Tales from the Stellar Graveyard: How Dead Stars Reveal New Physics

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SFB 1258 Messengers





Bessel 1844





Bessel 1844



Hubble 2019



Sirius B



Bessel 1844



Hubble 2019



Sirius B is a white dwarf

The Standard Model of particle physics where is the new physics?



 $\begin{aligned} \mathcal{I} &= -\frac{1}{4} F_{AV} F^{AV} \\ &+ i F \mathcal{D} \mathcal{V} + h.c. \\ &+ \mathcal{V}_{i} \mathcal{Y}_{ij} \mathcal{V}_{j} \mathcal{P} + h.c. \\ &+ |\mathcal{D}_{A} \mathcal{P}|^{2} - V(\mathcal{P}) \end{aligned}$ + nothing else?

Fundamental scales of Standard Model of particle physics







Large numbers are not the issue! One ratio is natural; the other is not.

$$\frac{G_F \hbar^2}{G_N c^2} = 1.738$$

$$\frac{m_{\rm proton}^{-2}}{G_N}\hbar c = 1.693$$

 $59(15) \times 10^{33}$

VS.

 3×10^{38}

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$$59(15) \times 10^{33} \approx \frac{M_{\rm Planck}^2}{M_{\rm W}^2}$$

VS.

 3×10^{38}



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Unnatural scale is the "mass scale of a relevant operator not protected by a symmetry."



Two relevant operators in the SM

Higgs mass

Cosmological $\int d^4 x$ **constant**

Neither is protected by symmetry in the SM.

$$\int d^4x \, \frac{\mu^2}{2} \, H^{\dagger}H$$

dim 2

$$c \sqrt{-g} \Lambda_{CC}$$

dim 4

see e.g. TASI lectures by Markus Luty



Two relevant operators in the SM

Higgs mass

constant

Cosmological $\int d^4x \sqrt{-g} \Lambda_{CC} \sim \int d^4x \sqrt{-g} \Lambda^4$

Neither is protected by symmetry in the SM.

 $\int d^4x \, \frac{\mu^2}{2} \, H^{\dagger}H \qquad \sim \int d^4x \, \Lambda^2 \, H^{\dagger}H$

dim 2

quantum correction

dim 4

quantum correction

see e.g. TASI lectures by Markus Luty



Two relevant operators in the SM



NATURALNESS, CHIRAL SYMMETRY, AND SPONTANEOUS CHIRAL SYMMETRY BREAKING

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ABSTRACT

A properly called "naturalness" is imposed on gauge theories. It is an order-of-magnitude restriction that must hold at all energy scales µ. To construct models with complete naturalness for

constant

Neither is protected by symmetry in the SM.



 $\sim \int d^4x \,\Lambda^2 \,H^{\dagger}H$

quantum correction

 $\sim \int d^4x \sqrt{-g} \Lambda^4$

dim 4

quantum correction

see e.g. TASI lectures by Markus Luty



Standard model as an effective field theory

The SM is not UV complete

irrelevant op. 1) Gravity requires a consistent UV completion $2 \sim \int d^4x \left(\frac{1}{2}\partial_\mu h\partial^\mu h - \frac{1}{M_{nl}}h^2\Box h + \dots\right)$ => talk by Hirosi Ooguri

$$S_{\rm EH} = -\frac{M_{pl}^2}{2} \int d^4x \sqrt{-g} R \, d^4x$$

2) We know we need to add more quantum fields to SM, given evidence on dark matter, inflation, and baryogenesis, ...





radiation

baryonic matter (luminous + gas)

Dark Matter

z = 0Today Dark not understood Energy

radiation

baryonic matter (luminous + gas)

Dark Matter

z = 0Today Dark not understood Energy

radiation

baryonic matter (luminous + gas)

Dark Matter

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not understood

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not understood

Is it a constant? Why so small?



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Dark Matter

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What is it?



not understood

Is it a constant? Why so small?



not understood

radiation

Dark

Matter

(luminous + gas)

Why is there more matter than antimatter?

not understood

What is it?



not understood

Is it a constant? Why so small?



Majorana or Dirac neutrinos? not understood

radiation

Dark

Matter

baryonic matter

(luminous + gas)

Why is there more matter than antimatter?

not understood

What is it?



What is the scale of new physics?

The energy frontier



The energy frontier Large Hadron collider



The energy frontier Large Hadron collider



future colliders



The energy frontier ? Large Hadron collider

could it be here?



future colliders



The energy frontier Large Hadron collider

could it be here?



future colliders

this should be a 2D plot



The energy intensity frontier



energy/mass

The energy intensity frontier



energy/mass

prime example: the **axion**

 $S = \int d^4x \left| -\frac{1}{4} G^{\mu\nu} G_{\mu\nu} - \frac{\theta}{4} G^{\mu\nu} \tilde{G}_{\mu\nu} + i\bar{\psi}D_{\mu}\gamma^{\mu}\psi + \bar{\psi}M\psi \right| \qquad \text{QCD} = \text{theory of strong}$ interactions

interactions



 $S = \int d^4x \left[-\frac{1}{4} G^{\mu\nu} G_{\mu\nu} - \frac{\theta}{4} G^{\mu\nu} \tilde{G}_{\mu\nu} + i\bar{\psi}D_{\mu}\gamma^{\mu}\psi + \bar{\psi}M\psi \right] \qquad \text{QCD} = \text{theory of strong}$ interactions

" ~ $\theta \vec{E} \cdot \vec{B}$ "

interactions



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" ~ $\theta \vec{E} \cdot \vec{B}$ "

CP = T $\vec{E} \rightarrow \vec{E}$ $\vec{R} \rightarrow -\vec{R}$ $\vec{E} \cdot \vec{B} \to -\vec{E} \cdot \vec{B}$

QCD = theory of strong interactions



 $S = \int d^4x \left[-\frac{1}{4} G^{\mu\nu} G_{\mu\nu} - \frac{\theta}{4} G^{\mu\nu} \tilde{G}_{\mu\nu} + i\bar{\psi} D_{\mu} \gamma^{\mu} \psi + \bar{\psi} M \psi \right]$

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CP = T $\vec{E} \rightarrow \vec{E}$ $\vec{R} \rightarrow -\vec{R}$ $\vec{E} \cdot \vec{B} \rightarrow -\vec{E} \cdot \vec{B}$

QCD = theory of strong interactions





The CP problem of the strong interactions

CP violation in the strong sector

$$\mathcal{L}_{ ext{QCD}} = \sum_{q} ar{q} \left(i oldsymbol{\mathcal{D}} - m_{q} oldsymbol{e}^{i heta_{q}}
ight) q - rac{1}{4} oldsymbol{e}$$

 $_{l}e^{i heta_{q}}ig)q-rac{1}{4}G^{\mu
u}_{a}G^{a}_{\mu
u}-rac{ heta}{8\pi}G^{\mu
u}_{a} ilde{G}^{a}_{\mu
u}$

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Predicts neutron EDM

 ${\cal L}_\chi \supset d_n ar n \sigma^{\mu
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The CP problem of the strong interactions

CP violation in the strong sector

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ight) q - rac{1}{4} oldsymbol{e}$$

Predicts neutron EDM

 $\vec{F} \rightarrow \vec{F}$

 $\vec{\varsigma} _ \vec{\varsigma}$

 $\vec{E}\cdot\vec{S} \to -\vec{E}\cdot\vec{S}$

 $\mathcal{L}_{\chi} \supset d_n \bar{n} \sigma^{\mu\nu} \gamma_5 n F_{\mu\nu} \sim d_n \vec{E} \cdot \vec{S}$



EDM violates T-invariance



No neutron EDM has been observed (so far)





 ${\cal L}_\chi \supset d_n ar n \sigma^{\mu
u} \gamma_5 n F_{\mu
u}$

$$pprox rac{e|ar{ heta}|m_{\pi}^2}{m_n^3} pprox 10^{-16} |ar{ heta}| e ~{
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m cm}$$

$$|ar{ heta}| \lesssim 10^{-10}$$
 Why so small ?



Compare to $\theta_{\rm CKM} \sim \mathcal{O}(1)$

Solution hinted within the problem

 $-\pi$



Solution hinted within the problem $V(\theta)$ Classical potential With QCD quantum corrections π (\mathbf{I}) $-\pi$ $\exp\left(-S_{\text{eff}}[\phi, A^{\mu}]\right) \exp\left(-i\frac{a}{32\pi^2}\int_x G^{\mu\nu}\tilde{G}_{\mu\nu}\right)\right|$ Vafa-Witten '84 $\exp\left(-S_{\text{eff}}[\phi, A^{\mu}]\right) \exp\left(-i\frac{a}{32\pi^2}\int_x G^{\mu\nu}\tilde{G}_{\mu\nu}\right)\right|$ $p\left(-S_{\text{eff}}[\phi, A^{\mu}]\right)$ V[0]



$$\exp\left(-\int_{x} V(a)\right) = \left|\int \mathcal{D}A_{\mu} \exp\left(-\int_{x} \mathcal{D}A_{\mu}\right)\right| \exp\left(\int \mathcal{D}A_{\mu} \exp\left(-\int_{x} V(a)\right)\right) \right|$$



Make θ -parameter dynamical: axion field



Make θ -parameter dynamical: axion field















QCD axion solution to strong CP

- Explicitly broken at the quantum level by QCD anomaly
- pNGB: the QCD axion a(x)

$$\mathcal{L} = \left(\frac{a}{f_a}\right)$$

Axion has an approximate shift-symmetry



$$\left(-\bar{\theta}\right)\frac{\alpha_s}{8\pi}G^a_{\mu\nu}\tilde{G}^{\mu\nu,a}$$

$$a \to a + \bar{\theta} f_a$$

The QCD axion is predictive



Why Axions?

The QCD axion is very predictive

UV



Couples to electrons, nucleons, photons, ...

$$\mathcal{L} \supset \frac{\partial_{\mu} a}{f_a} \bar{\psi}_i c_i \gamma^{\mu} \gamma_5 \psi_i, \quad i = e, p, n, \dots$$

Mostly determined by

 f_a

The DESY axion search program

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1 Introduction

Feebly Interacting Particles (FIPs) might offer the solution to (some of) the open questions beyond the Standard Models of particle physics and cosmology. At DESY in Hamburg, three non-accelerator-based experiments will search for FIPs as dark matter candidates (ALPS II, BabyIAXO) or constituting the dark matter in our home galaxy (MADMAX). Such experiments have to strive for sensitivities many orders beyond the reach of collider or beam-dump experiments. Among FIPs, the axion as motivated by the lack of any observed CP violation in Quantum Chromodynamics (QCD) [1, 2, 3, 4], is frequently being used as a benchmark to compare the sensitivities of experimental efforts. Axions result from a new global Peccei-Quinn symmetry U(1) that spontaneously breaks at the scale f_a . For the detection of axions, all three experiments rely on the axion-



Axion parameter space



https://github.com/cajohare/AxionLimits

axion mass

Presence of matter...

... modifies the axion potential—altering stellar behavior ... changes the couplings, affecting how physical

processes unfold

Axion properties are highly susceptible to matter effects

Potential changes with density *n*





2211.02661, 2307.14418, 2408.07740



Axion properties are highly susceptible to matter effects

Potential changes with density n



Hook, Huang '17, Balkin, Serra, Springmann, Stelzl, AW '22

2211.02661, 2307.14418, 2408.07740



Axion properties are highly susceptible to matter effects

Potential changes with density n



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2211.02661, 2307.14418, 2408.07740

 ϕ

 $\blacktriangleright \phi$

minimum becomes maximum at finite density!







Fermi pressure from electron gas



Mass radius curve for white dwarfs



Back of the envelope power of dimensional analysis (laziness as a virtue)

VS.

$$\begin{split} \phi^{\prime\prime} \bigg[1 - \frac{2GM}{r} \bigg] &+ \frac{2}{r} \phi^{\prime} \left[1 - \frac{GM}{r} - 2\pi G r^2 \left(\varepsilon - p \right) \right] = \frac{\partial V}{\partial \phi} + \rho \frac{\partial m_{\psi}^*(\phi)}{\partial \phi} \equiv U(\phi, \rho), \\ p^{\prime} &= -\frac{GM\varepsilon}{r^2} \bigg[1 + \frac{p}{\varepsilon} \bigg] \left[1 - \frac{2GM}{r} \bigg]^{-1} \bigg[1 + \frac{4\pi r^3}{M} \left(p + \frac{(\phi^{\prime})^2}{2} \left\{ 1 - \frac{2GM}{r} \right\} \right) \bigg] - \phi^{\prime} U(\phi, \rho), \\ M^{\prime} &= 4\pi r^2 \bigg[\varepsilon + \frac{1}{2} \left(1 - \frac{2GM}{r} \right) \left(\phi^{\prime} \right)^2 \bigg]. \end{split}$$

White dwarfs simplified

White dwarfs simplified

White dwarfs simplified

$$\frac{N^2 m_N^2}{I_{\text{planck}}^2 R_{WD}}$$

$$M_{\text{WD}} \sim (\text{few}) 10^{30} \text{ kg} \sim M$$

$$R_{\text{WD}} \sim (\text{few}) 10000 \text{ km}$$

Mass of the sun at the size of the earth.

electron mass	$m_e = 0.51099$
Planck scale	$M_{\mathrm{Planck}} \approx 10^{19} \mathrm{G}$
nucleon mass	$M_N \approx 1 \mathrm{GeV}$

Stellar Structure

Star: pressure balance between gravity and internal pressure

• Hydrostatic equilibrium equation:

$$\frac{\mathrm{d}p}{\mathrm{d}r} = -\frac{GM\varepsilon}{r^2}$$

• Mass conservation:

$$\frac{\mathrm{d}M}{\mathrm{d}r} = 4\pi r^2 \varepsilon$$

Simple Relation between p and ε : Equation of State (EOS) $p(\varepsilon)$

White Dwarfs: $p_{int} = p_{Fermi}$

Hydrostatic equilibrium equation (include GR effects):

$$p' = -\frac{GM\varepsilon}{r^2} \left[1 + \frac{p}{\varepsilon} \right] \left[1 - \frac{2GM}{r} \right]^{-1} \left[1 - \frac$$

• Mass conservation:

$$M' = 4\pi r^2 \varepsilon$$

• Scalar EOM:

$$\phi'' \left[1 - \frac{2GM}{r} \right] + \frac{2}{r} \phi' \left[1 - \frac{GM}{r} - 2\pi C \right]$$

 $+\frac{4\pi r^3}{M}p$

Oppenheimer

Volkoff

 $Gr^2\left(\varepsilon-p\right) = \frac{\partial V}{\partial \phi}$

Tolman

• Hydrostatic equilibrium equation (include GR effects):

$$p' = -\frac{GM\varepsilon}{r^2} \left[1 + \frac{p}{\varepsilon} \right] \left[1 - \frac{2GM}{r} \right]^{-1} \left[1 + \frac{4\pi r^3}{M} p \right]$$

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$$\phi'' \left[1 - \frac{2GM}{r} \right] + \frac{2}{r} \phi' \left[1 - \frac{GM}{r} - 2\pi Gr^2 \left(\varepsilon - p \right) \right] = \frac{\partial V}{\partial \phi}$$

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include BSM scalar in TOV equation

• Hydrostatic equilibrium equation (include GR effects):

$$p' = -\frac{GM\varepsilon}{r^2} \left[1 + \frac{p}{\varepsilon} \right] \left[1 - \frac{2GM}{r} \right]^{-1} \left[1 + \frac{4\pi r^3}{M} \left(p + \frac{(\phi')^2}{2} \left\{ 1 - \frac{2GM}{r} \right\} \right) \right] - \phi' U(\phi')^2 \left\{ 1 - \frac{2GM}{r} \right\} \right]$$

• Mass conservation:

$$M' = 4\pi r^2 \left[\varepsilon + \frac{1}{2} \left(1 - \frac{2GM}{r} \right) (\phi')^2 \right]$$

• Scalar EOM:

$$\phi'' \left[1 - \frac{2GM}{r} \right] + \frac{2}{r} \phi' \left[1 - \frac{GM}{r} - 2\pi G r^2 \left(\varepsilon - p \right) \right] = \frac{\partial V}{\partial \phi} + n \frac{\partial m_{\psi}(\phi)}{\partial \phi} \equiv U(\phi, \rho)$$

Changed EOS: $\varepsilon = \varepsilon_m(n, m_{\psi}(\phi)) + V(\phi)$
 $p = p_m(n, m_{\psi}(\phi)) - V(\phi)$

[Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661] [Balkin, Serra, Springmann, Stelzl, Weiler, 2307.14418]

Switch on the coupling: $m_{\psi} \to m_{\psi}(\phi)$

 m_{ψ} : proton/neutron mass



[Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661] [Balkin, Serra, Springmann, Stelzl, Weiler, 2307.14418]

$$E = (\nabla \phi)^{2} + V(\phi)$$

$$\lambda_{\phi} \sim \frac{1}{m_{\phi}(\rho)}$$
s if $\lambda_{\phi} \ll R_{\text{Star}}$

$$n \frac{\partial m_{\psi}(\phi)}{\partial \phi} \equiv U(\phi, \rho)$$



• Hydrostatic equilibrium equation (include GR effects):

$$p' = -\frac{GM\varepsilon}{r^2} \left[1 + \frac{p}{\varepsilon} \right] \left[1 - \frac{2GM}{r} \right]^{-1} \left[1 + \frac{4\pi r^3}{M} \left(p + \frac{(\phi')^2}{2} \left\{ 1 - \frac{2GM}{r} \right\} \right) \right] - \phi' U(\phi')^2 \left\{ 1 - \frac{2GM}{r} \right\} \right]$$

• Mass conservation:

$$M' = 4\pi r^2 \left[\varepsilon + \frac{1}{2} \left(1 - \frac{2GM}{r} \right) (\phi')^2 \right]$$

• Scalar EOM:

$$\phi'' \left[1 - \frac{2GM}{r} \right] + \frac{2}{r} \phi' \left[1 - \frac{GM}{r} - 2\pi Gr^2 \left(\varepsilon - p \right) \right] = \frac{\partial V}{\partial \phi} + n \frac{\partial m_{\psi}(\phi)}{\partial \phi} \equiv U(\phi, \rho)$$

• Changed EOS: $\varepsilon = \varepsilon_m(n, m_\psi(\phi)) + V(\phi)$ $p = p_m(n, m_{\psi}(\phi)) - V(\phi)$ [Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661] [Balkin, Serra, Springmann, Stelzl, Weiler, 2307.14418]

Neglect Gradient in large objects: Drop ϕ', ϕ''





• Hydrostatic equilibrium equation (include GR effects):

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Neglect Gradient : Drop ϕ', ϕ''

$$\left[\frac{\partial V}{\partial \phi} + n \frac{\partial m_{\psi}(\phi)}{\partial \phi} \right] \equiv U(\phi, \rho)$$





Hydrostatic equilibrium equation (include GR effects):

$$p' = -\frac{GM\varepsilon}{r^2} \left[1 + \frac{p}{\varepsilon} \right] \left[1 - \frac{2GM}{r} \right]^{-1} \left[1 - \frac{2GM}{r} \right]^{-1} \left[\frac{1}{r} \right]^{-1} \left$$

• Mass conservation:

$$M' = 4\pi r^2 \varepsilon$$

• Scalar EOM:

$$0 = \frac{\partial V}{\partial \phi} + n \frac{\partial m_{\psi}(\phi)}{\partial \phi} = \frac{\partial V_{\text{eff}}}{\partial \phi}$$

• Changed EOS: $\varepsilon = \varepsilon_m(n, m_\psi(\phi)) + V(\phi)$ $p = p_m(n, m_{\psi}(\phi)) - V(\phi)$

 $\left[1 + \frac{4\pi r^3}{M}p\right]$

[Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661] [Balkin, Serra, Springmann, Stelzl, Weiler, 2307.14418]

$$m_N(a) = m_N \left(1 - \frac{\sigma_N}{m_N} \cos\left(\frac{a}{f_a}\right) \right)$$
$$m_{\psi}(\phi) = m_{\psi} \left(1 - \frac{d_{m_{\psi}}^{(2)}}{2M_p} \phi^2 \right)$$



Example: Light QCD axion

 $\mathcal{L} \supset -V(a) - \sigma_N \bar{N} N \left(\cos \left(\frac{a}{f_a} \right) - 1 \right)$

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$$\mathcal{L} \supset -V(a) - \sigma_N \bar{N} N \left(\cos\left(\frac{a}{f_a}\right) - 1 \right)$$

$$\bar{N} N \rightarrow \langle \bar{N} N \rangle \approx n$$

$$\mathcal{L} \supset -V(a) - \sigma_N n \left(\cos\left(\frac{a}{f_a}\right) - 1 \right) =$$

 $= -V_{\text{eff}}(a)$

Example: Light QCD axion

$$\mathcal{L} \supset -V(a) - \sigma_N \bar{N} N \left(\cos\left(\frac{a}{f_a}\right) - 1 \right)$$

$$\bar{N} N \rightarrow \langle \bar{N}N \rangle \approx n$$

$$\mathcal{L} \supset -V(a) - \sigma_N n \left(\cos\left(\frac{a}{f_a}\right) - 1 \right) =$$

Combine with axion/scalar "bare" mass:

$$V_{\text{eff}} = V(\phi) + \varepsilon_m(n, m_\psi(\phi)) \approx$$

= 1 for qcd axion, $= -V_{\text{eff}}(a)$ << 1 for "light" axion $\left(\varepsilon m_{\pi}^2 f_{\pi}^2 - \sigma_N n\right) \left(\cos\left(\frac{a}{f_a}\right) - 1\right)$



$$\left(\varepsilon m_{\pi}^2 f_{\pi}^2 - \sigma_N n\right) \left(\cos\left(\frac{a}{f_a}\right) - 1\right)$$



[Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661] [Balkin, Serra, Springmann, Stelzl, Weiler, 2307.14418]

Phase structure best understood by looking at energy per particle



 \mathcal{E} \overline{n}

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Phase structure best understood by looking at energy per particle



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New Ground State (NGS):

lowest
$$\frac{\varepsilon}{n}$$
 at n_*

 \implies ground state of matter

$$n < n_c$$
 : metastable

Phase structure best understood by looking at energy per particle



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New Ground State (NGS):

lowest
$$\frac{\varepsilon}{n}$$
 at n_*

 \implies ground state of matter

$$n < n_c$$
 : metastable

First Order Phase Transition:

lowest
$$\frac{\varepsilon}{n}$$
 at $n=0$

 \implies jump in density as field becomes sourced



Constraints from White Dwarf Mass Radius Relationship



Observing New Ground States

SM: continuous prediction



[Balkin, Serra, Springmann, Stelzl, Weiler, 2211.02661]

SM





Observing New Ground States

SM: continuous prediction

With NGS: two branches:

- $\phi = 0$: metastable
- $\phi \neq 0$: stable
- \implies gap in radius









Observing New Ground States







 \implies exclusion









Axion parameter space



https://github.com/cajohare/AxionLimits



beyond axion-like theories

VS.

 $\mathcal{L}_{\text{int}} = \frac{d_{m_e}^{(2)}}{2M_n^2} m_e \phi^2 \bar{\psi}_e \psi_e$

scalar-electron coupling

[Bartnick, Springmann, Stelzl, Weiler: To appear]







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 $\mathcal{L}_{\rm int} \approx \frac{d_{m_N}^{(2)}}{2M_n^2} m_N \phi^2 \bar{\psi}_N \psi_N$

scalar-nucleon coupling



Observing New Ground States (general couplings)





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$$\mathcal{L}_{\rm int} \approx \frac{d_{m_N}^{(2)}}{2M_p^2} m_N \phi^2 \bar{\psi}_N \psi_N$$

 $g = 0.3, c = 10^{-8}$





Powerful probe: stronger than lab-based



atomic and nuclear clock bounds are much weaker (& only work if scalar is significant fraction of DM) [Bartnick, Springmann, Stelzl, Weiler: To appear]

work in collaboration with: Reuven Balkin (TUM->UC Santa Cruz),



Kai Bartnick (Oxford-> TUM),

Conclusions

- Is the Standard Model completion natural? What is it?
- How do we go beyond? energy? intensity? precision?
- Dead stars are precision laboratories for probing new physics beyond the Standard Model.
- Neutron stars are less precise but probe higher scales (I didn't have time to talk about them.)
- Density effects dramatically reshape both stellar structure and particle emission processes. Much more to do.