

Bubble wall dynamics from nonequilibrium QFT

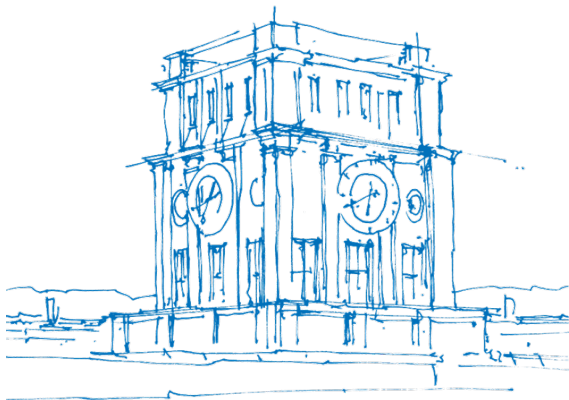
Based on 2504.13725

with W.Ai, B.Garbrecht, C.Tamarit, M.Vanvlasselaer

Matthias Carosi

Theoretical Physics of the Early Universe
TUM School of Natural Sciences
Technical University of Munich

DESY Theory Workshop
24/09/2025



TUM Uhrenturm

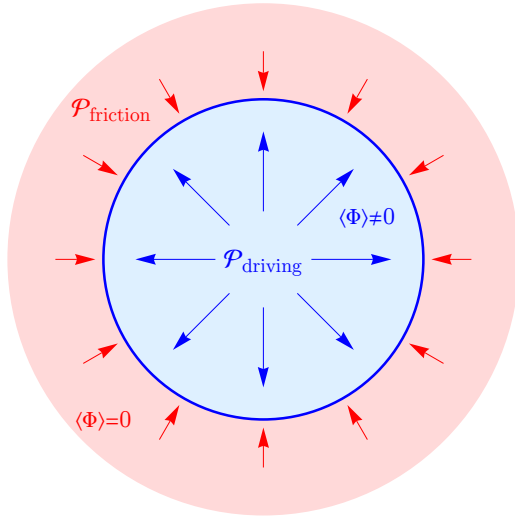
Outline

- 1 The dynamics of a single bubble
 - Evolution of the single bubble
 - Kinetic vs. kick pictures
- 2 The language of nonequilibrium QFT: CTP and 2PI
- 3 Friction from pair production
- 4 Conclusions and outlook

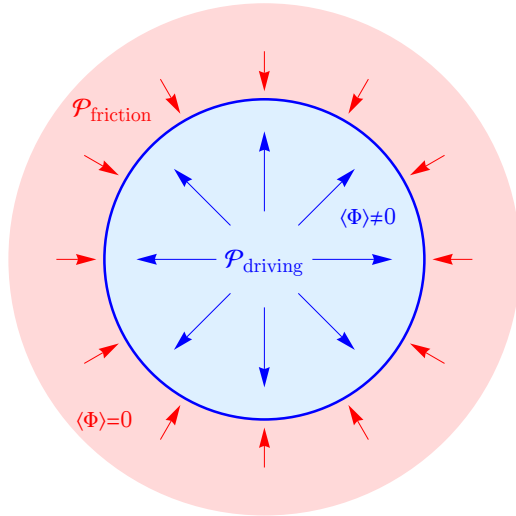
Evolution of the single bubble



Evolution of the single bubble



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When the two pressures balance

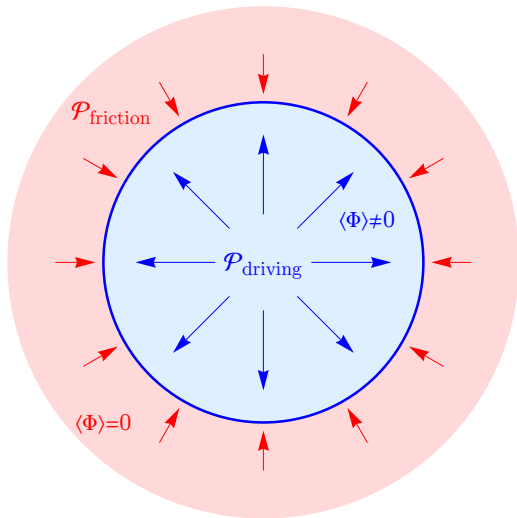
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the system reaches a *steady state*

\implies terminal wall velocity

$$\equiv v_w$$

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Goal: identify v_w from the steady state condition.

Current status

Two main approaches exist for studying the dynamics of a single bubble

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Kinetic picture

[Moore and Propokopec '95]

Set of dynamical equations

$$\begin{cases} \square\varphi + V'(\varphi) + \sum_i \frac{dm_i^2}{d\varphi} \int_{\mathbf{p}} f_i(\mathbf{p}, x) = 0 \\ \frac{df_i}{dt} = -\mathcal{C}[f, \varphi] \end{cases}$$

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[Dine et al. '92, Bodeker and Moore '09, '17]

Pressure from the flux of particles

$$\mathcal{P}_{\text{kick}} = \sum_{i,X} \int_{\mathbf{p}} 2p^z d\mathbb{P}_{i \rightarrow X}(\mathbf{p}) f_i(\mathbf{p}) \Delta p_{i \rightarrow X}^z$$

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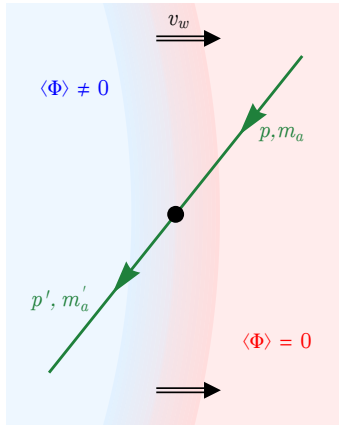
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Why would we care about processes which are higher order in the couplings?

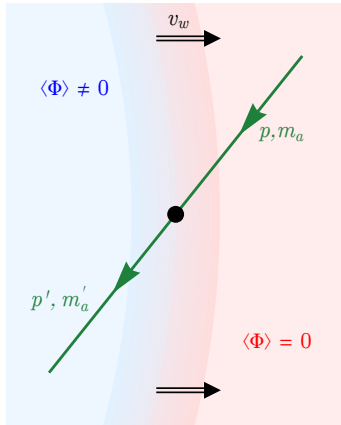
(some) Sources of friction in the kick picture



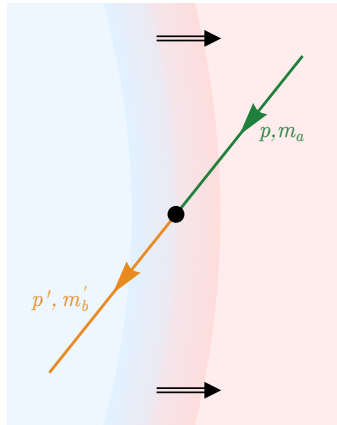
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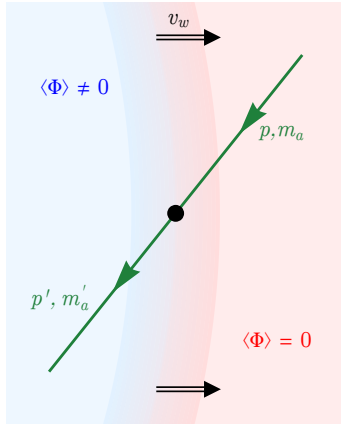


Mass gain

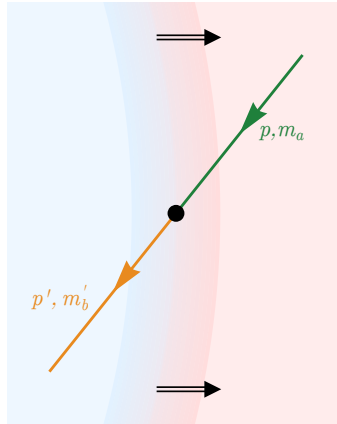


Mixing

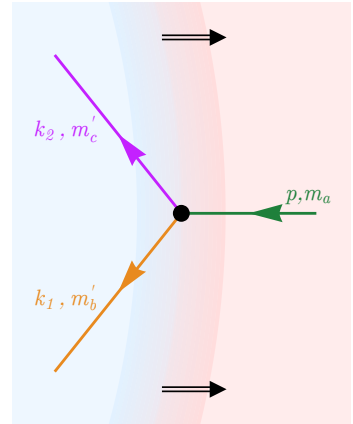
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Mass gain



Mixing



Particle production

$\sim \log \gamma_w$ for scalars

$\sim \gamma_w$ for gauge bosons

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- 1 The dynamics of a single bubble
- 2 The language of nonequilibrium QFT: CTP and 2PI
 - Brief review of the CTP formalism
 - Introducing the 2PI effective action
 - The full dynamical equations
 - Bubble EoM
 - Identifying sources of friction
- 3 Friction from pair production
- 4 Conclusions and outlook

real time correlators \implies CTP formalism

dynamical equations \implies 2PI effective action

The in-out formalism

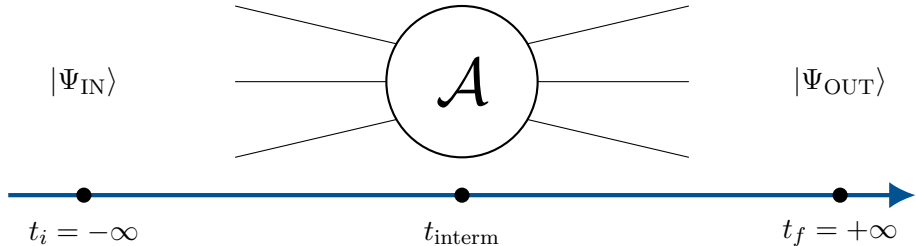


The in-out formalism

The path integral formulation of QFT is built to study transition rates: the *in-out formalism*

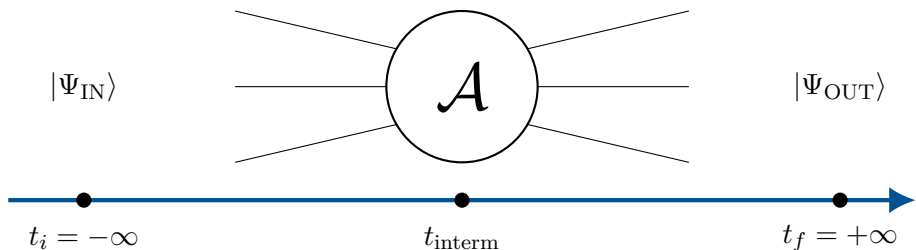
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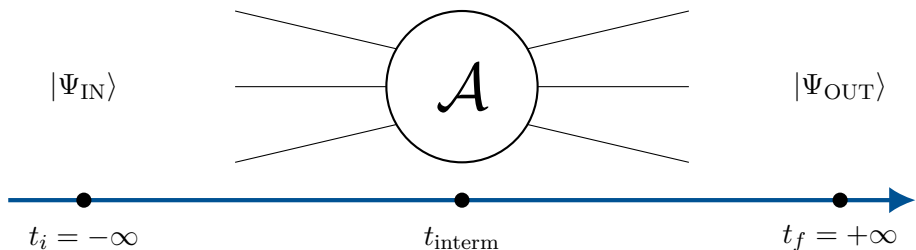


Using it, we compute transition amplitudes between **asymptotic states**

$$\mathcal{A} = \langle \Psi_{\text{OUT}} | \mathcal{O}(\hat{\phi}) | \Psi_{\text{IN}} \rangle = \mathcal{N} \int [\mathcal{D}\phi] \Psi_{\text{OUT}}^*(\phi) \mathcal{O}(\phi) \Psi_{\text{IN}}(\phi) e^{iS[\phi]}$$

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But how can we compute time (and space) dependent correlators?

The in-in formalism

Setting: we know the state at some initial time t_i and want to know what it will be at time t_f .

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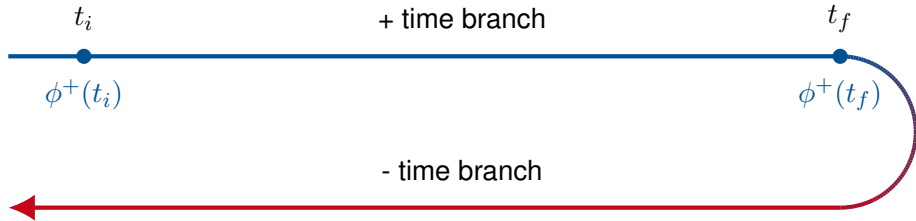
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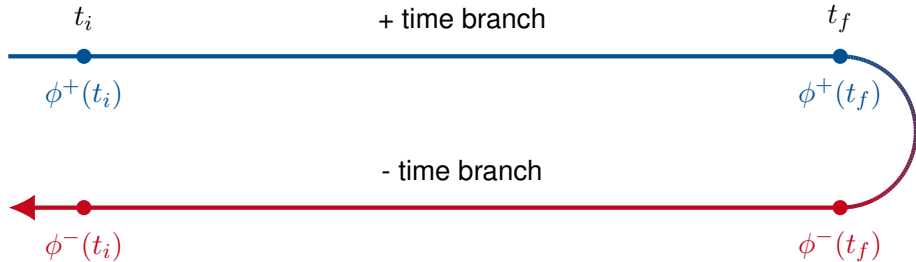
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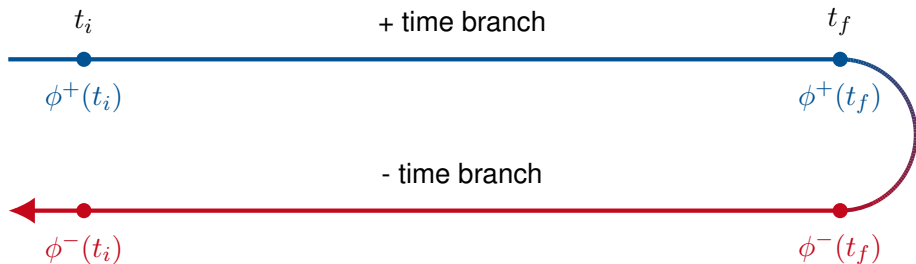
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We introduce the label \pm for the time branch, double our degrees of freedom, and can now use all the tools from the path integral formalism.

real time correlators \implies CTP formalism



dynamical equations \implies 2PI effective action

Introducing the 2PI effective action

We introduce the generator of connected one- point functions

$$e^{W[J]} = Z[J] = \int [\mathcal{D}\phi] e^{iS[\phi] + \int_x J(x)\phi(x)}$$

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$$\Gamma_{1\text{PI}}[\varphi] = \max_J -W[J] + \int_x J(x)\varphi(x)$$

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We introduce the generator of connected one- and two-point functions

$$e^{W[J,R]} = Z[J,R] = \int [\mathcal{D}\phi] e^{iS[\phi] + \int_x J(x)\phi(x) + \frac{1}{2} \int_{x,y} \phi(x)R(x,y)\phi(y)}$$

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and define the two-particle-irreducible (2PI) effective action

$$\Gamma_{2\text{PI}}[\varphi, \Delta] = \max_{J, R} -W[J, R] + \int_x J(x)\varphi(x) + \frac{1}{2} \int_{x,y} \Delta(x,y)R(x,y)$$

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Equations for the one- and two-point functions are then easily generated

$$\frac{\delta \Gamma_{2\text{PI}}}{\delta \varphi(x)} = 0 \qquad \frac{\delta \Gamma_{2\text{PI}}}{\delta \Delta(x,y)} = 0$$

real time correlators \implies CTP formalism ✓

dynamical equations \implies 2PI effective action ✓

The full dynamical equations

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$$\left. \frac{\delta \Gamma_{2\text{PI}}}{\delta \varphi^+(x)} \right|_{\varphi^+ = \varphi^- = \varphi} = \frac{\delta S}{\delta \varphi(x)} - \frac{1}{2} \frac{dm_\varphi^2}{d\varphi(x)} \Delta^T(x, x) + \left. \frac{\delta \Gamma_2[\varphi, \Delta]}{\delta \varphi^+(x)} \right|_{\varphi^+ = \varphi} = 0$$

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$$\frac{\delta \Gamma_{2\text{PI}}}{\delta \Delta^{ab}(x, y)} = 0 \quad \Rightarrow \quad \Delta^{ab, -1}(x, y) - G_\varphi^{ab, -1}(x, y) + 2i \frac{\delta \Gamma_2[\varphi, \Delta]}{\delta \Delta^{ab}(x, y)} = 0$$

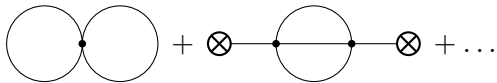
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For a scalar theory with quartic self-interaction, we have

$$\mathcal{L}_{\text{int}} = -\frac{\lambda}{4!} \phi^4 \longrightarrow i\Gamma_2 = \text{bubble diagram} + \text{tadpole diagram} + \dots$$


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$$i \frac{\delta \Gamma_2}{\delta \varphi(x)} \supset x \text{---bubble---}\otimes \quad 2i \frac{\delta \Gamma_2}{\delta \Delta^{ab}(x, y)} \supset (x, a) \text{---bubble---} + \otimes \text{---}(x, a) \text{---bubble---}(y, b) \otimes$$

The Wigner transform

To put the equations in a useful form, we go to Wigner space

$$\overline{\Delta}^{ab}(k, x) = \int d^4r e^{ik \cdot r} \Delta^{ab} \left(x + \frac{r}{2}, x - \frac{r}{2} \right)$$

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$$\overline{\Delta}^T(k, x) = \frac{i}{k^2 - m^2 + i\varepsilon} + 2\pi\delta(k^2 - m^2) \left[\vartheta(k^0) f(\mathbf{k}, x) + \vartheta(-k^0) f(-\mathbf{k}, x) \right]$$

$$\overline{\Delta}^<(k, x) = 2\pi\delta(k^2 - m^2) \left[\vartheta(k^0) f(\mathbf{k}, x) + \vartheta(-k^0) (1 + f(-\mathbf{k}, x)) \right]$$

The bubble wall equation of motion



The bubble wall equation of motion

Having solved for the two-point function at leading order in the gradients, we have the EoM for the bubble wall

$$\square\varphi(x) + V'_0(\varphi(x)) + \frac{1}{2} \frac{dm_\varphi^2}{d\varphi(x)} \int \frac{d^4k}{(2\pi)^4} \bar{\Delta}^T(k, x) + \int d^4y \Pi^R(x, y) \varphi(y) = 0$$

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■ One-loop term

$$\frac{1}{2} \frac{dm_\varphi^2}{d\varphi(x)} \int \frac{d^4k}{(2\pi)^4} \bar{\Delta}^T(k, x) = \frac{\lambda}{2} \varphi(x) \int \frac{d^4k}{(2\pi)^4} \frac{i}{k^2 - m^2 + i\epsilon} + \frac{dm_\varphi^2}{d\varphi(x)} \int \frac{d^3\mathbf{k}}{(2\pi)^3 2E_{\mathbf{k}}} f(\mathbf{k}, x)$$

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■ Two-loop term: retarded self-energy

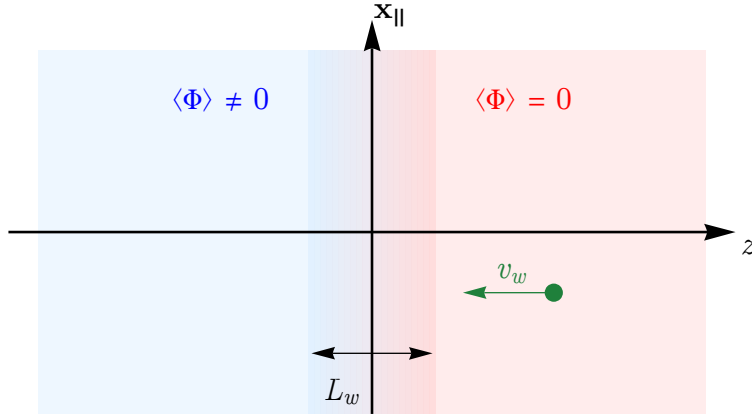
$$\Pi^R(x, y) = \Pi^{++}(x, y) - \Pi^{-+}(x, y)$$

Identifying sources of friction



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In the planar wall limit $\varphi(x) = \varphi(z)$, with the wall centered at $z = 0$ **in the wall frame**

$$\frac{d^2}{dz^2}\varphi(z) + V'_{\text{eff}}(\varphi(z), T) + \frac{dm_\varphi^2}{d\varphi(z)} \int_{\mathbf{k}} \delta f(\mathbf{k}, z) + \int \underbrace{dz' \pi^R(z, z')}_{\int d\mathbf{x}_\parallel d\mathbf{x}'_\parallel \Pi^R(\mathbf{x}, \mathbf{x}')} \varphi(z') = 0$$

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$$\int_{-\delta}^{\delta} dz \frac{d}{dz} \varphi(z) \left(\frac{d^2}{dz^2} \varphi(z) + V'_{\text{eff}}(\varphi(z), T) + \frac{dm_{\varphi}^2}{d\varphi(z)} \int_{\mathbf{k}} \delta f(\mathbf{k}, z) + \int dz' \pi^R(z, z') \varphi(z') \right) = 0$$

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$$\begin{aligned} \Rightarrow \int_{-\delta}^{\delta} dz \frac{d}{dz} \left[\frac{1}{2} \left(\frac{d\varphi(z)}{dz} \right)^2 + V_{\text{eff}}(\varphi(z), T) \right] &= \int_{-\delta}^{\delta} dz \left[\frac{\partial V_{\text{eff}}}{\partial T} \frac{dT}{dz} \right. \\ &\quad - \frac{dm_{\varphi}^2}{dz} \int_{\mathbf{k}} \delta f(\mathbf{k}, z) \\ &\quad \left. - \frac{d\varphi(z)}{dz} \int dz' \pi^R(z, z') \varphi(z') \right] \end{aligned}$$

Identifying sources of friction

In the planar wall limit $\varphi(x) = \varphi(z)$, with the wall centered at $z = 0$ **in the wall frame**

$$\int_{-\delta}^{\delta} dz \frac{d}{dz} \varphi(z) \left(\frac{d^2}{dz^2} \varphi(z) + V'_{\text{eff}}(\varphi(z), T) + \frac{dm_{\varphi}^2}{d\varphi(z)} \int_{\mathbf{k}} \delta f(\mathbf{k}, z) + \int dz' \pi^R(z, z') \varphi(z') \right) = 0$$

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Identifying sources of friction

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Outline

- 1 The dynamics of a single bubble
- 2 The language of nonequilibrium QFT: CTP and 2PI
- 3 Friction from pair production**
- 4 Conclusions and outlook

The self-energy



The self-energy

At leading order in the gradient expansion

$$\mathcal{P}_{\text{vertex}} \equiv - \int dz dz' \frac{d\varphi(z)}{dz} \pi^R(z, z') \varphi(z') \simeq - \int \frac{dq^z}{2\pi} i q^z |\tilde{\varphi}(q^z)|^2 \tilde{\pi}^R(-q^z)$$

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Introduce a heavy scalar field χ in the Lagrangian

$$\mathcal{L}_{\text{int}} \supset -\frac{g}{4} \phi^2 \chi^2, \quad m_\chi \gg m_\phi, T \implies f_\chi \sim 0$$

The self-energy

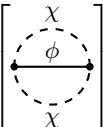
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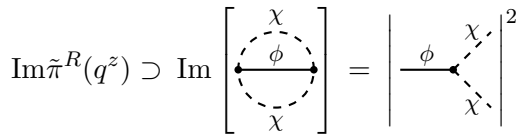
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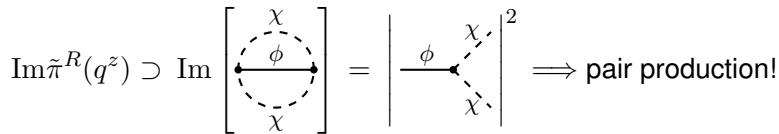
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The imaginary part of the self-energy is computed via CTP cutting rules

$$\text{Im}\tilde{\pi}^R(q^z) = -\frac{i}{2} (\tilde{\pi}^>(q^z) - \tilde{\pi}^<(q^z))$$

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$$\begin{aligned}\text{Im}\tilde{\pi}^R(q^z) &= -\frac{i}{2} (\tilde{\pi}^>(q^z) - \tilde{\pi}^<(q^z)) \\ &\simeq \frac{g^2}{4} \int_{\mathbf{p}, \mathbf{k}_1, \mathbf{k}_2} (2\pi)^3 \delta^{(3)}(\mathbf{q} - \mathbf{p} + \mathbf{k}_1 + \mathbf{k}_2) (2\pi) \delta(E_{\mathbf{p}}^{(\phi)} - E_{\mathbf{k}_1}^{(\chi)} - E_{\mathbf{k}_2}^{(\chi)}) [f_{\phi}(\mathbf{p}) - f_{\phi}(-\mathbf{p})]\end{aligned}$$

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and the pressure due to pair production reads

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momentum exchange

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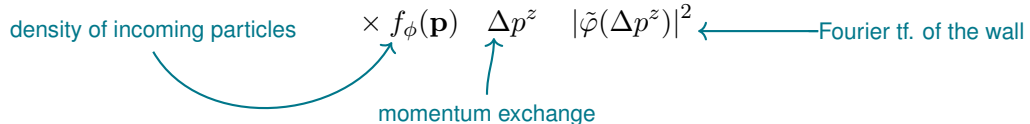
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momentum exchange



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$$\text{Im}\tilde{\pi}^R(q^z) = -\frac{i}{2} (\tilde{\pi}^>(q^z) - \tilde{\pi}^<(q^z))$$

$$\simeq \frac{g^2}{4} \int_{\mathbf{p}, \mathbf{k}_1} \dots [f_\phi(\mathbf{p}) - f_\phi(-\mathbf{p})]$$

and the pressure

$$\text{recall: } \mathcal{P}_{\text{kick}} = \sum_{i,X} \int_{\mathbf{p}} 2p^z d\mathbb{P}_{i \rightarrow X}(\mathbf{p}) f_i(\mathbf{p}) \Delta p_{i \rightarrow X}^z$$

$$\mathcal{P}_{\phi \rightarrow \chi\chi} = \frac{g^2}{2} \int_{\mathbf{p}, \mathbf{k}_1, \mathbf{k}_2} (2\pi)^2 \delta^{(2)}(\mathbf{p}_{\parallel} - \mathbf{k}_{1,\parallel} - \mathbf{k}_{2,\parallel}) (2\pi) \delta(E_{\mathbf{p}}^{(\phi)} - E_{\mathbf{k}_1}^{(\chi)} - E_{\mathbf{k}_2}^{(\chi)})$$

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momentum exchange

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Conclusions and outlook [2504.13725]



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Future directions

- investigate out-of-equilibrium effects, such as gauge boson saturation,
- find general bounds for friction strength,
- study numerically the effect of quantum effects for intermediate wall velocities.

BACK-UP SLIDES

A comment on the gradient expansion

In our derivation, we made extensive use of the gradient expansion. What is the validity of this approximation?

$$\text{small field gradients} \equiv \frac{\nabla\varphi}{k} \ll 1$$

$$\nabla\varphi \sim \frac{1}{L_w}, \quad L_w \equiv \text{wall width}$$

$$k \sim \gamma_w T \equiv \text{typical momentum of a particle in the wall frame}$$

$$\implies \gamma_w T L_w \gg 1$$

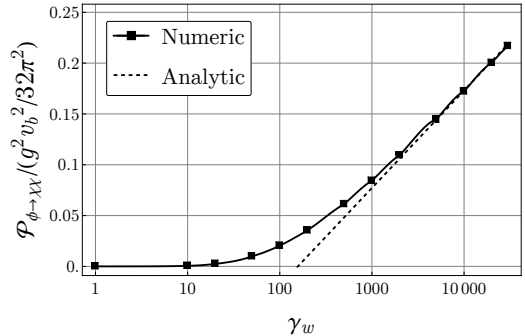
The gradient expansion is valid if the wall is either **fast** or **thick**. For the numerical and analytical results, we assumed the plasma outside the bubble to be **in equilibrium**, which is once again only valid if the wall is very fast.

Pair production in the ultrarelativistic limit

Analytic formula for an ultrarelativistic (tanh) wall in the limit of light ϕ -particles

$$\mathcal{P}_{\phi \rightarrow \chi\chi}^{\gamma_w \rightarrow \infty} \approx \frac{g^2 v_b^2 T^2}{24 \times 32\pi^2} \log \left(\frac{\gamma_w T}{2\pi L_w m_\chi^2} \right)$$

which approach the result from the kick picture. Similarly, we show in our work that particle mixing and transition radiation are also captured within this framework.



Mixing

Assume two mixing scalar species χ and s interacting through the background

$$\mathcal{L}_{\text{int}} \supset -\kappa\varphi\chi s, \quad \text{and} \quad m_\chi \gg m_s$$

Particles χ are absent in the plasma but are generated via mixing as s -particles go through the wall. In the ultrarelativistic limit

$$\mathcal{P}_{s \rightarrow \chi}^{\gamma_w \rightarrow \infty} = \frac{2\kappa^2 v_b^2}{m_\chi^2} \frac{T^2}{24}$$

