Hierarchies from landscape probability gradients and critical boundaries

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arxiv:2311.10139

DESY Jan 2024

Plan

- "Dynamical" solutions to hierarchy problems
- Probability gradients and critical boundaries
- Volume weighed probabilities
- Local probabilities

Gauge Hierarchy problem:

$$\delta m_h^2 \propto \Lambda^2 \leftarrow rac{\mathrm{any \ phy}}{\mathrm{interact}}$$

e.g.
$$\frac{m_P^2}{m_h^2} \sim 10^{34}$$

Single vacuum* approaches:

$$\delta m_h^2 = 0 \Lambda^2 + \mathcal{O}(100 GeV)$$

supersymmetry
compositeness
extra dimensions

$$m_h^2 \subset (-\Lambda^2, \Lambda^2)$$

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Preview of the final mechanism

Scan both mH and CC. Why?

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Scan both mH and CC. Why?

$$\frac{m_P^4}{\Lambda_{cc}(obs)} \sim 10^{120}$$

- most straightforward approach to the smallness of CC is landscape + anthropics
- dynamics of the two landscapes generically interfere hence it is natural to consider them together

Preview of the final mechanism



 $P \propto \exp[-\#\phi] \times \exp[-\#\chi]$ $m_h^2 \propto \phi$ $\Lambda_{cc} \propto \phi + \chi$

Probability measures

What are the probabilities to observe different vacua?



 $\chi \propto$ some fundamental parameter, e.g. mH

Probability measures

What are the probabilities to observe different vacua?

1. standard volume-weighted measure

A. D. Linde, Phys. Lett. B 175, 395 (1986).

A. D. Linde, D. A. Linde, and A. Mezhlumian, Phys. Rev. D 49, 1783 (1994), gr-qc/9306035.

A. D. Linde and A. Mezhlumian, Phys. Lett. B 307, 25 (1993), gr-qc/9304015.

2. local measures

R. Bousso, Phys. Rev. Lett. 97, 191302 (2006), hep-th/0605263.

L. Susskind (2007), 0710.1129.

Y. Nomura, Astron. Rev. 7, 36 (2012), 1205.2675.

X

Probability to observe some type of vacuum (labeled e.g. by the Higgs mass)

overall volume of this vacuum at some proper time t

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*Youngness paradox: assumed to be solved by the stationary measure prescription

Probability gradients



$\dot{P}_i = -P_i \sum_{j \neq i} \Gamma_{i \to j} + \sum_{j \neq i} P_j \Gamma_{j \to i} + 3H_i P_i$

Probability gradients



Probability gradients



Highest "parent" minimum

$$\dot{P}_0 \simeq 3H_0P_0 \longrightarrow$$

stationary inflation:

$$P_0 = C_0 e^{3H_0 t}$$

Probability gradients



• Lower vacuum:

stationary inflation:

$$\dot{P}_1 \simeq 3H_1P_1 + P_0\Gamma_{0 \to 1} \longrightarrow$$

$$P_1 = C_1 e^{3H_0 t}$$

$$C_1 = \frac{\Gamma_{0 \to 1}}{3(H_0 - H_1)} C_0$$

Probability gradients



$$\dot{P}_i = -P_i \sum_{j \neq i} \Gamma_{i \to j} + \sum_{j \neq i} P_j \Gamma_{j \to i} + 3H_i P_i$$

Chain rule leads to

HM tunneling (|m|<H):

$$P_i = \left[\prod_{j=1}^i \frac{\Gamma_{\downarrow}}{3(H_0 - H_j)}\right] C_0 e^{3H_0 t}$$

$$\Gamma_{j \to i} \sim H_j \exp\left[-\frac{8\pi^2}{3} \frac{\Delta V_B}{H_j^4}\right]$$

Probability gradients





Chain rule leads to

$$P_i = \left[\prod_{j=1}^{i} \frac{\Gamma_{\downarrow}}{3(H_0 - H_j)}\right] C_0 e^{3H_0 t}$$

HM tunneling (|m|<H):

$$\Gamma_{j \to i} \sim H_j \exp\left[-\frac{8\pi^2}{3}\frac{\Delta V_B}{H_j^4}\right]$$

Stochastic approach



HM tunneling $\Gamma_{j \to i} \sim H_j \exp \left[-\frac{8\pi^2}{3} \frac{\Delta V_B}{H_j^4} \right]$

Stochastic approach



Stochastic approach



 $P(\chi_i) \to P(\chi)$

$$\dot{P} = \frac{\partial}{\partial\phi} \left(\frac{H^{3(1-\beta)}}{8\pi^2} \frac{\partial}{\partial\phi} (H^{3\beta}P) \right) + \frac{\partial}{\partial\phi} \left(\frac{V'}{3H}P \right) + 3HP$$

Stochastic approach



$$V = \Lambda + \frac{1}{2}m^2\phi^2$$

general solution:

$$P_{\nu} = \exp\left[-A\phi^{2}\right] \left\{ \mathbf{c}_{+}D_{\nu}\left[B\phi\right] + \mathbf{c}_{-}D_{\nu}\left[-B\phi\right] \right\}$$

eigenmodes of $\nu \propto -H_s^2 + \dots$



Matching



 $P_{\nu} = \exp\left[-A\phi^{2}\right] \left\{ \mathbf{c}_{+}D_{\nu}\left[B\phi\right] + \mathbf{c}_{-}D_{\nu}\left[-B\phi\right] \right\}$









We need to scan mH and introduce the boundaries

Higgs-VEV dependent critical boundary



$$V(\phi,h) = M_{\phi}^4 \cos \phi / F_{\phi} - \frac{c_1 M_{\phi}^2 h^2 \cos \phi / F_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{- c_2 M_{\phi}^2 h^2} + \frac{1}{4} \lambda_h h^4 + \frac{\mu_{\phi}^2 h^2 \cos \phi / f_{\phi}}{-$$

$$m_h^2 \simeq -2c_2 M_\phi^2 - 2c_1 M_\phi^2 \cos \phi / F_\phi$$





Armadillo



Armadillo



CC solution?



=
$$\Delta \Lambda_{cc\,\chi} \simeq M_\chi^4/N_\chi$$

has to be within

$$\Lambda_{cc(obs.)} \simeq 10^{-47} \text{GeV}^4$$
 (1)

CC solution?



In addition, $P(\chi)$ prefers less tunnelings, hence higher Λ , close to the upper anthropic bound $\sim 10^3 \Lambda_{cc(obs.)}$ \Rightarrow one needs a sufficiently mild grad $P(\chi)$ (2)

CC solution?



In addition, $P(\chi)$ prefers less tunnelings, hence higher Λ , close to the upper anthropic bound $\sim 10^3 \Lambda_{cc(obs.)}$ \Rightarrow one needs a sufficiently mild grad $P(\chi)$ (2)

We evade (1), (2) by assuming some additional finescanning sector.

Slow-roll inflation



We assume some slow-roll inflation in the background, responsible for eternal inflation at a scale *H_s*

Parameter space



Parameter space



Parameter space

• Hierarchical suppression over ϕ landscape requires

$$\Gamma_{\phi} \sim \exp\left[-\frac{8\pi^2}{3}\frac{\Delta V_B}{H^4}\right] \ll 1 \qquad \Longrightarrow \qquad H \lesssim \Delta V_B^{1/4} \sim \sqrt{\mu_{\phi} v_{\rm SM}} \lesssim \mathrm{Vsm}$$

I'm too restrictive here!

• Landscape energy contribution is subdominant in H_s

$$M_{\phi} \lesssim \sqrt{m_P H} \lesssim \sqrt{m_P V_{sm}}$$

Motivation

Extrapolation of black hole complementarity to inflationary space.

The physically meaningful description of the universe should be confined to a region of space accessible to some hypothetical observer.

R. Bousso, Phys. Rev. Lett. 97, 191302 (2006), hep-th/0605263.

L. Susskind (2007), 0710.1129.

Y. Nomura, Astron. Rev. 7, 36 (2012), 1205.2675.

What is P(vac)?

Time that a worldline spends (or number of times it enters) in a given vacuum on its way to AdS



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Time that a worldline spends (or number of times it enters) in a given vacuum on its way to AdS

$$\dot{P}_i = -P_i \sum_{j \neq i} \Gamma_{i \to j} + \sum_{j \neq i} P_j \Gamma_{j \to i}$$

Probability gradients



Probability gradients



1. Dominated by initial conditions

e.g. "quantum creation of the universe"

$$P(t=0) \propto \exp\left[-\frac{3}{8}\frac{m_P^4}{V(\chi)}\right] \propto \exp\left[\frac{8\pi^2}{3}\frac{V(\chi)}{H^4}\right]$$

A. D. Linde, Lett. Nuovo Cim. 39, 401 (1984).A. Vilenkin, Phys. Rev. D 30, 509 (1984).

Probability gradients



2. I.C. + Dynamics

$$P = \exp[\kappa t] P_{t=0}, \text{ with } \kappa_{ij} = \Gamma_{j \to i} - \delta_{ij} \sum_{k} \Gamma_{j \to k}$$

Probability gradients



2. I.C. + Dynamics

$$P_i \simeq \frac{1}{i!} (\kappa t)^i P_{t=0} \simeq \frac{1}{i!} (\Gamma_{\downarrow} t)^i$$

Probability gradients



3. Equilibrium independent of I.C. (if no sinks)

$$P_i \propto \exp\left[rac{3}{8}rac{m_P^4}{V(\chi_i)}
ight] \propto \exp\left[-rac{8\pi^2}{3}rac{V(\chi_i)}{H^4}
ight]$$

Probability gradients

3 regimes, end of slow-roll picks the time of sampling.

Regime 2 has no probability-vacuum energy degeneracy.

* Although the degeneracy can be broken e.g. by changing slope after inflation.

Parameter space:



(Other params similar to volume-weighted)

Parameter space:

Main bounds on Ne:

1) domain walls

2) requirement to erase V-dependent initial conditions

$$\frac{1}{n_{\phi}!} \left[\Gamma_{\phi\downarrow} t_R \right]^{n_{\phi}} > \exp\left[-\frac{8\pi^2}{3} \frac{V(0) - V(n_{\phi})}{H^4} \right]$$

Experimental tests

All the pheno associated with the relaxion. (although param. space is somewhat different)

Conclusions

Dynamical solution for the Higgs mass in the presence of the CC landscape.

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Predictions are uncertain, which doesn't mean that they are not physically significant.

Conclusions

Dynamical solution for the Higgs mass in the presence of the CC landscape.

When I told Rocky Kolb that I was going to be talking about eternal inflation, he said, "That's OK, we can talk about physics later." So that's the point I'd like to address here. A.Guth, 0002188

Predictions are uncertain, which doesn't mean that they are not physically significant.

Optimistically: one could infer the correct measure from probing the landscape structure.

back-up slides

"Youngness paradox"



eternal inflation driven by vacuum 1

"Youngness paradox"



"Stationary measure"



A. D. Linde, JCAP 06, 017 (2007), 0705.1160
A. D. Linde, V. Vanchurin, and S. Winitzki, JCAP 01, 031 (2009), 0812.0005

"Stationary measure"

gist: P are compared at the time of reaching stationarity

A. D. Linde, JCAP 06, 017 (2007), 0705.1160
A. D. Linde, V. Vanchurin, and S. Winitzki, JCAP 01, 031 (2009), 0812.0005

Similar approaches

V-weighted

assuming non-eternal

M. Geller, Y. Hochberg, and E. Kuflik, Phys. Rev. Lett. **122**, 191802 (2019), 1809.07338. C. Cheung and P. Saraswat (2018), 1811.12390.

G. F. Giudice, M. McCullough, and T. You, JHEP 10, 093 (2021), 2105.08617.

Stochastic approach

$$V = \Lambda + \frac{1}{2}m^2\phi^2 \quad \Rightarrow \quad P_{\nu} = \exp\left[-A\phi^2\right]\left\{\mathbf{c}_+ D_{\nu}\left[B\phi\right] + \mathbf{c}_- D_{\nu}\left[-B\phi\right]\right\}$$

$$\begin{split} A\phi^2 &= \frac{4\pi^2}{3} \frac{V(\phi) - V(0)}{H(0)^4}, \\ B\phi &= \left\{ 4\frac{4\pi^2}{3} \frac{|V(\phi) - V(0)|}{H(0)^4} \sqrt{1 - \frac{9}{\pi} \frac{H(0)^4}{m^2 m_P^2}} \right\}^{1/2} \operatorname{sign}[\phi] \\ \nu &= \frac{9(H(0)^2 - H_s^2) + m^2}{2|m^2|\sqrt{1 - \frac{9}{\pi} \frac{H(0)^4}{m^2 m_P^2}}} - \frac{1}{2}. \end{split}$$

asymptote:
$$D_{\nu}(x) \xrightarrow[x \to \infty]{} |x|^{\nu} e^{-x^2/4}$$

$$\xrightarrow[x \to -\infty]{} (-1)^{\nu} |x|^{\nu} e^{-x^2/4} + \frac{\sqrt{2\pi}}{\Gamma[-\nu]} |x|^{-\nu-1} e^{x^2/4}$$

Stochastic approach

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$$\begin{aligned} \mathsf{FPV:} \quad \dot{P}_{n_{\phi},n_{\chi}} &= \Gamma_{\downarrow\phi} P_{n_{\phi}-1,n_{\chi}} + \Gamma_{\downarrow\chi} P_{n_{\phi},n_{\chi}-1} + 3H_{n_{\phi},n_{\chi}} P_{n_{\phi},n_{\chi}} \\ \mathsf{factorization:} \quad P_{n_{\phi},n_{\chi}} &= \left[\prod_{i=1}^{n_{\phi}} \frac{\Gamma_{\downarrow\phi}}{3i\Delta H_{\phi}}\right] \left[\prod_{j=1}^{n_{\chi}} \frac{\Gamma_{\downarrow\chi}}{3j\Delta H_{\chi}}\right] C_{0} e^{3H_{s}t} \end{aligned}$$

anthropic line:

 $n_{\chi}|_{V^{(\text{today})}=0} = \frac{1}{2\pi} \frac{F_{\chi}}{f_{\chi}} \arccos\left(const - (M_{\phi}/M_{\chi})^4 \cos(2\pi n_{\phi}f_{\phi}/F_{\phi})\right) \simeq -\kappa n_{\phi} + const_{\chi}^2$

P on anthropic line:

$$P(\phi,\chi)|_{V=0} \propto \left(\frac{\Gamma_{\phi}}{3(n_{\phi}/e)\Delta H_{\phi}}\right)^{n_{\phi}} \left(\frac{\Gamma_{\chi}}{3(n_{\chi}/e)\Delta H_{\chi}}\right)^{n_{\chi}} \propto \left(\frac{e\Gamma_{\phi}}{3n_{\phi}\Delta H_{\phi}} \left(\frac{3n_{\chi}\Delta H_{\chi}}{e\Gamma_{\chi}}\right)^{\kappa}\right)^{n_{\phi}}$$

peaked at correct mh if:

$$\frac{e\Gamma_{\phi}}{3n_{\phi}\Delta H_{\phi}} \left(\frac{3n_{\chi}\Delta H_{\chi}}{e\Gamma_{\chi}}\right)^{\kappa} > 1 \quad \text{where} \quad \kappa = \frac{N_{\chi}}{N_{\phi}} \frac{M_{\phi}^4}{M_{\chi}^4} \frac{\sin\phi_0}{\sin\chi_0}, \quad N_{\phi} = \frac{F_{\phi}}{f_{\phi}}, \quad N_{\chi} = \frac{F_{\chi}}{f_{\chi}}$$