Reheating, Matter, Dark Matter – All You Need is Neutrino Decays.



Kai Schmitz Deutsches Elektronen-Synchrotron

DESY, Hamburg, Germany

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- Reheating through heavy neutrino decays
- Leptogenesis and gravitino dark matter

2 Scenario

- B-L breaking during false vacuum decay
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- Summary and conclusion

Origin of the hot phase of the early universe?

Idea

Epoch dominated by energy in radiation:

- Evidence: CMB ($T \simeq 0.25 \,\mathrm{eV}$) and BBN ($T \simeq 1 \,\mathrm{MeV}$).
- Paradigm: Preceded by inflation (vacuum domination).
- Transition? Reheating mechanism and T_{RH} unknown.



Definition
$$T_{\text{RH}}$$
: $H(T =: T_{\text{RH}}) = \Gamma_X \Rightarrow T_{\text{RH}} \simeq 0.2 \sqrt{\Gamma_X M_P}$.

 Γ_X free parameter!

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$$m_{\nu} = -m_D \frac{1}{M} m_D^T$$



Type I seesaw:

Add heavy Majorana neutrinos *N_i* to the SM.

Our idea: Entropy from heavy neutrino decays

- Assume dominant $N_1 + \tilde{N}_1$ abundance after inflation.
- At tree-level $\Gamma_{N_1} = \frac{\widetilde{m}_1}{4\pi} (M_1/v_{\text{EW}})^2$, $\widetilde{m}_1 := (m_{\scriptscriptstyle D}^{\dagger} m_{\scriptscriptstyle D})_{11}/M_1$.
- $T_{\rm RH} = T_{\rm RH} \left(\widetilde{m}_1, M_1 \right) \sim 10^{9 \div 10} \, {\rm GeV}$ for typical $\widetilde{m}_1 \& M_1$.
- Baryon asymmetry & dark matter are natural by-products.

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Consistent cosmology and non-trivial parameter relations!

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All You Need is Neutrino Decays

Idea

Baryon asymmetry and dark matter

[Fukugita & Yanagida '86] [Buchmüller et al. '05] [Bolz et al. '01] [Steffen & Pradler '07]

Baryogenesis through leptogenesis:

- $\eta_{\scriptscriptstyle B} := n_{\scriptscriptstyle B}/n_{\scriptscriptstyle \gamma} \simeq 6 \times 10^{-10} \gg \eta_{\scriptscriptstyle B}^{\rm sym} \simeq 10^{-18}$.
- SM sphalerons convert *L* into *B* asymmetry (c_{sph}).
- Seesaw & neutrino data: $M_1 \sim T_L \sim 10^{9 \div 10} \, \mathrm{GeV}$.
- Hierarchical masses M_i lead to $\eta_B = \eta_B(\widetilde{m}_1, M_1)$.



CP-violating out-of-equilibrium neutrino decays

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CP-violating out-of-equilibrium neutrino decays

Thermal prod. of gravitinos in SQCD:

- Do not spoil BBN or overclose the universe.
- DM for free if gravitino is heavy stable LSP.
- $\Omega_{\widetilde{G}}h^2(T_{\mathrm{RH}}, m_{\widetilde{G}}, m_{\widetilde{g}}) \simeq 0.11 \simeq \Omega_{\mathrm{DM}}h^2.$



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CP-violating out-of-equilibrium neutrino decays

Connect the two sectors!

 $\Omega_{\widetilde{G}}h^{2}\left(\widetilde{m}_{1},M_{1},m_{\widetilde{G}},m_{\widetilde{g}}\right)=\Omega_{\mathrm{DM}}h^{2}$

- Keep m_g fixed & solve for M₁.
- $\blacktriangleright M_1, T_{\mathrm{RH}}, \eta_{\scriptscriptstyle B} = f(\widetilde{m}_1, m_{\widetilde{G}}).$
- Impose $\eta_{\scriptscriptstyle B}(\widetilde{m}_1,m_{\widetilde{G}}) \geq \eta_{\scriptscriptstyle B}^{\scriptscriptstyle obs}.$
- Mutual bounds $\widetilde{m}_1 \leftrightarrow m_{\widetilde{G}}$.

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Generating a dominant nonthermal $N_1 + \tilde{N}_1$ abundance

SSB of $U(1)_{B-L}$ at v_{B-L} by gauge singlet σ :

Seesaw: $\frac{1}{2}M_i \left(\overline{n_{Ri}^c}n_{Ri} + h.c.\right)$ violates lepton number *L*.

► Interpretation:
$$\frac{1}{2} h_i^{(n)} \left(\overline{n_{R_i}^c} n_{R_i} \frac{\sigma}{\sqrt{2}} + \text{h.c.} \right), \sigma \to \sqrt{2} v_{B-L} + \sigma.$$

- σ be the field coupling to the inflaton ϕ in hybrid inflation.
- False vacuum decay breaks B L and ends inflation.

Hybrid inflation = Chaotic inflation + SSB



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Tachyonic preheating: [Felder et al. '01] [García-Bellido & Ruiz Morales '02]

- Instability for \u03c6 < \u03c6_{crit} causes explosive spinodal growth of long-wavelength Higgs modes: Waterfall transition!
- ► False vacuum energy density \rightarrow Nonrelativistic σ bosons, DOFs coupled to σ : Gauge, inflation & neutrino multiplets.

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Assume $2M_1 \ll m_{\sigma} \lesssim 2M_{2.3}$ s.t. σ decays exclusively into N_1 and \tilde{N}_1 after SSB.

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Particle production during tachyonic preheating



Decay of the gauge degrees of freedom



Decay of N_2 , \tilde{N}_2 , N_3 , \tilde{N}_3 , σ , τ , ψ and ϕ



Decay of nonthermal neutrinos



Production and decay of thermal neutrinos



Production and decay of thermal neutrinos



Math: Boltzmann equations, coupled system of non-linear first-order PDEs.

Solve for phase space distr. funcs. & number densities in an expanding FLRW background.

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All You Need is Neutrino Decays

Comoving number densities



Reheating temperature and baryon asymmetry

 $M_1(v_{B-L}, \widetilde{m}_1, m_{\widetilde{G}}, m_{\widetilde{g}})$ s. t. $\Omega_{\widetilde{G}}h^2 = 0.11$



 $T_{\rm RH}(\tilde{m}_1, M_1)$ [GeV]

 $\eta_{\scriptscriptstyle B}(v_{\scriptscriptstyle B-L},\widetilde{m}_1,M_1)=\eta_{\scriptscriptstyle B}^{\scriptscriptstyle S}+\eta_{\scriptscriptstyle B}^{\scriptscriptstyle T}>\eta_{\scriptscriptstyle B}^{\scriptscriptstyle {
m obs}}$

- Results of nonsupersymmtric study (arXiv:1104.2750 [hep-ph]).
- Inclusion of full particle spectrum is work in progress.
- Publication soon, qualitative findings remain unchanged.

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$\eta_{\scriptscriptstyle B}(v_{\scriptscriptstyle B-L},\widetilde{m}_1,M_1)=\eta_{\scriptscriptstyle B}^{\scriptscriptstyle S}+\eta_{\scriptscriptstyle B}^{\scriptscriptstyle T}>\eta_{\scriptscriptstyle B}^{\scriptscriptstyle m obs}$

Appreciate: Thermal bounds significantly alleviated!



 $= 1.0 \times 10^{15} \text{ GeV}$

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 $\eta_{B}(v_{B-L}, \widetilde{m}_{1}, M_{1}(v_{B-L}, \widetilde{m}_{1}, m_{\widetilde{G}}, m_{\widetilde{a}})) > \eta_{B}^{obs}$

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 10^{0}

Analysis

Study of the parameter space

Connection between SUGRA and neutrino parameters





- $T_{\rm RH}$ bound lowered: $\gtrsim 10^9 \, {\rm GeV} \rightarrow \gtrsim 10^8 \, {\rm GeV}$.

A common origin of entropy, matter and dark matter

Idea: Neutrino decays produce all entropy of the hot early universe.

- Reheating temperature $T_{\rm RH}$ determined by neutrino lifetime $\Gamma_{N_1}(\tilde{m}_1, M_1)$.
- ▶ BAU through leptogenesis and gravitino DM follow naturally + interrelated.

Scenario: Dominant nonth. N₁ abundance after false vacuum decay.

- Hybrid inflation ends in SSB of local $U(1)_{B-L}$ and tachyonic preheating.
- ▶ Vacuum energy density \rightarrow Higgs bosons of B L breaking $\rightarrow N_1$ neutrinos.

Analysis: Quantitative results after solving the Boltzmann equations.

- ► T_{RH} , η_B and $\Omega_{\widetilde{G}}h^2$ from Lagrangian parameters v_{B-L} , \widetilde{m}_1 , M_1 , $m_{\widetilde{G}}$ and $m_{\widetilde{g}}$.
- \widetilde{m}_1 constrains $m_{\widetilde{G}}$ and vice versa. Falsification: Measure $m_i \gtrsim 0.1 \,\mathrm{eV}$.
- Connection b/t collider searches, laboratory exps. and cosmological obs.

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Thank you for your attention!

Yukawa couplings

Superpotential for matter fields in SU(5) notation:

•
$$W_M = h_{ij}^{(u)} \mathbf{10}_i \mathbf{10}_j H_u + h_{ij}^{(d)} \mathbf{5}_i^* \mathbf{10}_j H_d + h_{ij}^{(v)} \mathbf{5}_i^* \mathbf{1}_j H_u + h_i^{(n)} \mathbf{1}_i \mathbf{1}_i S.$$

▶ Fermion irreps:
$$\mathbf{10}_i = (q_i, u_i^c, e_i^c)$$
; $\mathbf{5}_i^* = (d_i^c, \ell_i)$; $\mathbf{1}_i = (n_i)$; $N_i := n_i + n_i^c$.

Froggatt-Nielson $U(1)_{\rm FN}$ flavor symmetry: [Buchmüller & Yanagida '99]

- Yukawa terms are generated from non-renorm. $U(1)_{\text{FN}}$ -inv. higher-dim. operators: $h_{ij} \sim \eta^{c_i + c_j}$; $\eta := v_{\text{FN}} / \Lambda \simeq 1 / \sqrt{300}$; $\Lambda > \Lambda_{\text{GUT}}$.
- FN parameter η and charges Q_i determined from quark and lepton mass hierarchies.

Specific example: a = 0.5, d = 1.5.

- Require $M_1 \ll M_{2,3} = m_s \Rightarrow b = c = d 1 = 0.5$.
- $v_{B-L} \sim 6 \times 10^{13} \,\text{GeV}$; $M_1 \sim 10^{10} \,\text{Gev}$; $M_{2,3} = m_S \sim v_{B-L}$.

Boltzmann equations

(<i>S</i>)	$\hat{\mathcal{L}}f_{\mathcal{S}}(t,p)$	=	$-rac{m_{S}}{E_{S}}\Gamma_{S}^{0}f_{S}\left(t, ho ight)$
(N_1^S)	$\hat{\mathcal{L}}f^{s}_{N_{1}}\left(t,p\right)$	=	$-\frac{M_{1}}{E_{N_{1}}}\Gamma_{N_{1}}^{0}f_{N_{1}}^{S}(t,p)+2\times\frac{\pi^{2}\Gamma_{S}^{0}N_{S}}{a^{3}E_{N_{1}}^{2}}\frac{\delta(E_{N_{1}}-m_{S}/2)}{\sqrt{1-(2M_{1}/m_{S})^{2}}}$
$\left(N_{1}^{T}\right)$	$aHrac{d}{da}N_{N_1}^T$	=	$-\Gamma_{N_{1}}^{T}\left(N_{N_{1}}^{T}-N_{N_{1}}^{eq}\right)$
(B-L)	aH ^d da N _{B-L}	=	$\epsilon_1 \Gamma^{S}_{N_1} N^{S}_{N_1} + \epsilon_1 \Gamma^{T}_{N_1} \left(N^{T}_{N_1} - N^{\rm eq}_{N_1} \right) - \frac{N^{\rm eq}_{N_1}}{2N^{\rm eq}_{\ell}} \Gamma^{T}_{N_1} N_{B-L}$
$\left(\widetilde{G}\right)$	aH ^d da N _G	=	$\kappa_{\tilde{G}} \times a^3 \left(1 + \frac{m_{\tilde{g}}^2(T)}{3m_{\tilde{G}}^2}\right) \frac{54\zeta(3)g_{\tilde{s}}^2(T)}{\pi^2 M_p} T^6 \left[\ln\left(\frac{T^2}{m_{\tilde{g}}^2(T)}\right) + 0.8846\right]$
(<i>R</i>)	aH ^d da N _R	=	$r_{R}^{S} \Gamma_{N_{1}}^{S} N_{N_{1}}^{S} + r_{R}^{T} \Gamma_{N_{1}}^{T} \left(N_{N_{1}}^{T} - N_{N_{1}}^{eq} \right)$
with $\hat{\mathcal{L}} =$	$rac{\partial}{\partial t} - Hprac{\partial}{\partial p}$,	$\Gamma_{N_1}^{S/2}$	$r = \left\langle \frac{M_1}{E_{N_1}} \right\rangle_{S/T} \Gamma_{N_1}^0$, $\kappa_{\widetilde{G}} \sim \mathcal{O}(1)$ and $r_R^{S/T} = \frac{3\rho_{N_1}^{S/T} n_R}{4n_{N_L}^{S/T} \rho_R}$.

Coupled system of non-linear first-order partial differential eqns. Solve for phase space distr. funcs. & number densities in an expanding FLRW background.

All You Need is Neutrino Decays

Rescaling the gravitino mass for $m_{\tilde{g}} \neq 800 \, \text{GeV}$



Solve $\Omega_{\widetilde{G}}h^2(T_{\mathrm{RH}}, m_{\widetilde{G}}^0, 800\,\mathrm{GeV}) = \Omega_{\widetilde{G}}h^2(T_{\mathrm{RH}}, m_{\widetilde{G}}, m_{\widetilde{g}}).$

Quadratic eq. for m_{G̃} (m_{g̃}, m_{G̃}⁰) w/ two solutions m_{G̃}[±].

For
$$m_{\tilde{G}}^0 \ll m_{\tilde{g}}$$
: $m_{\tilde{G}} = m_{\tilde{G}}^0 (m_{\tilde{g}}/800 \, {\rm GeV})^2$.

 $T_{\rm RH}$ and $\eta_{\rm B}$ unaffected as long as $v_{\rm B-L}$, \tilde{m}_1 and M_1 are kept constant. Appendix

Connection between SUGRA and neutrino parameters





- ▶ $T_{\rm RH}$ bound lowered: $\gtrsim 10^9 \, {\rm GeV} \rightarrow \gtrsim 10^7 \, {\rm GeV}$.
- *m*₁ and *m_{g̃}* mutually constrain each other.

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