## QURS Days 2025



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## Key skills course: Your Role as a Young Leader (part 2)

Target Group: For up to 35 postdocs.

Your Benefit:

Reflect your leadership approach in this dynamic workshop! Gain insights to es-sential leadership skills tailored to your career in science. This intense and highly interactive workshop will give you the chance to reflect your current leadership ap-proach and provide you with important foundations of good leadership practice.

Goals

Learn about key principles, tasks and tools that are essential for good leadership
Understand the importance of vision, decision-making, feedback and conflictmanagement
Get hands-on advice for improving your own leadership behavior

Content

1.Understand what distinguishes good and bad leadership

2.Lead by providing an attractive vision

3.Learn to share clear expectations and to use the power of feedback

4.Develop your decision-making skills with real-life scenarios

5. Know how to handle conflicts professionally and constructively

6.Discuss your own cases and situations –and ask your questions

7.Enhance your public appearance with confident body language and clear communication

## Methods

Highly interactive workshop with trainer input, discussion of real cases, self-relfection, partner and small group work, cases from participants, small exercises, discussion in plenum. You will leave the workshop with clear ideas how to improve your own leader-ship effectively.

Join this transformative 4.5-hour session and gain practical tools to excel as a leader in your field. Enroll now and take your next steps toward leadership success.

Presenter: MAYER, Matthias

Session Classification: Key skills course I