensional reduction as an EFT framework

Equilibrium Thermodynamics: Imaginary Time Formalism

$\rho(\beta) = e^{-\beta\mathcal{H}} \rightarrow \mathcal{U}(t) = e^{-i\mathcal{H}t}$. Relating density operator to time evolution corresponds to path integral over imaginary-time $t \rightarrow -i\tau$,

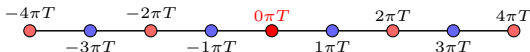
$$\mathcal{Z} = C \int_{\text{b.c.}} \mathcal{D}\phi \exp \left[- \int_0^{\beta=1/T} d\tau \int_{\mathbf{x}} \mathcal{L}_{\text{E}} \right], \quad \phi(0, \mathbf{x}) = \pm \phi(\beta, \mathbf{x}).$$

(Anti-)periodic bosonic(fermionic) fields at boundaries \rightarrow **compact time direction**: $\mathbb{R}^3 \times S^1_{\beta}$.

Finite- τ and (b.c.) induce a discrete Fourier sum for time component $P = (\omega_n, \mathbf{p})$ with **Matsubara frequencies**

$$\omega_n = \begin{cases} 2n\pi T & \text{bosonic} \\ (2n+1)\pi T & \text{fermionic} \end{cases}$$

Absent zero mode $\omega_{n=0}$ for fermions:



Multi-scale hierarchy in hot gauge theories

Evaluated **Matsubara sums** yield Bose(Fermi) distribution. At asymptotically high- T and weak $g \ll 1$ the effective expansion parameter

$$g^2 n_B(|p|) = \frac{g^2}{e^{|p|/T} - 1} \approx \frac{g^2 T}{|p|}$$

differs from the weak coupling g^2 . Fermions are IR-safe $g^2 n_F |p| \sim g^2/2$.

Theory separates scales rigorously:

$$|p| \sim \begin{cases} \pi T & \text{hard scale} \\ gT & \text{soft scale} \\ g^{3/2}T & \boxed{\text{supersoft scale} \quad \text{symmetry breaking}} \\ g^2 T/\pi & \text{ultrasoft scale} \end{cases}$$

Limit: Confinement-like behavior in ultrasoft sector $g^2 n_B(g^2 T) \sim \mathcal{O}(1)$.
Ultrasoft bosons are non-perturbative at finite T : **Linde IR problem**.³

³ A. Linde, *Infrared problem in the thermodynamics of the Yang-Mills gas*, Phys. Lett. B **96** (1980) 289

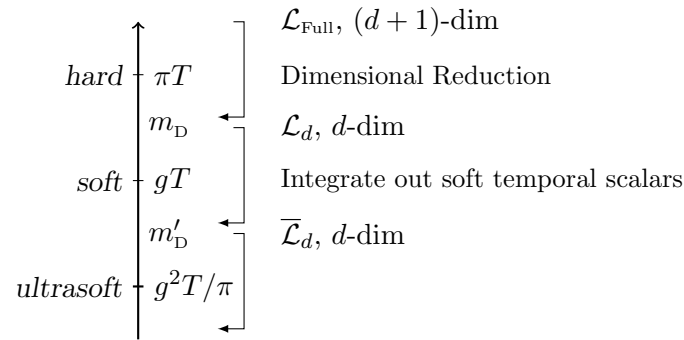
Effective Field Theory (EFT): Dimensional Reduction (DR)

Integrate out hard modes perturbatively → EFT for static modes.

Incorporates an all order thermal resummation to by-pass IR problem.

Precision thermodynamics of non-Abelian gauge theories as QCD and

(EW) phase transition⁴ using e.g. DRalgo⁵

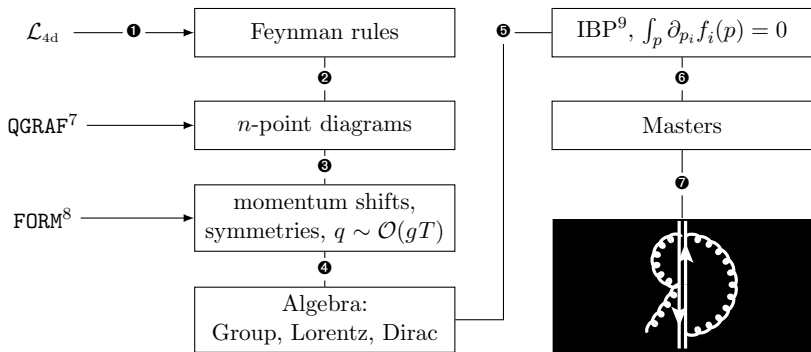


⁴ K. Kajantie, M. Laine, K. Rummukainen, and M. E. Shaposhnikov, *Generic rules for high temperature dimensional reduction and their application to the standard model*, Nucl. Phys. B **458** (1996) 90 [hep-ph/9508379], K. Kajantie, M. Laine, K. Rummukainen, and M. E. Shaposhnikov, *The Electroweak phase transition: A Nonperturbative analysis*, Nucl. Phys. B **466** (1996) 189 [hep-lat/9510020]

⁵ A. Ekstedt, P. Schicho, and T. V. I. Tenkanen, *DRalgo: A package for effective field theory approach for thermal phase transitions*, Comput. Phys. Commun. **288** (2023) 108725 [2205.08815]

A Dimensional Reduction algorithm (DRalgo)

State-of-the-art Mathematica package DRalgo.⁶



⁶ github.com/DR-algo/DRalgo, A. Ekstedt, P. Schicho, and T. V. I. Tenkanen, DRalgo: A package for effective field theory approach for thermal phase transitions, *Comput. Phys. Commun.* **288** (2023) 108725 [2205.08815]

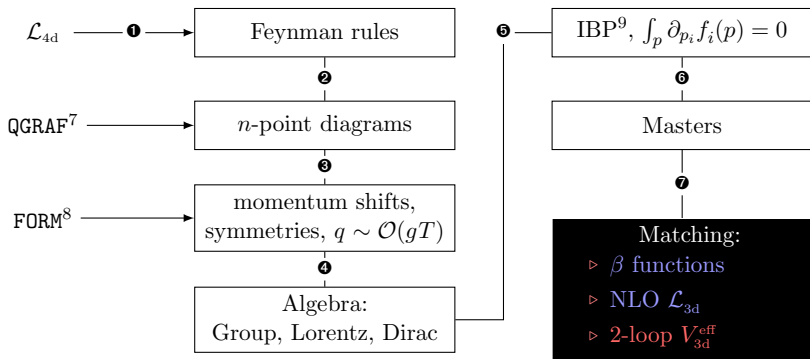
⁷ P. Nogueira, *Automatic Feynman Graph Generation*, *J. Comput. Phys.* **105** (1993) 279

⁸ B. Ruijl, T. Ueda, and J. Vermaseren, *FORM version 4.2* arXiv (2017) [1707.06453]

⁹ S. Laporta, *High precision calculation of multiloop Feynman integrals by difference equations*, *Int. J. Mod. Phys. A* **15** (2000) 5087 [hep-ph/0102033]

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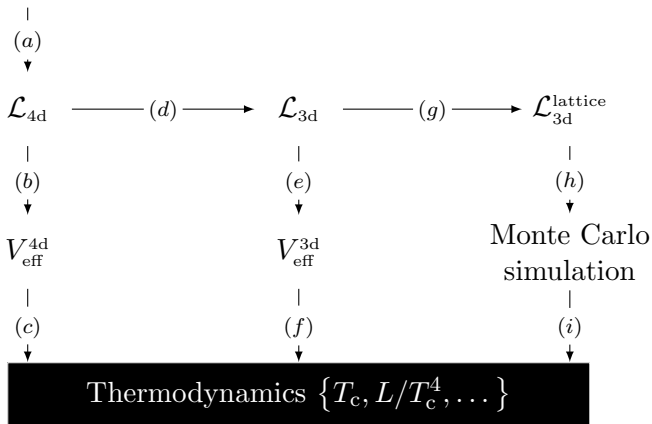
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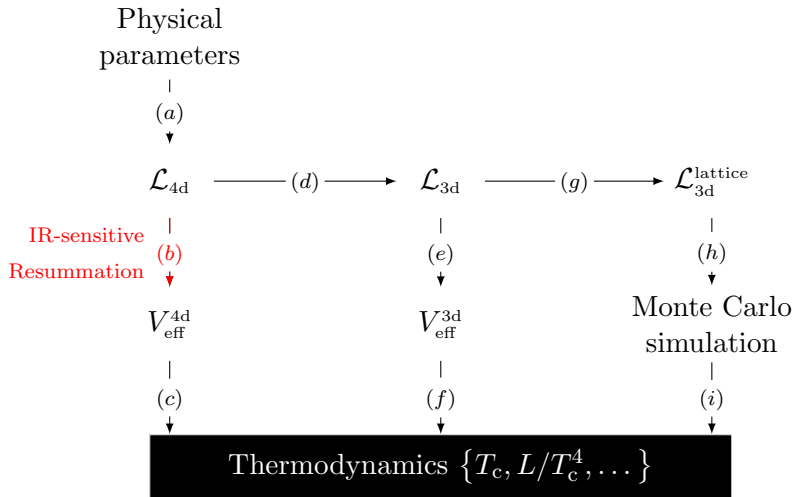
⁹ S. Laporta, *High precision calculation of multiloop Feynman integrals by difference equations*, *Int. J. Mod. Phys. A* **15** (2000) 5087 [hep-ph/0102033]

Thermodynamics of electroweak phase transition

Physical
parameters

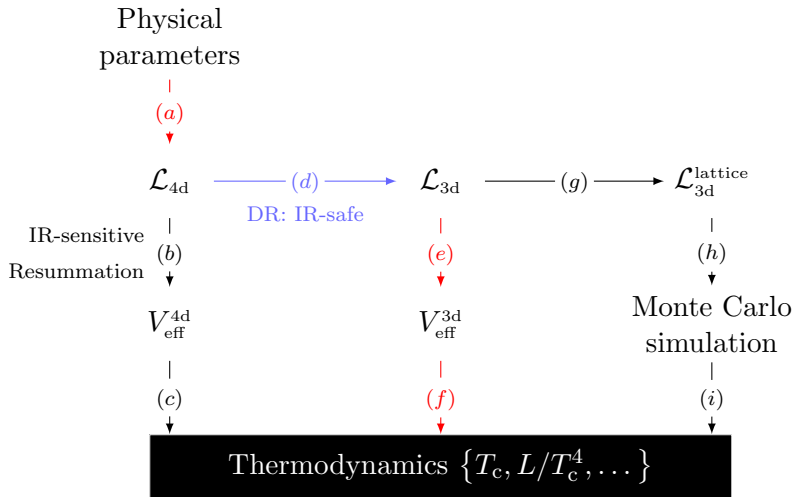


Thermodynamics of electroweak phase transition



▷ 4d approach: (a) \rightarrow (b) \rightarrow (c)

Thermodynamics of electroweak phase transition



- ▷ 4d approach: (a) → (b) → (c)
- ▷ Perturbative 3d approach: (a) → (d) → (e) → (f)

**Improving accuracy of EWPT:
NLO dimensional reduction and beyond**

Dimensionally reduced effective theory for hot QCD

QCD described by 3-dimensional **super-renormalisable** theory

$$S_{\text{EQCD}} = \frac{1}{T} \int_{\mathbf{x}} \left\{ \mathcal{L}_{\text{EQCD}} + \sum_{n \geq 5} \frac{\mathcal{O}_n}{(\pi T)^n} \right\}.$$

“Electrostatic QCD” (EQCD) at high T with $D_i = \partial_i - ig_E A_i$:

$$\mathcal{L}_{\text{EQCD}} \equiv \frac{1}{2} \text{Tr} F_{ij} F_{ij} + \text{Tr} [D_i, A_0][D_i, A_0] + m_D^2 \text{Tr} A_0^2 + \lambda_E (\text{Tr} A_0^2)^2.$$

Developed to study

- ▶ high- T thermodynamics,¹⁰
- ▶ soft light-cone observables.¹¹

¹⁰ P. Ginsparg, *First and second order phase transitions in gauge theories at finite temperature*, Nucl. Phys. B **170** (1980) 388, T. Appelquist and R. D. Pisarski, *High-temperature Yang-Mills theories and three-dimensional quantum chromodynamics*, Phys. Rev. D **23** (1981) 2305

¹¹ S. Caron-Huot, *$O(g)$ plasma effects in jet quenching*, Phys. Rev. D **79** (2009) 065039 [0811.1603], J. Ghiglieri, G. D. Moore, P. Schicho, and N. Schlusser, *The force-force-correlator in hot QCD perturbatively and from the lattice*, JHEP **02** (2022) 58 [2112.01407]

EFT step 1: hot QCD \rightarrow EQCD

DR step 1 fixes high- T EQCD. EFT for **Electrostatic modes** ($D_i = \partial_i - ig_E A_i$), Describes hot QCD IR dynamics and contains UV in matching coefficients:¹²

$$g_E^2 = \underbrace{T^2 g^2}_{\mathcal{O}(g^2)} + \underbrace{\#g^4}_{\mathcal{O}(g^4)} + \underbrace{\#g^6}_{\mathcal{O}(g^6)} + \underbrace{\#g^8}_{\mathcal{O}(g^8)} + \mathcal{O}(g^{10}),$$
$$m_D^2 = \underbrace{\text{tree-level}}_{\mathcal{O}(g^2)} + \underbrace{\#g^2 T^2}_{\mathcal{O}(g^2)} + \underbrace{\#g^4}_{\mathcal{O}(g^4)} + \underbrace{\#g^6}_{\mathcal{O}(g^6)} + \mathcal{O}(g^8),$$
$$\lambda_E = \underbrace{\text{tree-level}}_{\mathcal{O}(g^2)} + \underbrace{\#g^4}_{\mathcal{O}(g^4)} + \underbrace{\#g^6}_{\mathcal{O}(g^6)} + \mathcal{O}(g^8).$$

¹² I. Ghişoiu, *Three-loop Debye mass and effective coupling in thermal QCD*, PhD thesis, Universität Bielefeld, Jan, 2013, I. Ghişoiu, J. Möller, and Y. Schröder, *Debye screening mass of hot Yang-Mills theory to three-loop order*, JHEP **2015** (2015) 121 [1509.08727], K. Kajantie, M. Laine, K. Rummukainen, and M. Shaposhnikov, *3d SU(N) + adjoint Higgs theory and finite temperature QCD*, Nucl. Phys. B **503** (1997) 357 [9704416]

Improving accuracy of dimensional reduction

- ▷ Increase precision of matching parameters: higher-loops

WHAT IF WE TRIED
MORE LOOPS ?

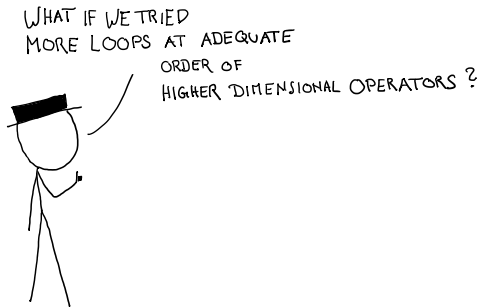


¹³ T. Appelquist and J. Carazzone, *Infrared singularities and massive fields*, Phys. Rev. D **11** (1975) 2856, N. Landsman, *Limitations to dimensional reduction at high temperature*, Nucl. Phys. B **322** (1989) 498

Improving accuracy of dimensional reduction

- ▶ Increase precision of matching parameters: higher-loops
- ▶ Increase EFT validity: higher-dimensional operators.

These are **related at finite temperature!**¹³



¹³ T. Appelquist and J. Carazzone, *Infrared singularities and massive fields*, Phys. Rev. D **11** (1975) 2856, N. Landsman, *Limitations to dimensional reduction at high temperature*, Nucl. Phys. B **322** (1989) 498

Dimension-six operators in EQCD

1-loop sum-integral yields finite contributions

$$\not\int'_P \frac{1}{P^6} = \frac{\zeta_3}{128\pi^4 T^2} [1 + \mathcal{O}(\epsilon)] .$$

Augment $\mathcal{L}_{\text{EQCD}}$ by dim-6 operators¹⁴ and colour trace in adjoint rep:¹⁵

$$\begin{aligned} \delta\mathcal{L}_{\text{EQCD}}[A] = & \left(\frac{2g_E^2 \zeta_3}{128\pi^4 T^2} \right) \text{Tr} \left\{ c_1 (D_\mu F_{\mu\nu})^2 + c_2 (D_\mu F_{\mu 0})^2 \right. \\ & + ig_E [c_3 F_{\mu\nu} F_{\nu\rho} F_{\rho\mu} + c_4 F_{0\mu} F_{\mu\nu} F_{\nu 0} + c_5 A_0 (D_\mu F_{\mu\nu}) F_{0\nu}] \\ & + g_E^2 [c_6 A_0^2 F_{\mu\nu}^2 + c_7 A_0 F_{\mu\nu} A_0 F_{\mu\nu} + c_8 A_0^2 F_{0\mu}^2 + c_9 A_0 F_{0\mu} A_0 F_{0\mu}] \\ & \left. + g_E^4 [c_{10} A_0^6] \right\} . \end{aligned}$$

Redundancies of coefficients leave physics invariant and are practical for cross-checks:

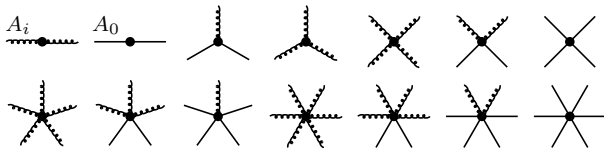
$$c_i^{\text{new}} \equiv c_i + \delta c_i, \quad i = 4, \dots, 7 .$$

¹⁴ S. Chapman, *New dimensionally reduced effective action for QCD at high temperature*, Phys. Rev. D **50** (1994) 5308 [9407313]

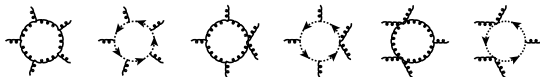
¹⁵ $\text{Tr}(AB) = A_{ab}B_{ba}$ with e.g. $(A_0)_{ab} = -if^{abc}A_0^c$ and $X^{abcd} = f^{m_4 a m_1} \dots f^{m_3 d m_4}$ etc.

Vertex structures and matching

$\mathcal{L}_{\text{EQCD}} + \delta\mathcal{L}_{\text{EQCD}}$ is non-super-renormalisable.



Determine coefficients $c_i(d)$ in d -dimensions in background field gauge¹⁶.
Evaluate (2–6)-point vertices at one-loop order in hot YM \rightarrow uniqueness.



Done in d -dimensions for Yang-Mills.¹⁷

Todo: extend to general models.

¹⁶ L. Abbott, *The background field method beyond one loop*, Nucl. Phys. B **185** (1981) 189

¹⁷ M. Laine, P. Schicho, and Y. Schröder, *Soft thermal contributions to 3-loop gauge coupling*, JHEP **2018** (2018) 37 [1803.08689]

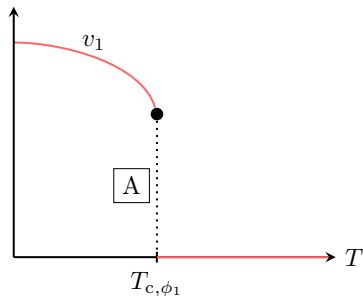
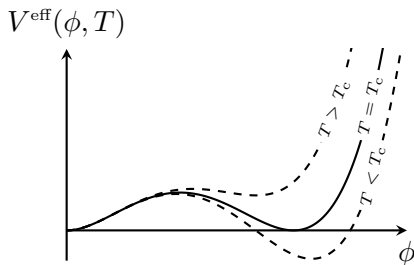
Improving accuracy of EWPT: Effective potential

The effective potential in perturbation theory

receives thermal corrections $\Pi_T \sim \gamma T^2$ with $\gamma \sim g^n$. Close to critical temperature T_c :

$$V^{\text{eff}} \simeq \frac{1}{2}(-\mu^2 + \Pi_T)\phi^2 + \frac{1}{2}\lambda\phi^4 + \#\phi^3 + \dots$$

$$(-\mu^2 + g^n T^2) \sim \boxed{0 \times (gT)^2}_{\text{soft}} + \boxed{\#(g^2 T)^2}_{\text{ultrasoft}}.$$

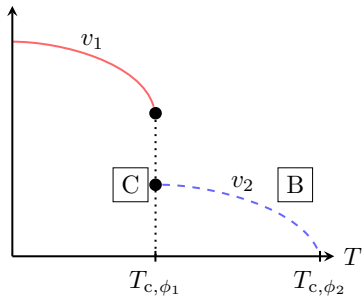
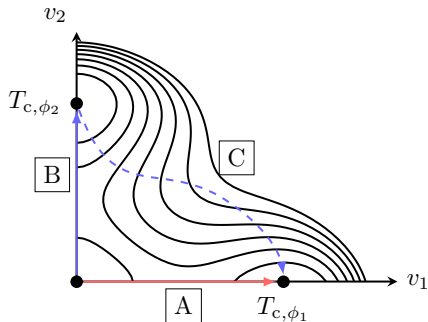


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The thermal effective potential at LO

$$V^{\text{eff}} = V_{\text{tree}}^{\text{eff}} + V_{1\ell}^{\text{eff}} .$$

At 1-loop sum over n -point functions at $Q_i = 0$ external momenta

$$\begin{aligned}
 V_{1\ell}^{\text{eff}} &= \text{---}\text{---}\text{---} + \frac{1}{2} \text{---}\text{---}\text{---} + \frac{1}{3} \text{---}\text{---}\text{---} + \dots \Big|_{Q_i=0} \\
 &= \frac{1}{2} \int_P \ln(P^2 + m^2) \\
 V_{1\ell}^{\text{eff}} &= \underbrace{\frac{1}{2} \int_P \ln(P^2 + m^2)}_{\equiv V_{\text{CW}}(m)} - T \underbrace{\int_p \ln(1 \mp n_{\text{B/F}}(E_p, T))}_{\equiv V_{T,b/f}\left(\frac{m^2}{T^2}\right)} \\
 &= \underbrace{\frac{T}{2} \int_p \ln(p^2 + m^2)}_{\equiv TV_{\text{soft}}(m)} + \underbrace{\frac{1}{2} \int_{P/\{P\}}' \ln(P^2 + m^2)}_{\equiv V_{\text{hard}}(m)} .
 \end{aligned}$$

Renormalization scale (in)dependence at finite T

Zero temperature

$$V^{\text{eff}}(\phi, \bar{\mu}) = \boxed{\begin{array}{c} V_{\text{tree}}^{\text{eff}} \\ \mathcal{O}(g^2) \end{array}} + \boxed{\begin{array}{c} V_{\text{CW},1\ell} \\ \mathcal{O}(g^4) \end{array}}, \quad \mu \frac{d}{d\mu} \left(V_{\text{tree}}^{\text{eff}} + V_{\text{CW},1\ell} \right) = 0.$$

At finite temperature¹⁸

$$V_{\text{res.}}^{\text{eff}}(\phi, T, \bar{\mu}) = \boxed{\begin{array}{c} V_{\text{tree}}^{\text{eff}} \\ \mathcal{O}(g^2) \end{array}} + \boxed{\begin{array}{c} V_{\text{res.,soft}} \\ \mathcal{O}(g^3) \end{array}} + \boxed{\begin{array}{c} V_{\text{hard}} \\ \mathcal{O}(g^2 T^2) + \mathcal{O}(g^4) \end{array}},$$

running of 1-loop thermal masses is of the same order as 2-loop thermal-mass logarithms.

Automatically included in dimensionally reduced $3d$ -approach:

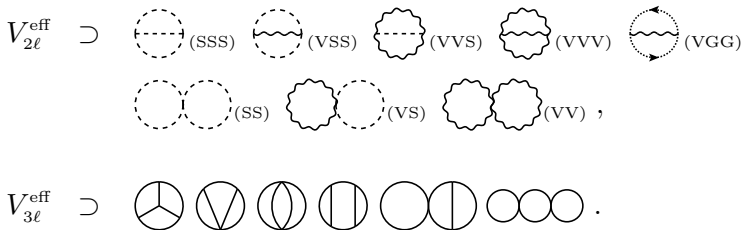
$$\mu \frac{d}{d\mu} \text{---}\bullet\text{---} \sim \mu \frac{d}{d\mu} \text{---}\bigcirc\text{---} \sim \text{---}\bigcirc\text{---} \sim \text{---}\bigcirc\text{---} \sim \mathcal{O}(g^4 T^2)$$

¹⁸ O. Gould and T. V. I. Tenkanen, *On the perturbative expansion at high temperature and implications for cosmological phase transitions*, JHEP **06** (2021) 069 [2104.04399]

The effective potential at NLO and beyond

$$V^{\text{eff}} = V_{\text{tree}}^{\text{eff}} + V_{1\ell}^{\text{eff}} + V_{2\ell}^{\text{eff}} + V_{3\ell}^{\text{eff}} .$$

Computing 2-loop¹⁹ and 3-loop²⁰ V^{eff} via vacuum integrals in 3d EFT:



Todo: extend 3-loop V^{eff} to general models.

¹⁹ K. Farakos, K. Kajantie, K. Rummukainen, and M. E. Shaposhnikov, *3-D physics and the electroweak phase transition: Perturbation theory*, Nucl. Phys. B **425** (1994) 67 [hep-ph/9404201], M. Laine, *The Two loop effective potential of the 3-d SU(2) Higgs model in a general covariant gauge*, Phys. Lett. B **335** (1994) 173 [hep-ph/9406268], L. Niemi, M. Ramsey-Musolf, T. V. I. Tenkanen, and D. J. Weir, *Thermodynamics of a two-step electroweak phase transition*, [2005.11332], L. Niemi, P. Schicho, and T. V. I. Tenkanen, *Singlet-assisted electroweak phase transition at two loops*, Phys. Rev. D **103** (2021) 115035 [2103.07467]

²⁰ A. K. Rajantie, *Feynman diagrams to three loops in three-dimensional field theory*, Nucl. Phys. B **480** (1996) 729 [hep-ph/9606216]

A minimal scheme for gauge invariance and resummation

- 1 Determine 3d EFT at NLO (gauge-invariant)
- 2 Compute V_{3d}^{eff} within 3d EFT at 1-loop level
- 3 Determine T_c , condensates e.g. $\langle\phi^\dagger\phi\rangle$, and latent heat

Minimum of V^{eff} is gauge parameter independent (Nielsen identities²¹); use \hbar -expansion. Improve previous schemes.²²

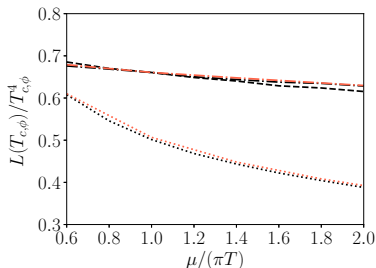
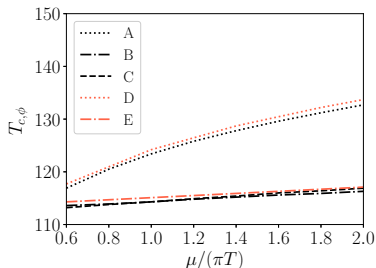
²¹ N. Nielsen, *On the gauge dependence of spontaneous symmetry breaking in gauge theories*, Nucl. Phys. B **101** (1975) 173

²²PRM scheme: H. H. Patel and M. J. Ramsey-Musolf, *Baryon Washout, Electroweak Phase Transition, and Perturbation Theory*, JHEP **2011** (2011) 29 [1101.4665]

Increasing accuracy to $\mathcal{O}(g^4)$: cxSM (complex singlet)

Augment SM with **complex singlet scalar**²³, $\mathbb{S} \rightarrow v_{\mathbb{S}} + \mathbb{S} + iA$ at

Benchmark	$M_{\mathbb{S}}$	M_A	λ_p	$\lambda_{\mathbb{S}}$
BM1	62.5 GeV	62.5 GeV	0.55	0.5



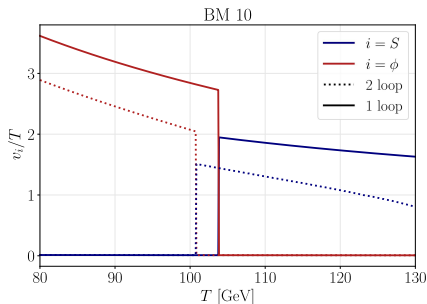
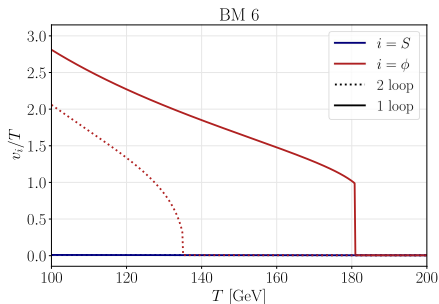
- ▷ A, D: 1-loop level dimensional reduction
- ▷ B, E: 2-loop level dimensional reduction
- ▷ C: as B, with varying $\mu_3 = \mu/(\pi T)g_3^2$

²³ P. Schicho, T. V. I. Tenkanen, and G. White, *Combining thermal resummation and gauge invariance for electroweak phase transition*, JHEP **11** (2022) 047 [2203.04284], C.-W. Chiang, M. J. Ramsey-Musolf, and E. Senaha, *Standard Model with a Complex Scalar Singlet: Cosmological Implications and Theoretical Considerations*, Phys. Rev. D **97** (2017) 1 [1707.09960]

Transitions in the xSM (real singlet)

Monitor Higgs (v) and **real singlet** (x) VEV after shift $\mathbb{S} \rightarrow x + \mathbb{S}$.
2-loop corrections are significant.²⁴

Benchmark	$M_{\mathbb{S}}$	λ_p	$\lambda_{\mathbb{S}}$
BM6	350 GeV	3.5	0.3
BM10	325 GeV	3.5	0.3



²⁴Plots courtesy of Daniel Schmitt as well as L. Niemi, P. Schicho, and T. V. I. Tenkanen, *Singlet-assisted electroweak phase transition at two loops*, Phys. Rev. D **103** (2021) 115035 [2103.07467]

Conclusions

Precision thermodynamics of BSM theories:

- ▶ reliably describe cosmological FOPT and GW production,
- ▶ practical approach: **Effective Theories**.

Precision cosmology with dimensionally reduced 3d EFT:

- ▶ multi-loop sport – automatic all-order high- T resummation,
- ▶ analytic fermions, numerical on the lattice at $T_c \sim 100$ GeV,
- ▶ systematic higher-loop/operator improvement,
- ▶ **universality**,
- ▶ apply to **supercooled phase transitions(?)**,
- ▶ accurate description of the phase transition.^a

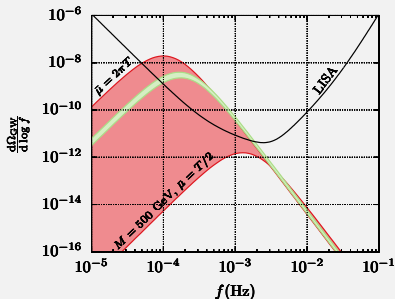
^a D. Croon, O. Gould, P. Schicho, T. V. I. Tenkanen, and G. White, *Theoretical uncertainties for cosmological first-order phase transitions*, JHEP **04** (2021) 055 [2009.10080]

Conclusions

Precision thermodynamics of BSM theories:

- ▶ reliably describe cosmological FOPT and GW production,
- ▶ practical approach: **Effective Theories**.

Precision cosmology with dimensionally reduced 3d EFT:



Overfull hbox (badness 10000)

Differences to zero temperature

$(d + 1) \rightarrow d$ -dimensional theory with infinite tower of massive modes.

Euclidean free-particle propagator for bosonic(fermionic) fields:

$$\left. \begin{array}{l} \text{-----} \\ A_\mu \\ \text{-----} \\ \psi_i \longrightarrow \end{array} \right\} \propto \frac{1}{P^2 + m^2} = \frac{1}{\mathbf{p}^2 + \omega_n^2 + m^2}, \quad P = (\omega_n, \mathbf{p}).$$

Same diagrams as in zero temperature QFT, go over to Euclidean space, and substitute Euclidean frequency integrals by sums

$$\int \frac{d^{d+1}p}{(2\pi)^{d+1}} f(p) \rightarrow T \sum_n \int \frac{d^d p}{(2\pi)^d} f(\omega_n, \mathbf{p}) = \int_P f(\omega_n, \mathbf{p}).$$

- ▶ Ultraviolet (UV) contained at $T = 0$
- ▶ Infrared (IR) sensitivity worsened \rightarrow field in reduced spacetime dimension

Resummation

Dynamically generated masses through collective plasma effects

$$m_T = g^n T + m .$$

Evaluate Matsubara sums yielding Bose(Fermi) distribution. At asymptotically high- T and weak $g \ll 1$ the effective expansion parameter

$$g^2 n_B(|p|) = \frac{g^2}{e^{|p|/T} - 1} \approx \frac{g^2 T}{|p|} \geq \frac{g^2 T}{m}$$

differs from the weak coupling g^2 . Fermions are IR-safe $g^2 n_F |p| \sim g^2/2$.

Cure IR-sensitive contributions at $m_T \sim gT$ by thermal resummation:

$$V^{\text{eff}} \supset \text{[diagram of a loop with } N \text{ vertices]} \propto g^{2N} \left[m_T^{3-2N} T \right] \left[\frac{T^2}{12} \right]^N \propto m^3 T \left[\frac{gT}{m_T} \right]^{2N}$$

For $m_T \leq g^2 T$ weak expansion breaks down. At finite T , light bosons are non-perturbative.

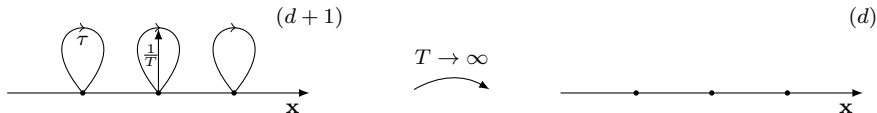
Effective Theory (EFT): Definition

Framework for theory with scale hierarchy: **Effective Field Theory**.

- 1 Identify soft degrees of freedom.
- 2 Construct most general low-energy Lagrangian.
- 3 *Match* Green's functions \rightarrow determine EFT coupling constants.

Perturbative and IR safe: Matching in the IR (regime of mutual validity), UV incorporated in EFT coefficients.

Modes with wavelengths $|\mathbf{x}|, |x_0| \gg \beta$ or $\omega_n^2 + m^2 \ll T^2$ *effectively* live in 3-dimensions.



EFT step 2: EQCD \rightarrow MQCD

DR step 2 fixes high- T MQCD. EFT for **Magnetostatic modes** aka **3d pure Yang-Mills** ($D_i = \partial_i - ig_M A_i$). Describes EQCD IR dynamics and contains UV in matching coefficients:²⁵

$$g_M^2 = + \boxed{\begin{array}{c} \text{1-loop} \\ \# \frac{g_E^4}{m_D} \end{array}} + \boxed{\begin{array}{c} \text{2-loop} \\ \# \frac{g_E^6}{m_D^2} \end{array}} + \boxed{\begin{array}{c} \text{3-loop} \\ \# \frac{g_E^8}{m_D^3} \end{array}} + \dots ,$$

$\mathcal{O}(g^3)$

$$\mathcal{L}_{\text{MQCD}} = \mathcal{L}_{\text{3d Yang-Mills}} \equiv \frac{1}{2} \text{Tr} F_{ij} F_{ij} .$$

²⁵ M. Laine and Y. Schröder, *Two-loop QCD gauge coupling at high temperatures*, JHEP **03** (2005) 067 [hep-ph/0503061], M. Laine, P. Schicho, and Y. Schröder, *Soft thermal contributions to 3-loop gauge coupling*, JHEP **2018** (2018) 37 [1803.08689]

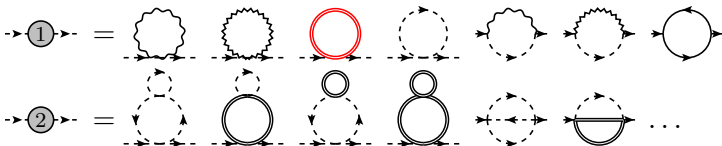
EFT setup: Matching correlators at NLO

$$\begin{aligned}
 (\psi^2)_{3d} &= \frac{1}{T} (\psi^2)_{4d} Z_\psi^{-1} \\
 &= \frac{1}{T} (\psi^2)_{4d} \left(1 + \frac{d}{dQ^2} \textcircled{1} \right),
 \end{aligned}$$

$$\phi \text{---} \bullet \text{---} \Big|_{3d} = T \left\{ \left(\text{---} \bullet \text{---} + \text{---} \textcircled{1} \text{---} \right) \left(1 + \frac{d}{dQ^2} \text{---} \textcircled{1} \text{---} \right) + \text{---} \textcircled{2} \text{---} \right\}_{4d},$$

$$\phi \begin{array}{c} \diagup \\ \bullet \\ \diagdown \end{array} \Big|_{3d} = \left\{ \begin{array}{c} \diagup \\ \bullet \\ \diagdown \end{array} + \begin{array}{c} \diagup \\ \textcircled{1} \\ \diagdown \end{array} + \begin{array}{c} \diagup \\ \bullet \\ \diagdown \end{array} \left(\frac{d}{dQ^2} \text{---} \textcircled{1} \text{---} \right) \right\}_{4d},$$

where



The Nielsen identities²⁶

(A useful tool for showing gauge invariance.) Vary effective potential with gauge parameter

$$\xi \frac{\partial S^{\text{eff}}}{\partial \xi} = - \int_{\mathbf{x}} \frac{\delta S^{\text{eff}}}{\delta \phi(x)} \mathcal{C}(x) ,$$

use derivative expansion of functional

$$\mathcal{C}(x) = C(\phi) + D(\phi)(\partial_{\mu}\phi)^2 - \partial_{\mu}(\tilde{D}(\phi)\partial_{\mu}\phi) + \mathcal{O}(\partial^4)$$

results in Nielsen identities

$$\xi \frac{\partial}{\partial \xi} V^{\text{eff}} = -C \frac{\partial}{\partial \phi} V^{\text{eff}} , \quad (1)$$

$$\xi \frac{\partial}{\partial \xi} Z = -C \frac{\partial}{\partial \phi} Z - 2Z \frac{\partial}{\partial \phi} C - D \frac{\partial}{\partial \phi} V^{\text{eff}} - \tilde{D} \frac{\partial^2}{\partial \phi^2} V^{\text{eff}} . \quad (2)$$

Identity (1): **EWSB is gauge invariant.**

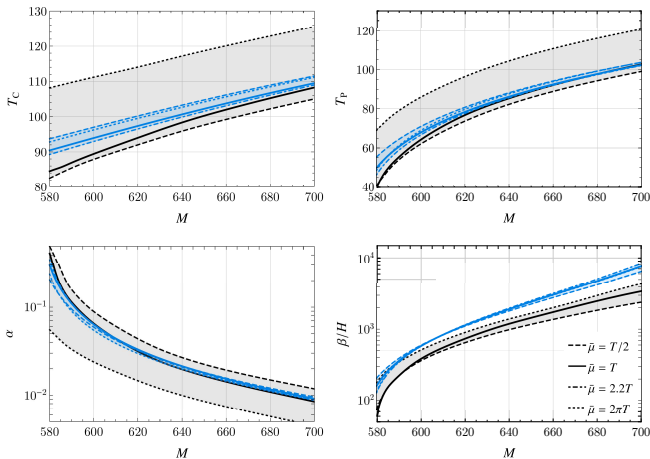
²⁶ N. Nielsen, *On the gauge dependence of spontaneous symmetry breaking in gauge theories*, Nucl. Phys. B **101** (1975) 173

Increasing accuracy to $\mathcal{O}(g^4)$: SMEFT

Also include dim-6 operator in full SM \rightarrow “SMEFT”

$$\mathcal{L}_{\text{SMEFT}} = \mathcal{L}_{\text{SM}} + \frac{1}{M^2}(\phi^\dagger\phi)^3$$

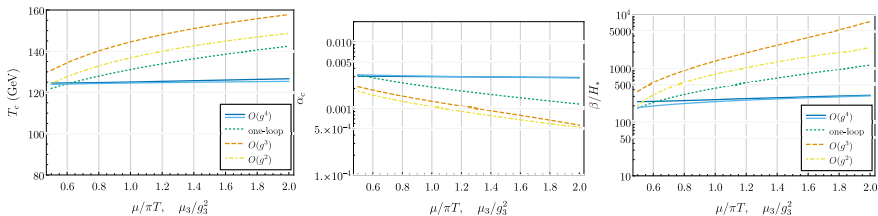
Dependence on $\bar{\mu}$ in the 3d approach and the 4d approach



Increasing accuracy to $\mathcal{O}(g^4)$: xSM

Augment SM with real singlet scalar²⁷ at

$$\text{BM1} : \{M_\sigma, \lambda_m, \lambda_\sigma\} = \{160 \text{ GeV}, 1.1, 0.45\}$$



²⁷ O. Gould and T. V. I. Tenkanen, *On the perturbative expansion at high temperature and implications for cosmological phase transitions*, JHEP **06** (2021) 069 [2104.04399], P. M. Schicho, T. V. I. Tenkanen, and J. Österman, *Robust approach to thermal resummation: Standard Model meets a singlet*, JHEP **06** (2021) 130 [2102.11145], L. Niemi, P. Schicho, and T. V. I. Tenkanen, *Singlet-assisted electroweak phase transition at two loops*, Phys. Rev. D **103** (2021) 115035 [2103.07467]

