

Lattice QCD and baryon-baryon interactions

Jeremy R. Green

Deutsches Elektronen-Synchrotron DESY

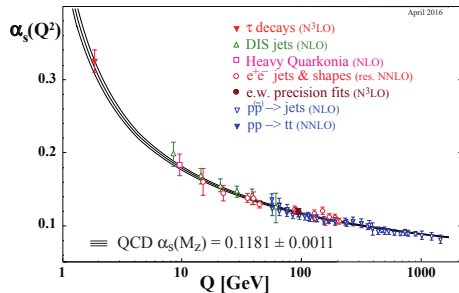
Astroparticle and Particle Physics Workshop

DESY, Zeuthen

October 6–8, 2025

Quantum chromodynamics at low energy

QCD is the sector of the Standard Model containing *quarks* and *gluons*.



PDG 2016

In QCD, the strong coupling constant α_s depends on the energy scale at which we study it.

- ▶ At high energy, α_s becomes small (*asymptotic freedom*), and perturbation theory works.
- ▶ At low energy, α_s is large and perturbation theory breaks down. Need nonperturbative methods such as lattice QCD.

Degrees of freedom for low-energy QCD: *hadrons*. Bound states of quarks and gluons.

Historically, two kinds:

- ▶ **mesons**: quark-antiquark
- ▶ **baryons**: three quarks

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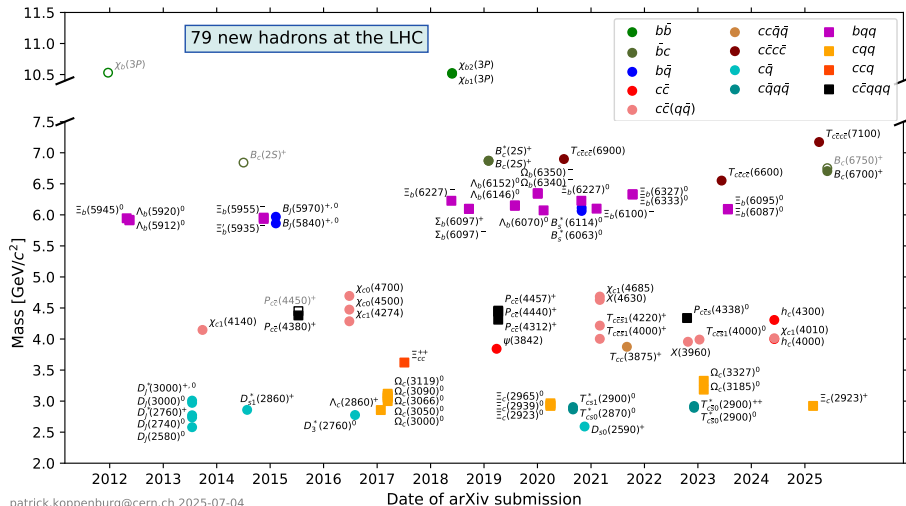
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In QCD:

- ▶ Some hadrons are **stable** → exist as asymptotic states.
- ▶ Most hadrons are **resonances** (unstable) → decay to stable hadrons.

Rigorously, resonances appear in partial wave scattering amplitudes of stable hadrons. Resonances are studied in lattice QCD via 2- and 3-particle scattering amplitudes.

Ordinary and exotic hadrons at the LHC



E.g. $T_{cc}(3875)^+$
($cc\bar{u}\bar{d}$ tetraquark)
studied via DD^* or
 $DD\pi$ scattering.

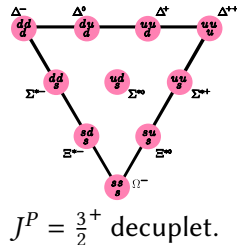
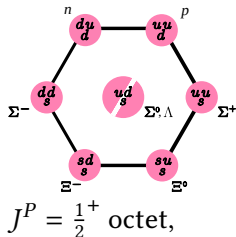
→ Andres Stump poster

patrick.koppenburg@cern.ch 2025-07-04

LHCb collaboration, P. Koppenburg, List of hadrons observed at the LHC, LHCb-FIGURE-2021-001, 2021, and recent updates.

Baryon-baryon interactions

In SU(3) flavour multiplets,
lightest baryons are

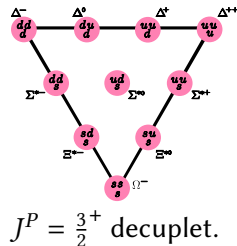
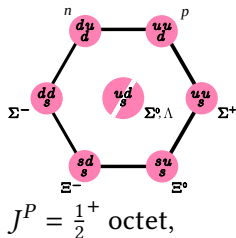


Well-known $J^P = 1^+$ pn bound state: deuteron (^2H nucleus), $m_d \approx 1876.1$ MeV.

Also evidence of 3^+ resonance $d^*(2380)$. [WASA-at-COSY, Phys. Rev. Lett. 112, 202301 \(2014\)](#)

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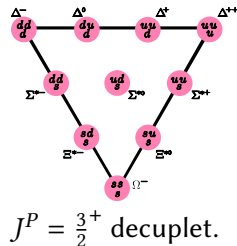
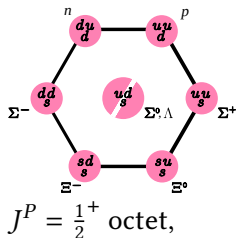
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Data with nonzero strangeness are scarce: hypernuclei and femtoscopy.

What about ab initio QCD?

Dependence on quark masses

NN interaction (and NNN) leads to nuclei.

How fine tuned is the universe? Could Standard Model parameters have changed over time?

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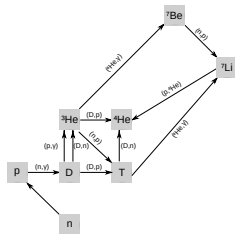
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(By Pamputt [CC-BY-SA-4.0], via Wikimedia Commons)

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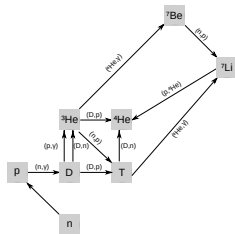
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How strongly does deuteron binding depend on quark masses? [H. Meyer and U.-G. Meißner, JHEP 2024, 74](#)
Could pp or nn bind?

Hyperon interactions

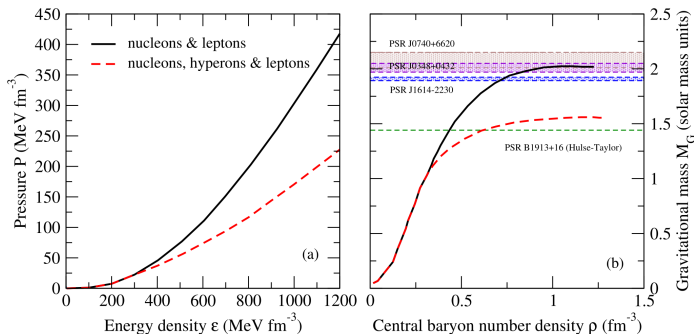
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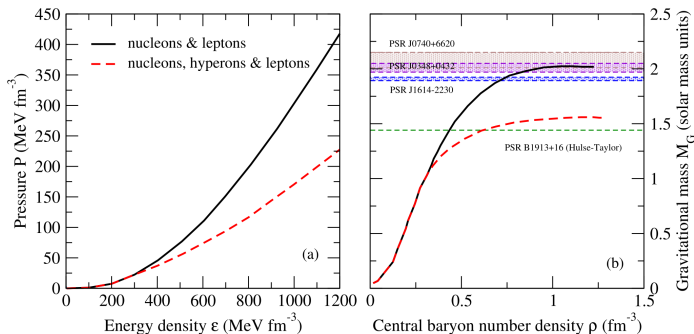
Λ baryons can reduce Fermi pressure in neutron stars.

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Do hyperon-hyperon (YY) or NNY interactions play a role?

In practice, nuclei instead of free nucleons are often used.

- ▶ Argon in neutrino experiments (MicroBooNE, DUNE).
- ▶ Xenon for dark matter direct detection (XENONnT, LUX-ZEPLIN).

Nuclei as tools in experiments

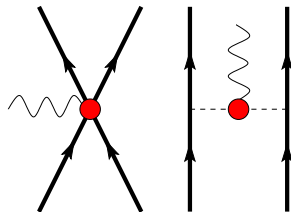
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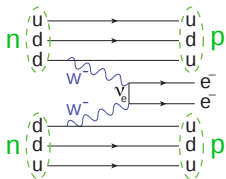
For precision physics, need *meson-exchange currents* to understand interaction of probe with > 1 nucleon, i.e. go beyond *impulse approximation*.

e.g. EMC effect:

distribution of quarks is different inside nucleus compared with proton and neutron



Neutrinoless double beta decay



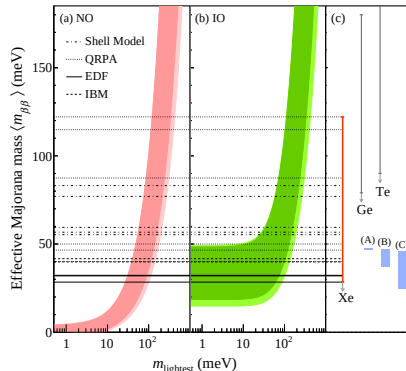
Are neutrinos Majorana?

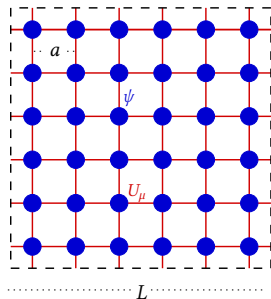
Violation of lepton number conservation.

Large nuclear modelling uncertainty.

Need QCD for precise interpretation of experimental constraints.

Long-term goal for the lattice.



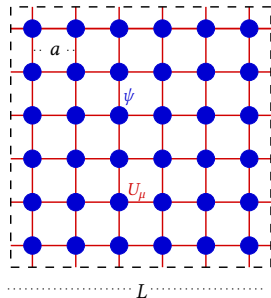


Regularize QCD by discretizing space and imaginary time on 4d lattice:

- ▶ **lattice spacing** a : systematic error $O(a^2)$
- ▶ **periodic box size** L : systematic error $O(e^{-m_\pi L})$

Needs minimal experimental input: quark masses and reference scale.

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Need to accommodate range of scales

$$L^{-1} \ll m_\pi \ll m_N \ll a^{-1}.$$

Since $m_\pi^2 \propto m_u + m_d$, small m_u, m_d in nature make simulations difficult.

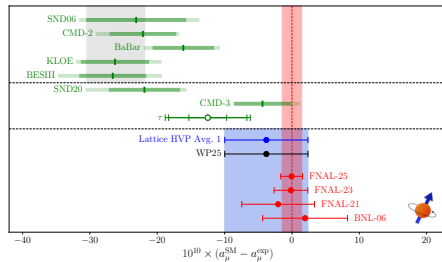
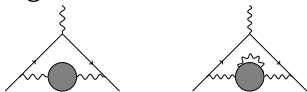
→ Simpler calculations with heavier (unphysical) $m_u = m_d$.

Local lattice QCD activities

QCD+QED (Agostino Patella / RC* collaboration)

For QCD observables at high precision $\sim 1\%$, need to include QED corrections.

E.g. hadronic contributions to muon $g - 2$.



Muon $g - 2$ Theory Initiative, Phys. Rept. 1143 (2025)

Glueballs (Stefan Schaefer / DFG Research Unit FOR5269)

Hadrons made of gluons. Challenging problem:

- ▶ Mixing with $\bar{q}q$ degrees of freedom $\rightarrow$ start from theory without quarks.
- ▶ Severe statistical fluctuations $\rightarrow$ new numerical techniques.

Choice of quark masses

Physical quark masses necessary for connection with experiment.

Why use unphysical quark masses?

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- ▶ Larger $m_u = m_d$ makes simulations numerically easier.
- ▶ Larger m_π exponentially reduces noise, particularly for multi-nucleons.
- ▶ Larger m_π closes some decay channels and makes some resonances stable (Δ , D^* , ...).
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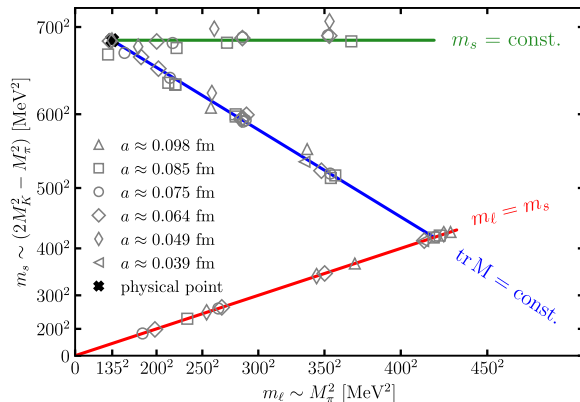
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SU(3)-symmetric point with $m_u = m_d = m_s \approx \frac{1}{3}(m_u^{\text{phys}} + m_d^{\text{phys}} + m_s^{\text{phys}})$ has been a useful testing ground.

Coordinated Lattice Simulations (CLS)

European effort for lattice QCD simulations

- ▶ Using a particular formulation of LQCD.
- ▶ Sharing computing time, storage, and person effort.
- ▶ Leading role played by DESY.

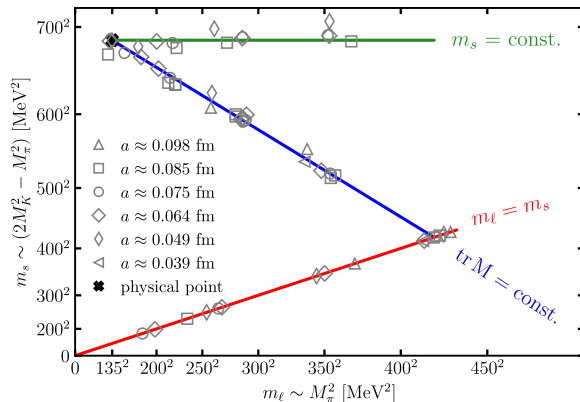


G. Bali @ CLS Workshop

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Investigations of possible new lattice QCD action for CLS ongoing at DESY.

Stefan Schaefer, Jorge Baeza Ballesteros

→ set direction for next decade of CLS.

Hyperon-hyperon interactions: H dibaryon

Conjectured $uuddss$ hexaquark state: $\Lambda\Lambda$ bound by 80 MeV in MIT bag model. [R. L. Jaffe, 1977](#)

Limits on existence imposed by ${}_{\Lambda\Lambda}^6\text{He}$ double-hypernucleus produced at KEK
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[JRG *et al.*, Phys. Rev. Lett. **127**, 242003 \(2021\)](#)

Calculation at unphysical $SU(3)$ point.

First $a \rightarrow 0$ limit for dibaryon system.

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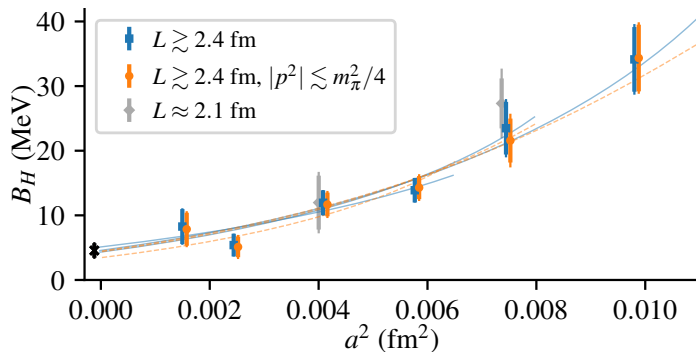
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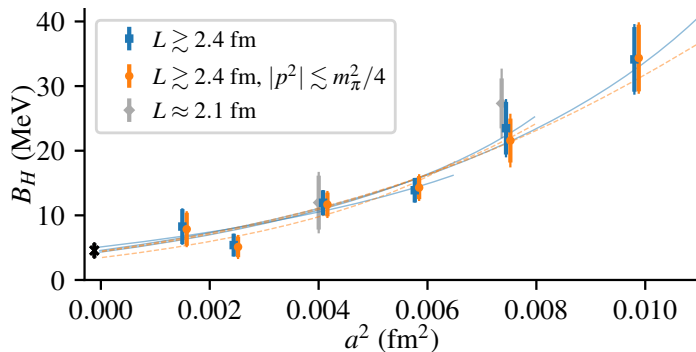
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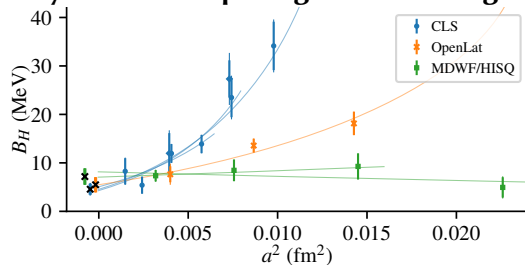
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Small binding energy at SU(3)-symmetric point $\Rightarrow$ probably no bound state in nature.

Why are lattice spacing effects so large?

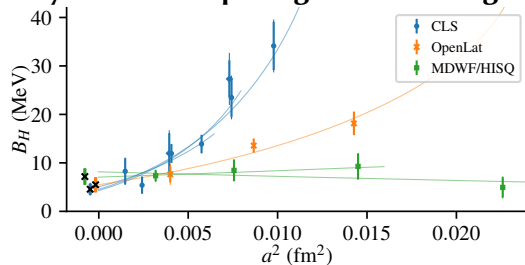


In preparation: comparison of different lattice actions.

JRG, BaSc collaboration

universality: expect common $a \rightarrow 0$ limit

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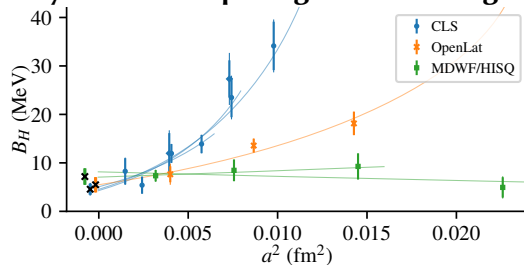
Longest-distance interaction in finite volume

Two baryons can exchange a pion $\rightarrow$ sets breakdown point of finite-volume quantization conditions used to interpret lattice data. Problem also occurs in DD^* for $T_{cc}(3875)$ tetraquark.

In last few years, 5 different solutions proposed.

Effect on H dibaryon under investigation. JRG, Jorge Baeza Ballesteros

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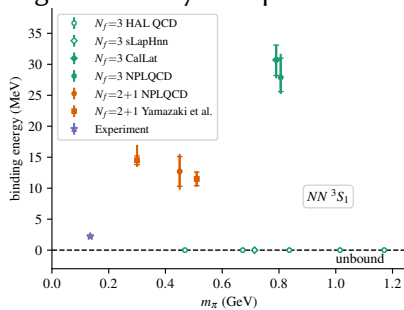
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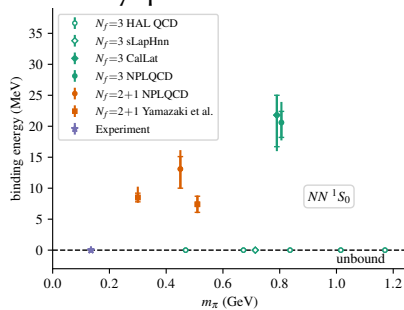
Lighter pion masses with broken SU(3) symmetry JRG, BaSc collaboration

Nucleon-nucleon interaction from LQCD: past calculations

Decade-long controversy over presence of bound states at heavy quark masses.



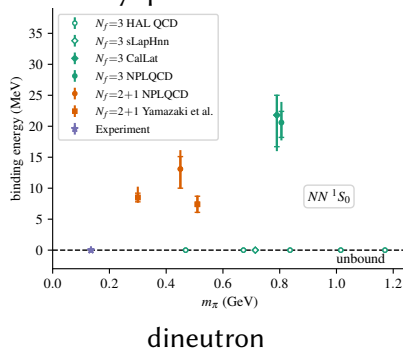
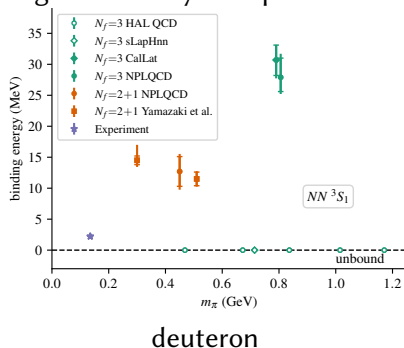
deuteron



dineutron

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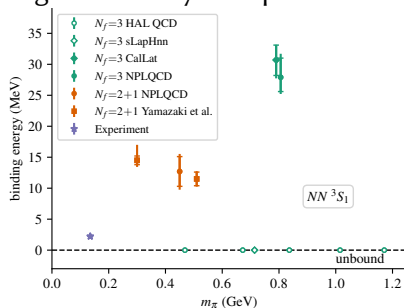


Disagreement about simplest warm-up problem for nuclear physics on the lattice.

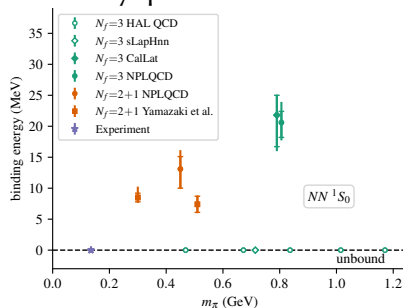
Experiment: $B_d \approx 2.2$ MeV known for 90 years. J. Chadwick and M. Goldhaber, Nature 134, 237–238 (1934)

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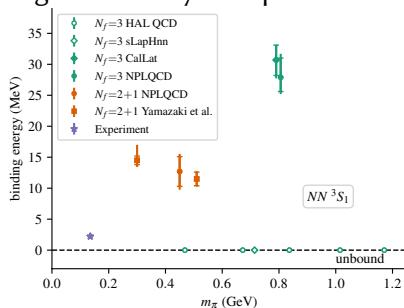


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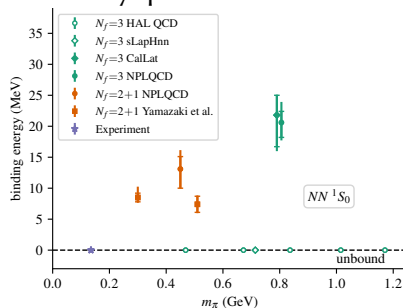
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deuteron



dineutron

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Serious doubt has been cast on methodology used by all calculations that obtain bound states.

Nucleon-nucleon: work in progress

More reliable calculations:

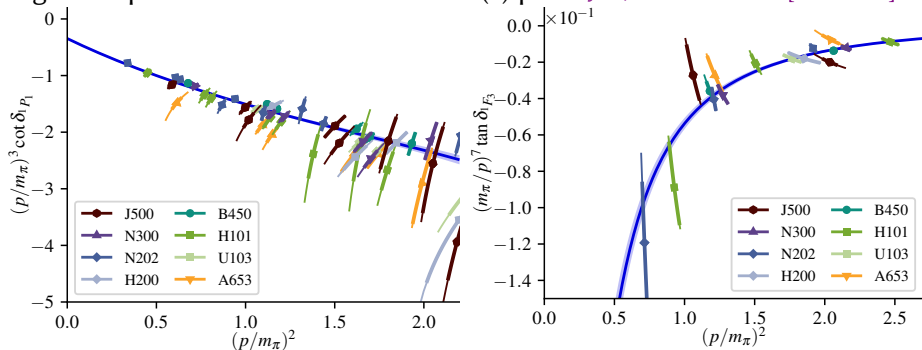
- ▶ Adapt methods from years of successful meson-meson calculations.
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- ▶ Study amplitudes, not just binding energies.

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e.g. NN spin-zero P and F waves at $SU(3)$ point JRG, PoS CD2024 019 [2502.15546]



Data lie along
consistent curve:
very nontrivial
consistency check.

- ▶ Hyperon interactions will be where lattice first impacts baryon-baryon phenomenology.
→ better input for hyperon puzzle in neutron stars.
- ▶ Extrapolation to physical point needs help from chiral EFT.
→ deuteron binding energy from QCD will be milestone.
- ▶ Plans underway for exploring external probe: e.g. start with pp fusion.
- ▶ Studying three-baryon interaction is possible but much more difficult than baryon-baryon.
 - ▶ Very challenging numerically.
 - ▶ Three-body formalism only partially available.
- ▶ Dataset is being reused for exotic hadrons such as $T_{cc}(3875)$.