

Geometry as Graviton Bose-Einstein Condensate

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Black Hole's Quantum Portrait

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In this talk we
shall take:

speed of light $\equiv c = 1$

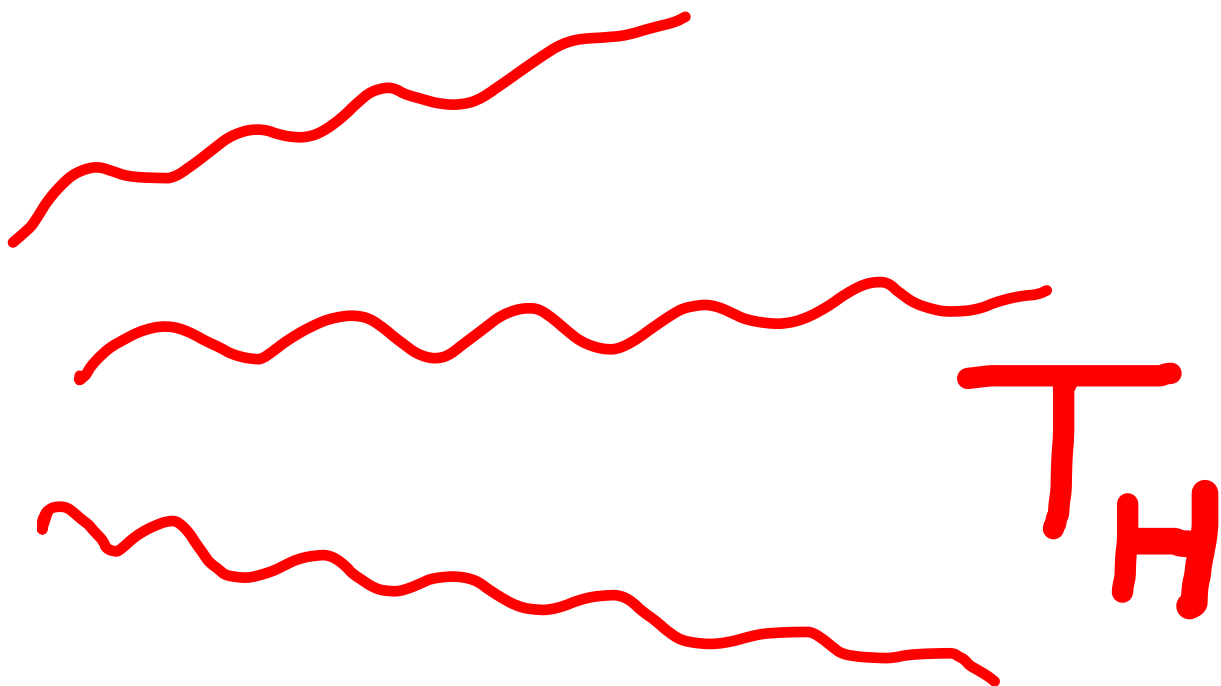
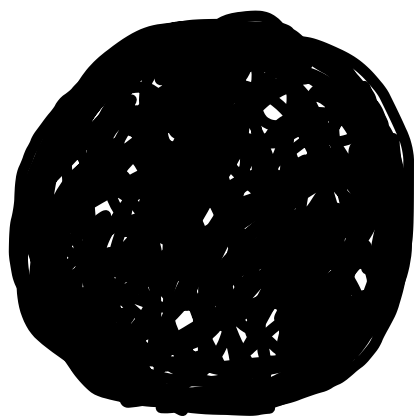
but keep $\hbar$ explicit.

$$[\hbar] = [\text{mass} \times \text{length}]$$

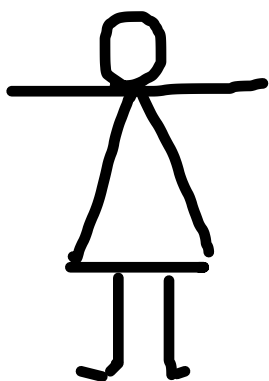
$$[m] = [E] = [p] = [L]^{-1} [t]^{-1}$$

Black Hole Mysteries (semi-classically):

- * Absence of hair;
- * Exact thermality of Hawking radiation and negative heat;
- * Bekenstein entropy;
- *



Must be a quantum
field-theoretic substance
at temperature T_H !



But, none work!

Absence of hair and exact
thermality

+

A small logical gap filled
with a seemingly-logical assumption

||

* "Folk theorems" about
no global charges (e.g. baryon
and lepton numbers).

* "Information Paradox".

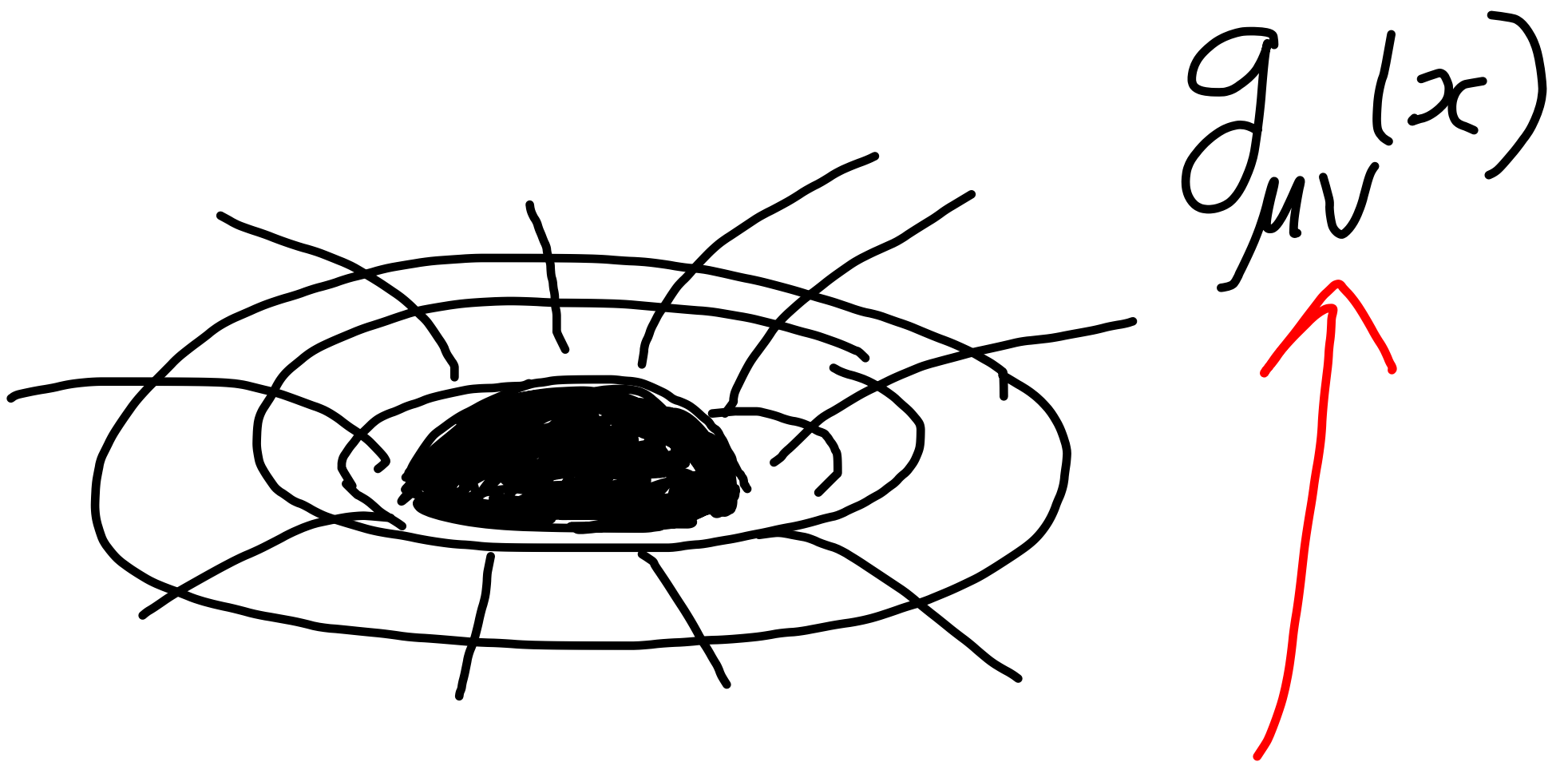
To resolve these "paradoxes," and to close the logical gap, we need a microscopic quantum theory.

In this talk we shall provide such a theory and show how it demystifies semi-classical black hole properties.

We shall see:

Black holes do carry-
hair under global
charges (baryonic and
leptonic numbers),
which can be of
100% astrophysical
importance.

Recall:
Schwarzschild black
hole is a solution in GR



Intrinsically - classical
concept!

In quantum field-theory
the building blocks are
particles:

$$a^+ |0\rangle = |1\rangle$$

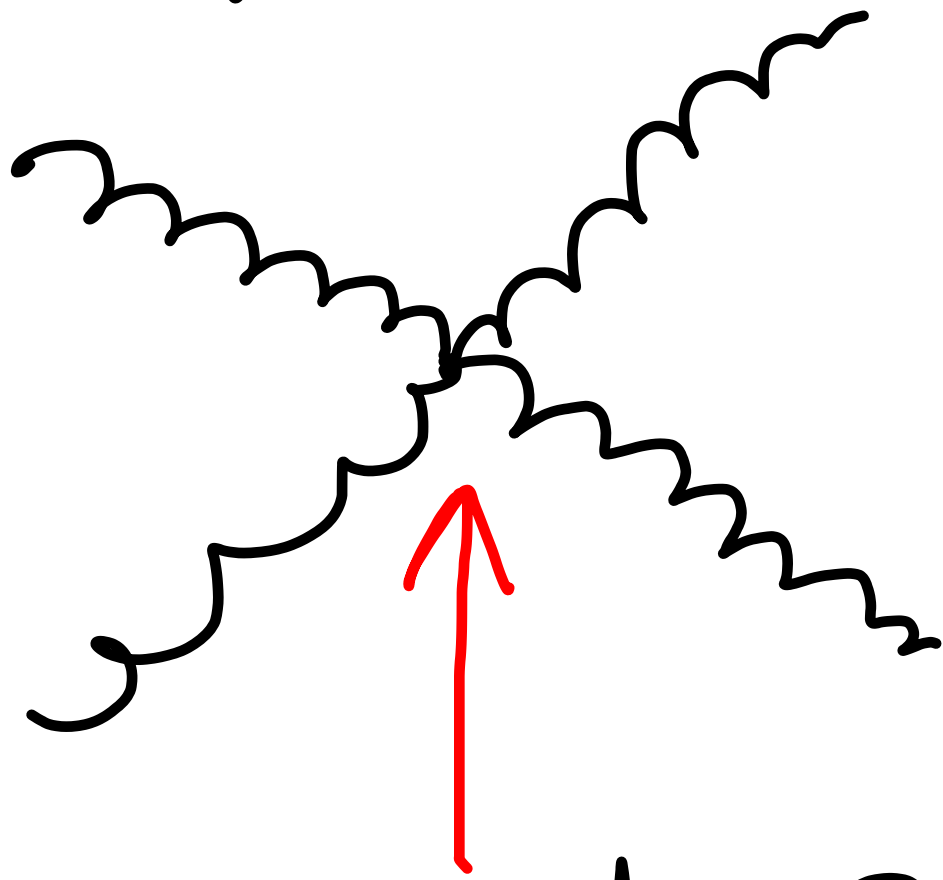
There is nothing
else.

Our main concept:

Geometry is a quantum
Bose-Einstein condensate
of gravitons.

$$g_{\mu\nu} \rightarrow (a_{\lambda}^{\dagger})^{N_{\lambda}} |0\rangle$$

Gravity is a quantum
theory of a particle
(graviton) of $m = 0$
and Spin = 2



$$\alpha_{gr} \equiv \hbar G_N \lambda^{-2}$$

Quantum entities:
Planck length and Mass

$$L_p^2 \equiv \hbar G_N, \quad M_p \equiv \frac{\hbar}{L_p}$$

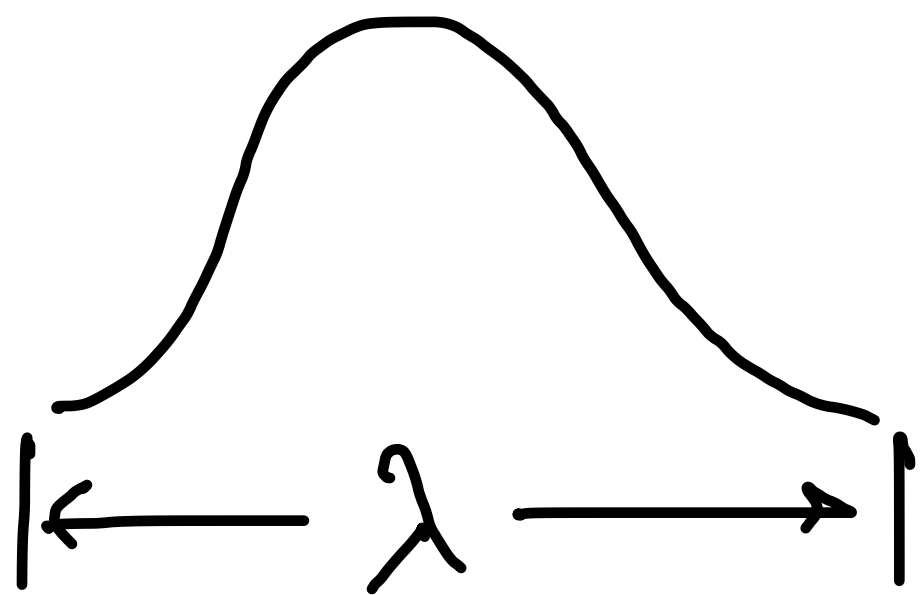
$$\alpha_{gr} = \frac{L_p^2}{\lambda^2}$$

In classical limit ($\hbar \rightarrow 0$)

$$L_p \rightarrow 0$$

$$\alpha_{gr} \rightarrow 0$$

Now, try to form a
graviton wave packet.



For $\lambda \gg L_p$

$$\alpha_{gr} \ll 1$$

A typical Hartree
situation:

Each graviton sees
a collective potential.

Collective binding
potential for $r \sim \lambda$

$$V = -N \alpha_g \frac{\hbar}{\lambda}$$

and kinetic energy

$$E_k = \frac{\hbar^2}{\lambda^2}$$

The boundstate condition

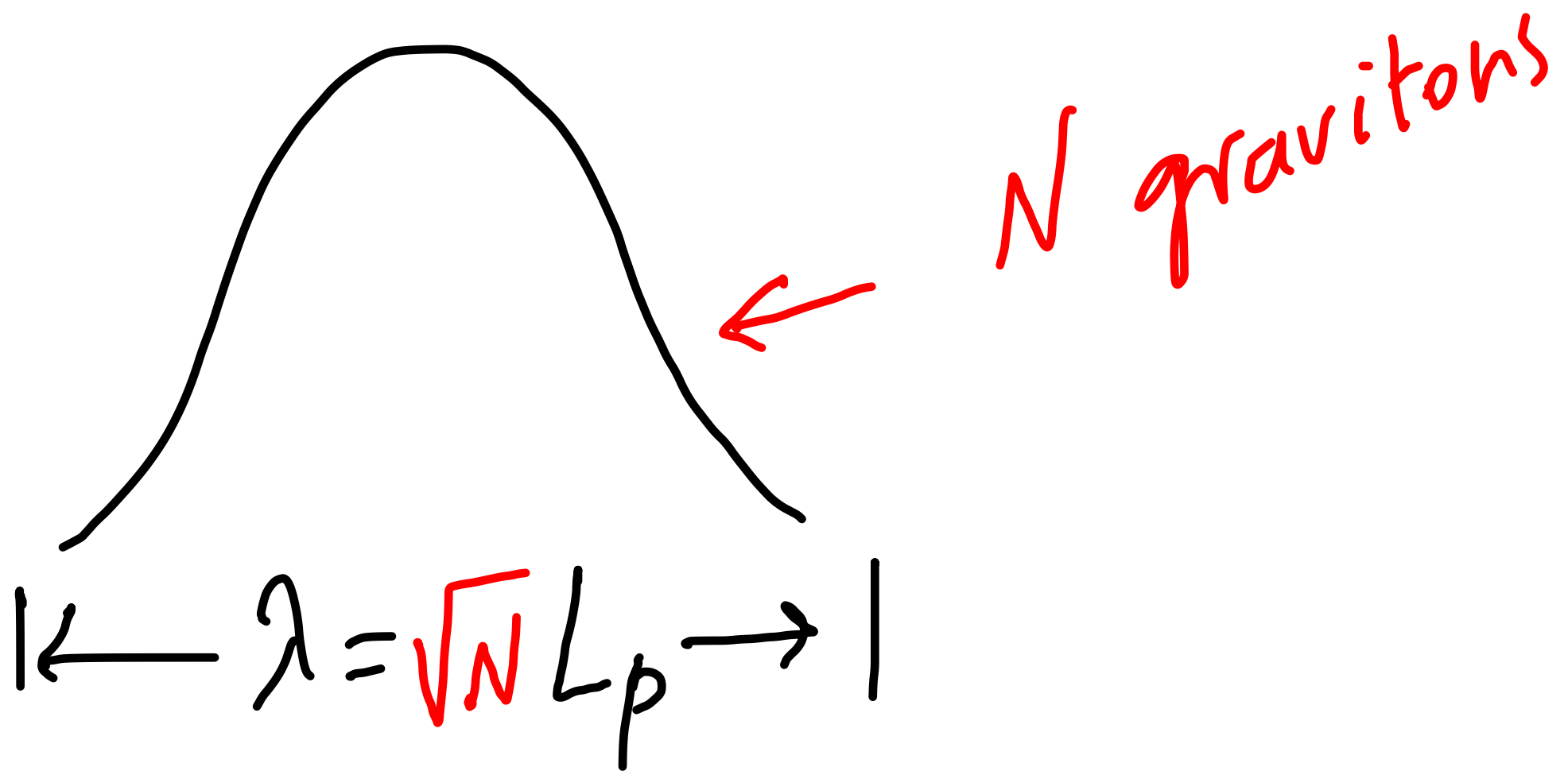
$$E_k + V = 0$$



$$(1 - N \alpha_{gr}) \frac{\hbar}{\lambda} = 0$$

A self-sustained
boundstate is formed for

$$\alpha_{gr} = \frac{1}{N} !$$



This self-sustained
boundstate is a black
hole

$$\lambda = \sqrt{N} L_p, \quad \alpha_{gr} = \frac{1}{N}$$

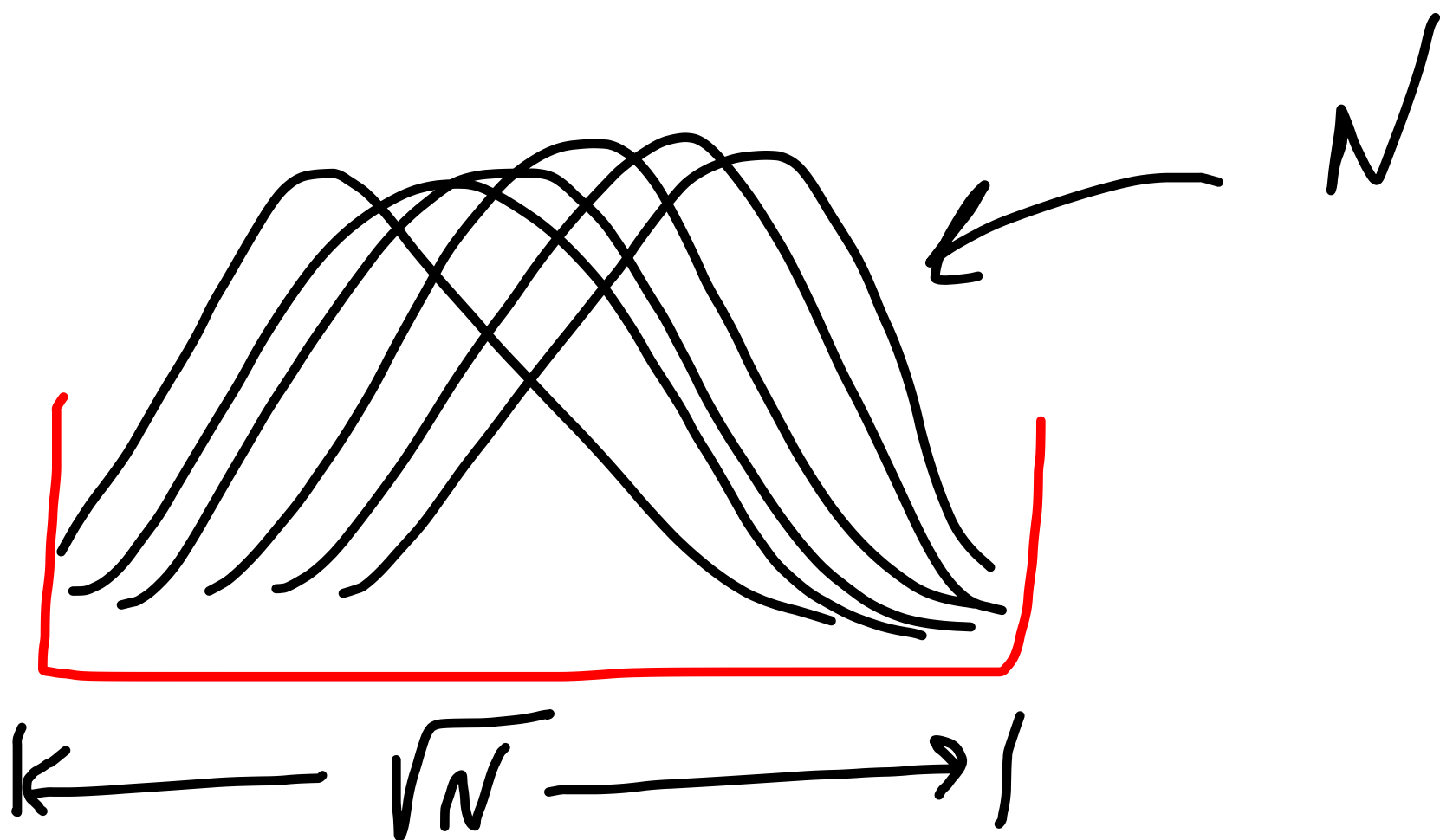
Black hole quantum physics is remarkably simple, with a single parameter N :

$$M = \sqrt{N}, \quad \lambda = \sqrt{N},$$

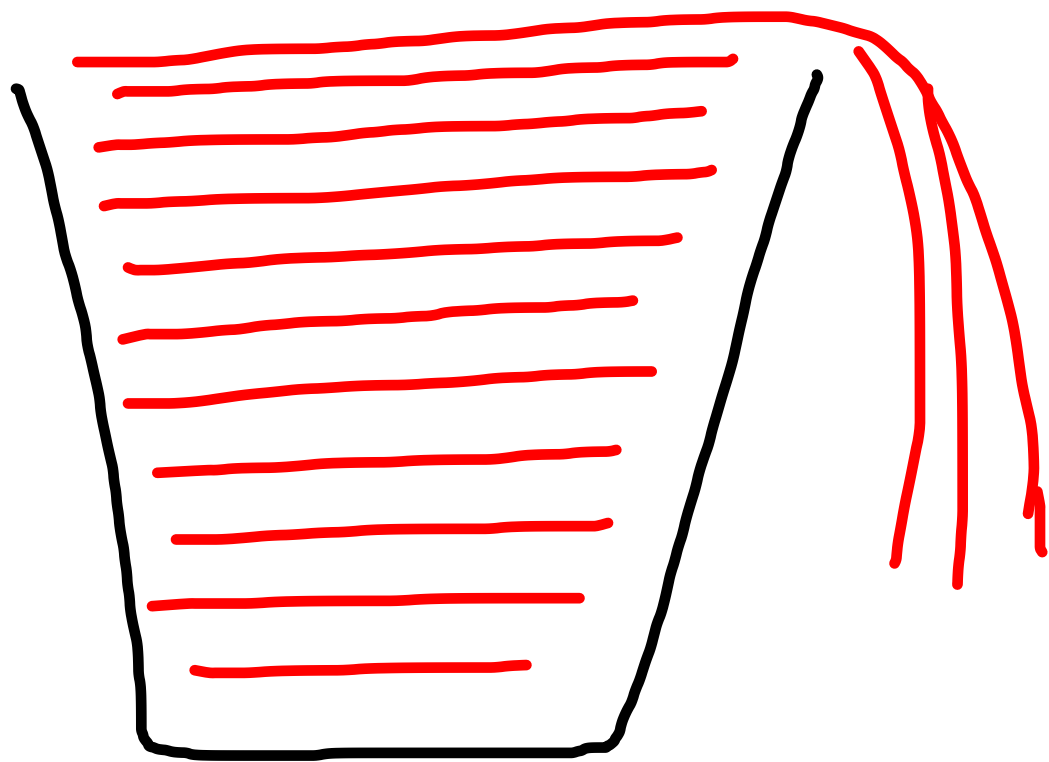
$$\alpha_{gr} = \frac{1}{N}$$

It is a large- N physics (in 't Hooft's sense) and is a result of maximal overpacking.

Black hole is a
most overpacked quantum
system of nature
and
because of this it is
maximally simple

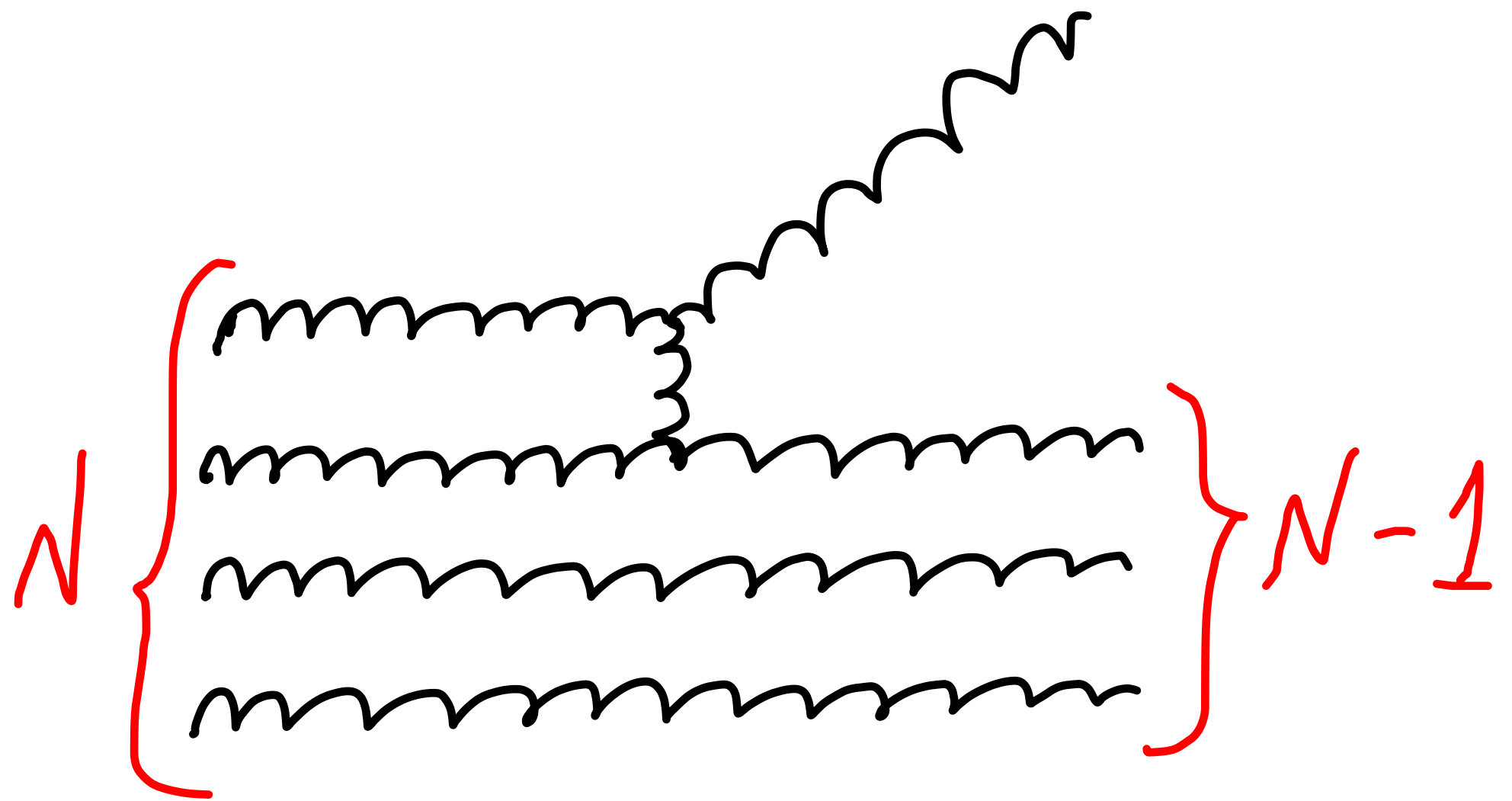


This self-sustained
Bose-condensate exists
for any N and for any
 N it is leaky



The condensate
depletes self-similarly

$$N \rightarrow N-1$$



depletion law

$$\dot{N} = -\frac{1}{\sqrt{N} L_P} + O\left(\frac{1}{N^{3/2}}\right)$$

$$\dot{N} = -\frac{1}{\sqrt{N}} L_p$$

Defining $T \equiv \frac{\hbar}{\sqrt{N} L_p}$,

in the semi-classical limit

$$N \rightarrow \infty, L_p \rightarrow 0, \sqrt{N} L_p = \text{fixed}$$

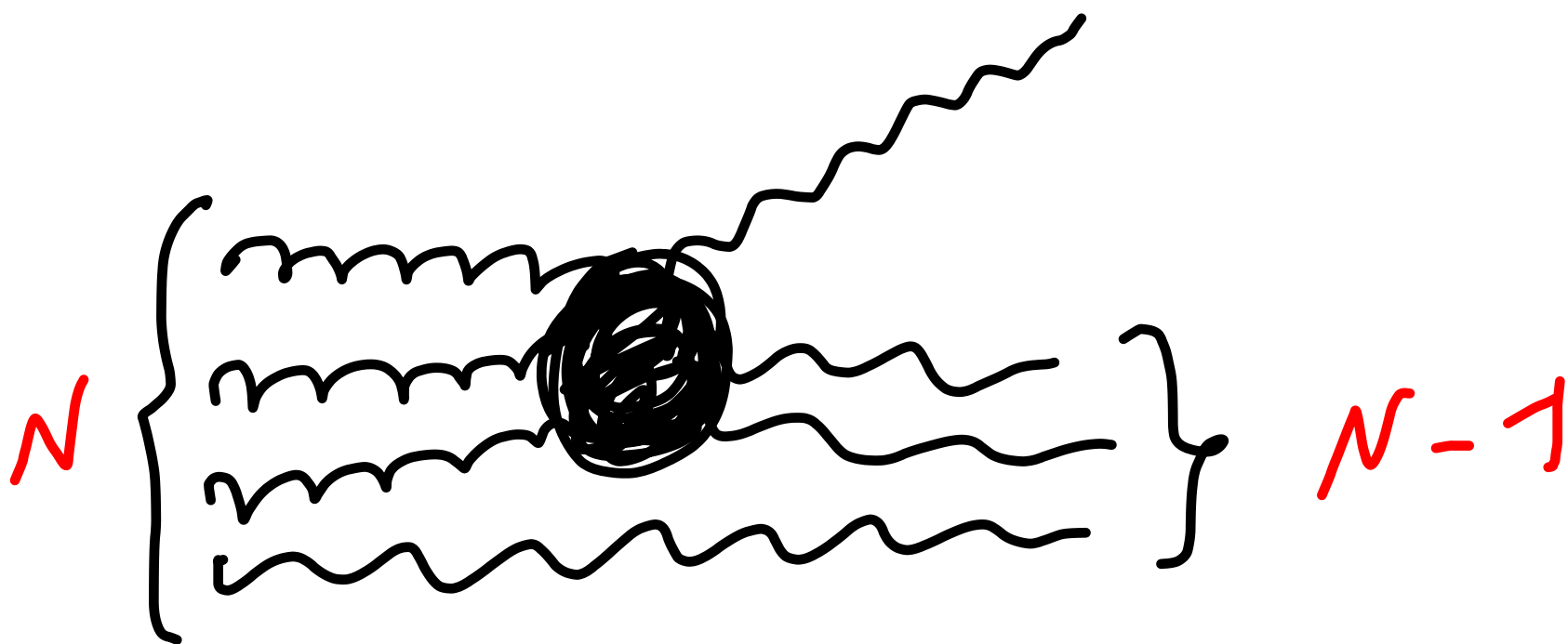
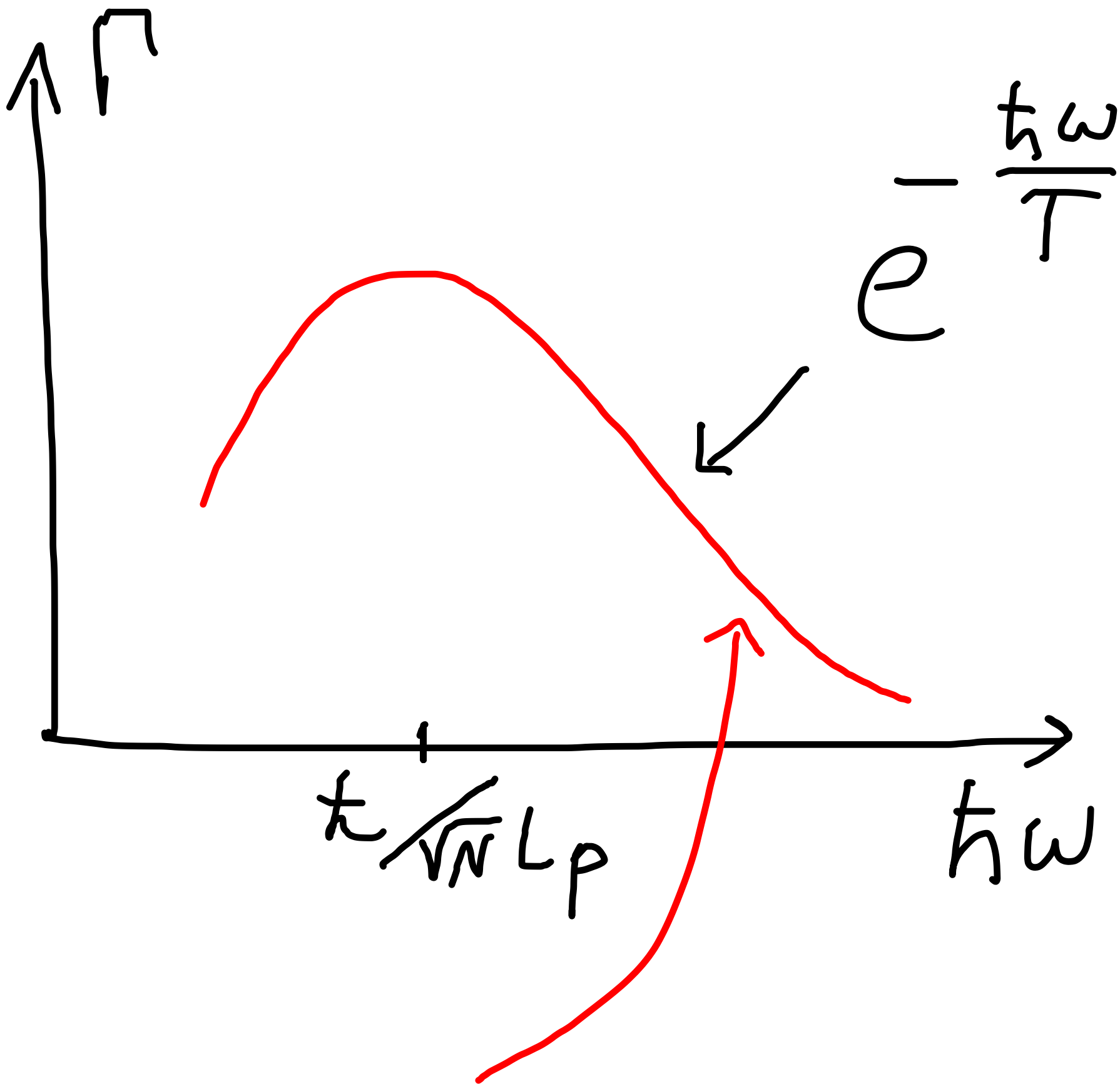
We get Stefan-Boltzmann law for Hawking evaporation

$$\dot{M} = -T^2 / \hbar$$

We discover that thermality is an "optical illusion".

Spectrum is thermal because of the self-similarity of depletion, not because the source is hot.

The graviton condensate is cold!



We see:

*) Thermality of the source is an "optical illusion".

*) Deviations are $\sim \frac{1}{N}$,
not e^{-N} .

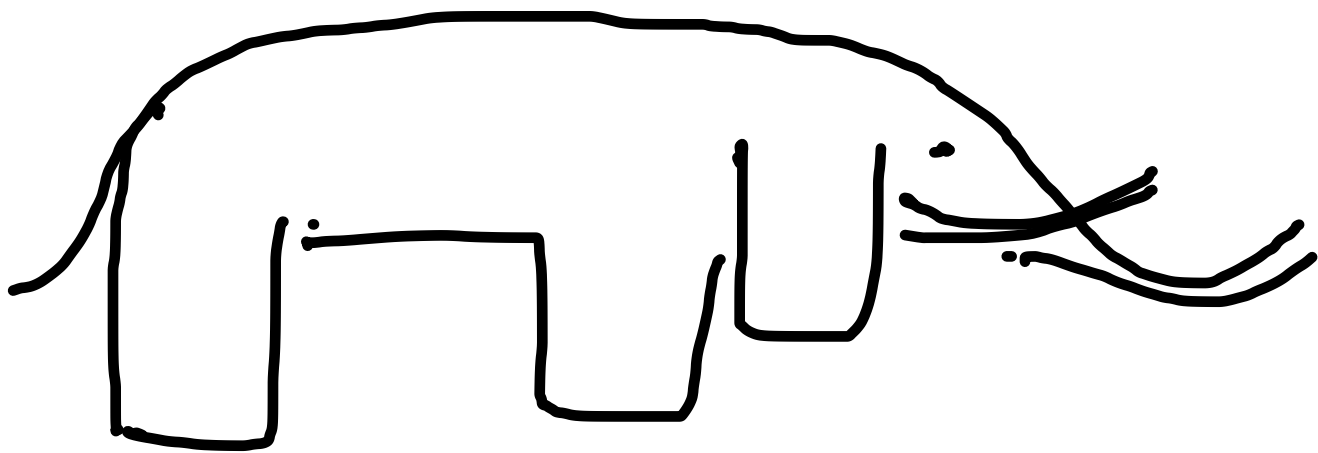
Thus, quantum effects are 100% important on scales $\sim N$!

All the black hole "paradoxes" are result of semi-classical treatment.

But, how can quantum effects be important for macroscopic objects?

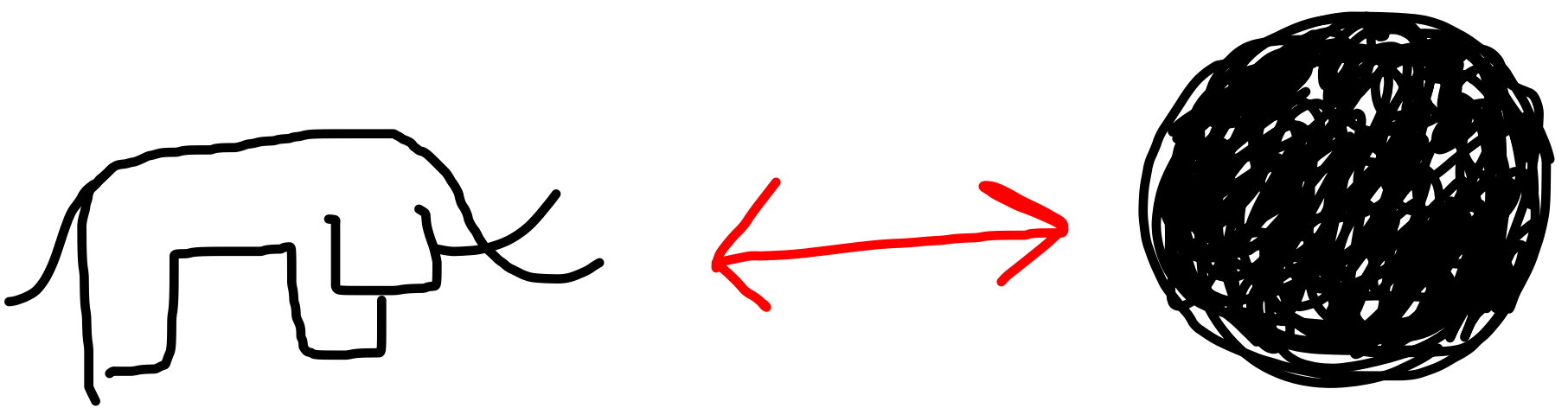
After all, treating semi-classically stars, planets, elephants, ... is fine.

Naively, this contradicts
to usual intuition that
macroscopic objects are
(almost) classical



quantum gravity $\sim e^{-M_{\text{Pl}} L_{\text{Pl}}}$

The answer is that
Black Holes are
macroscopic, but
quantum!



$$\sim e^{-N} \longleftrightarrow \sim 1$$

Notice, Bekenstein entropy

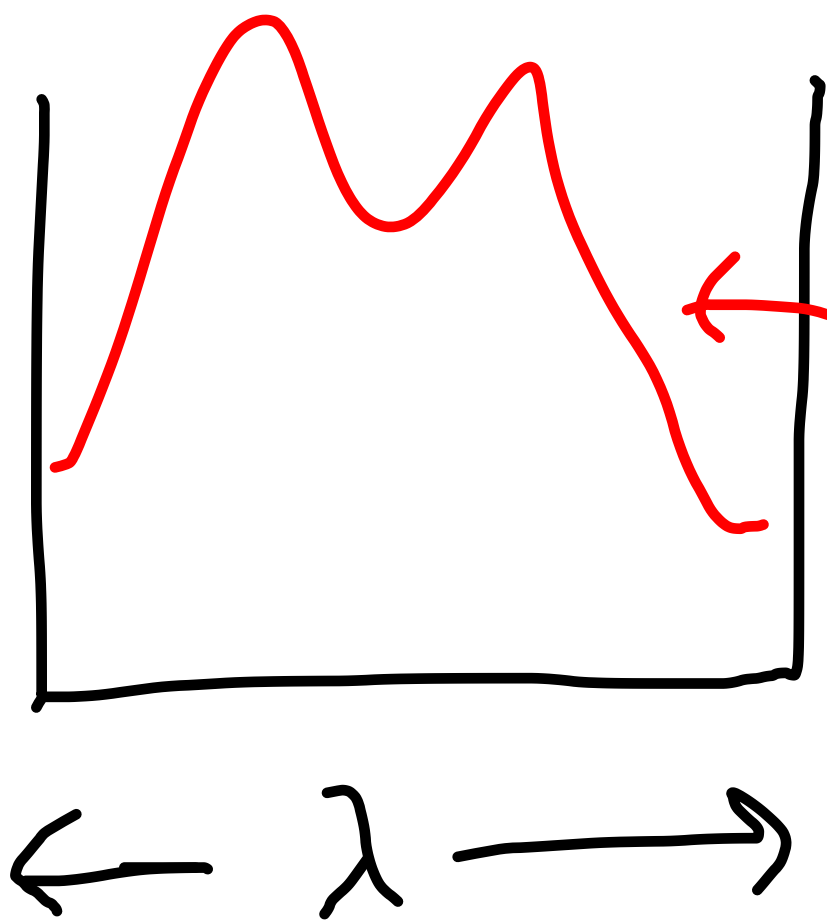
$$S = N = \frac{\lambda^2}{L_p^2} \rightarrow \infty$$

for $L_p \rightarrow 0$, $\lambda = \text{fixed}$
 $\hbar = \text{fixed}$

semi-classical limit of
Hawking.

Why is this non-trivial?

Because, usually a box
of size λ takes energy
 $\Delta E \gtrsim \frac{h}{\lambda}$ to store
one bit of information



$$\Delta E \gtrsim \frac{h}{E}$$

Instead, it appears
that a fixed size
black hole can store
unlimited information
as long as $N \rightarrow \infty$.

What is micro-physics
behind this phenomenon?

First, what is classicality?

Nature is quantum $\hbar \neq 0$.

Classicality implies many particles.

For example, earth's gravitational field is classical because it contains $N \sim 10^{66}$

gravitons!

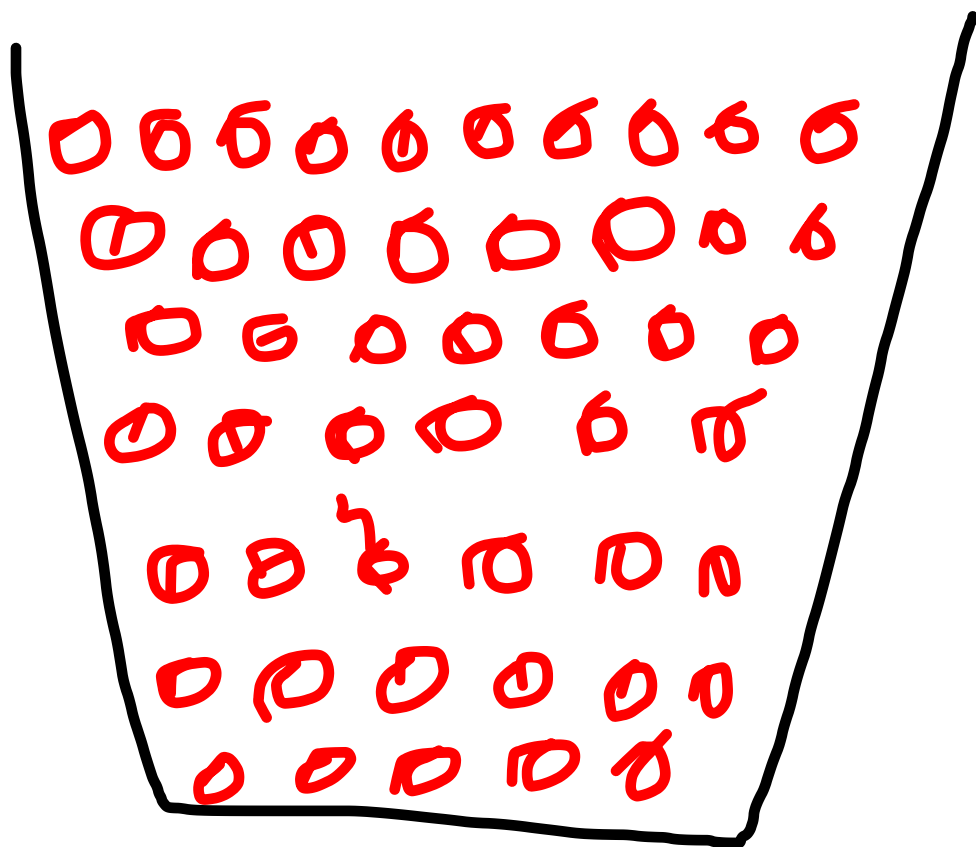
In contrast, gravitational field created by a single electron contains only

$$N \sim 10^{-44}$$

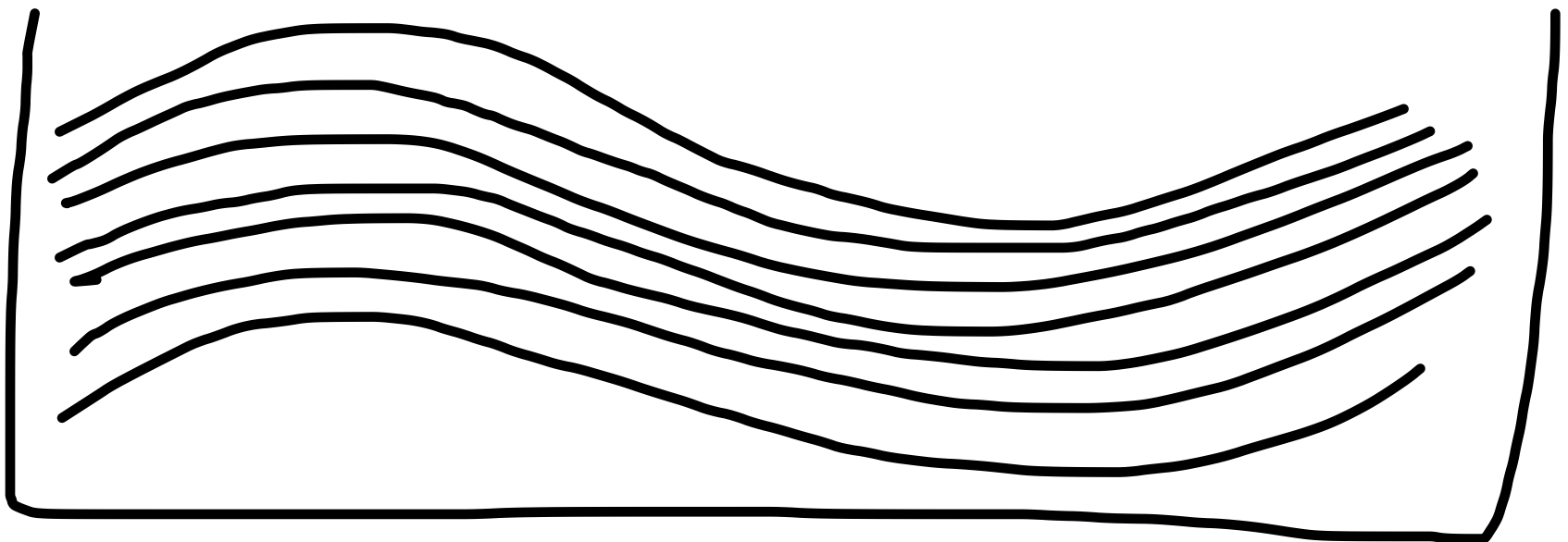
gravitons!

(This is why the electron is not a black hole.)

Macroscopic objects
are characterized by
number of constituents
 N , their coupling strength
 α ,



However α has an universal meaning in the systems in which everybody talks to each other at a same strength, such as Bose-Einstein condensates.



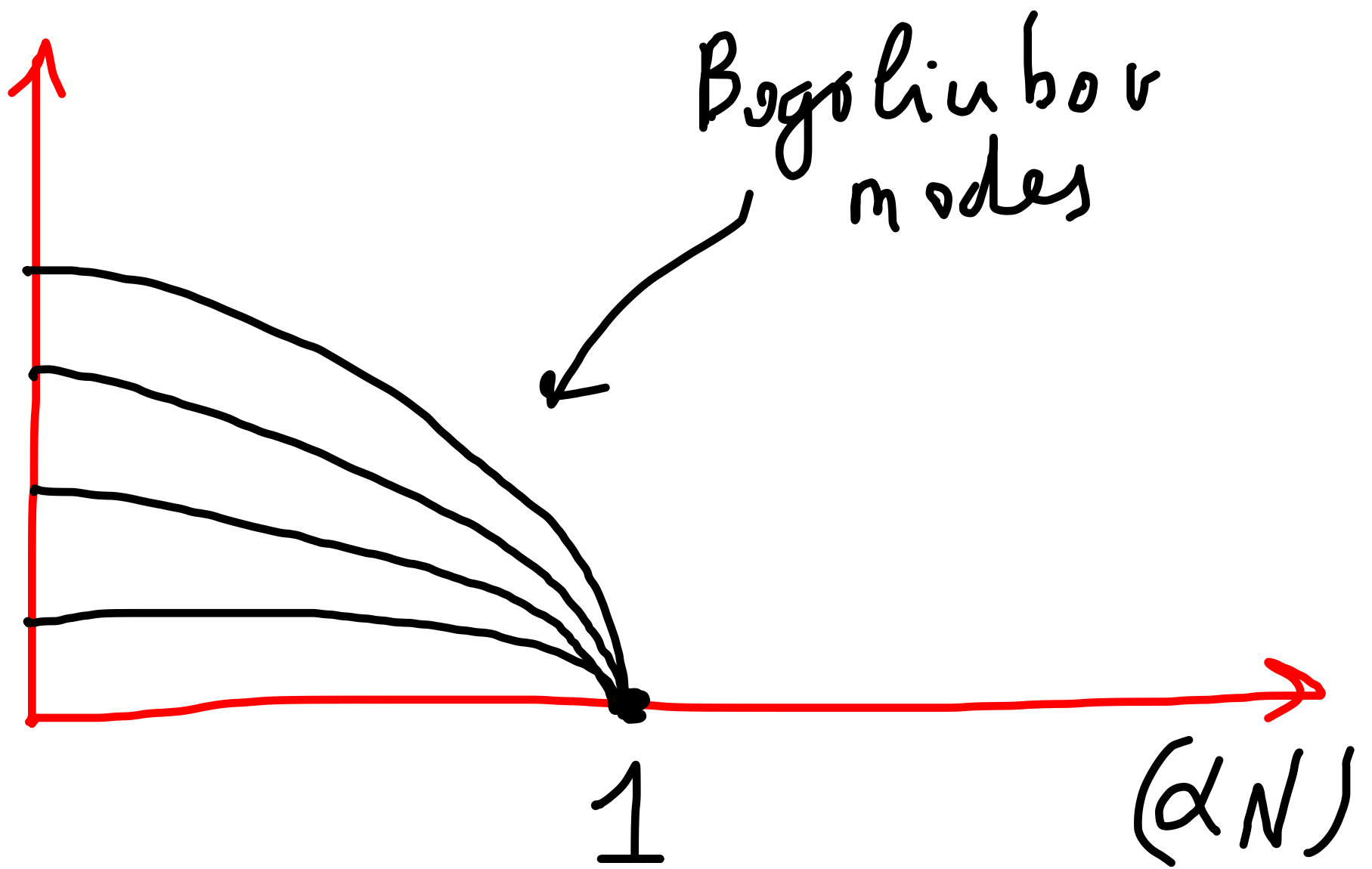
For such systems we
can define a quantity

$$(N\alpha)$$

Something very special
takes place at

$$N\alpha = 1$$

Critical point of quantum
phase transition.



Such a system although multi-particle in reality is fully quantum.

Black hole reduced to bare essentials.

Bose-gas order parameter $\equiv \psi$

$$n(x) = \langle \psi(x) \psi(x) \rangle$$

Hamiltonian

$$H = \int -\hbar L_0 \psi^\dagger \Delta \psi - \hbar L_p \psi^\dagger \psi^\dagger \psi \psi$$

Normalization

$$\int \psi^\dagger \psi = N$$

$$\Psi = \sum_{\mathbf{k}} \frac{a_{\mathbf{k}}}{\sqrt{V}} e^{i \frac{\mathbf{k} \cdot \mathbf{x}}{R}}$$

$$[a_{\mathbf{k}} a_{\mathbf{k}'}^{\dagger}] = \delta_{\mathbf{k} \mathbf{k}'}$$



$$\mathcal{H} = \sum_{\mathbf{k}} k^2 a_{\mathbf{k}}^{\dagger} a_{\mathbf{k}} - \frac{\lambda}{4} a_{\mathbf{k}+\mathbf{p}}^{\dagger} a_{\mathbf{k}'+\mathbf{p}}^{\dagger} a_{\mathbf{k}} a_{\mathbf{k}'}$$

Bogoliubov replacement:

$$a_0^{\dagger} = a_0 = \sqrt{N_0} \simeq \sqrt{N}$$

$$a_0^{\dagger} a_0 + \sum_{\mathbf{k} \neq 0} a_{\mathbf{k}}^{\dagger} a_{\mathbf{k}} = N$$

$$\mathcal{H} = \sum_{k \neq 0} \left(k^2 + \frac{\alpha N}{2} \right) a_k^\dagger a_k - \frac{1}{4} (\alpha N) (a_k^\dagger a_{-k}^\dagger + a_k a_{-k})$$

Bogoliubov transform

$$a_k = u_k b_k + v_k^* b_k^\dagger$$

$$u, v = \pm \frac{1}{2} \left(\frac{k^2 - \alpha N/2}{\epsilon(k)} \pm 1 \right)$$

$$\epsilon(k) = \sqrt{k^2 (k^2 - \alpha N)}$$

$$\mathcal{H} = \sum_{\mathbf{k}} \epsilon(\mathbf{k}) b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}}$$

collapses to $\frac{1}{N}$ at the critical point. Depletion sets in

$$n_{\mathbf{k}} = |b_{\mathbf{k}}|^2$$

$$\Delta N \sim n_1 = \left(\frac{1 - \frac{\alpha N}{2}}{\sqrt{1 - \alpha N}} - 1 \right) \approx \sqrt{N}$$

Energy gap

$$\epsilon_1 = \frac{\hbar}{\lambda\sqrt{N}} = \frac{1}{N} \frac{\hbar}{L_P} !$$

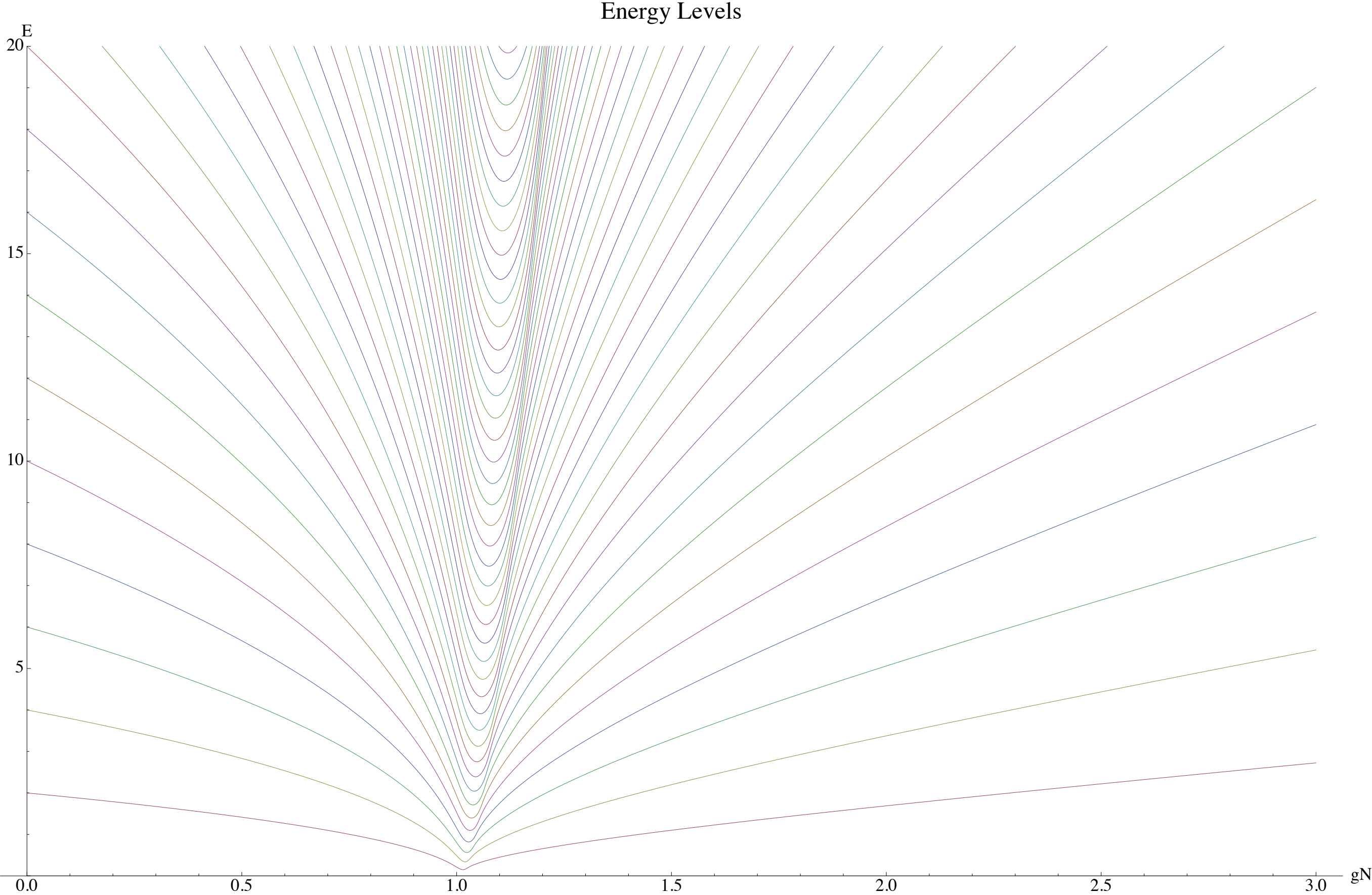
These Bogoliubov modes
are quantum ("holographic")
degrees of freedom
responsible for

Bekenstein entropy.

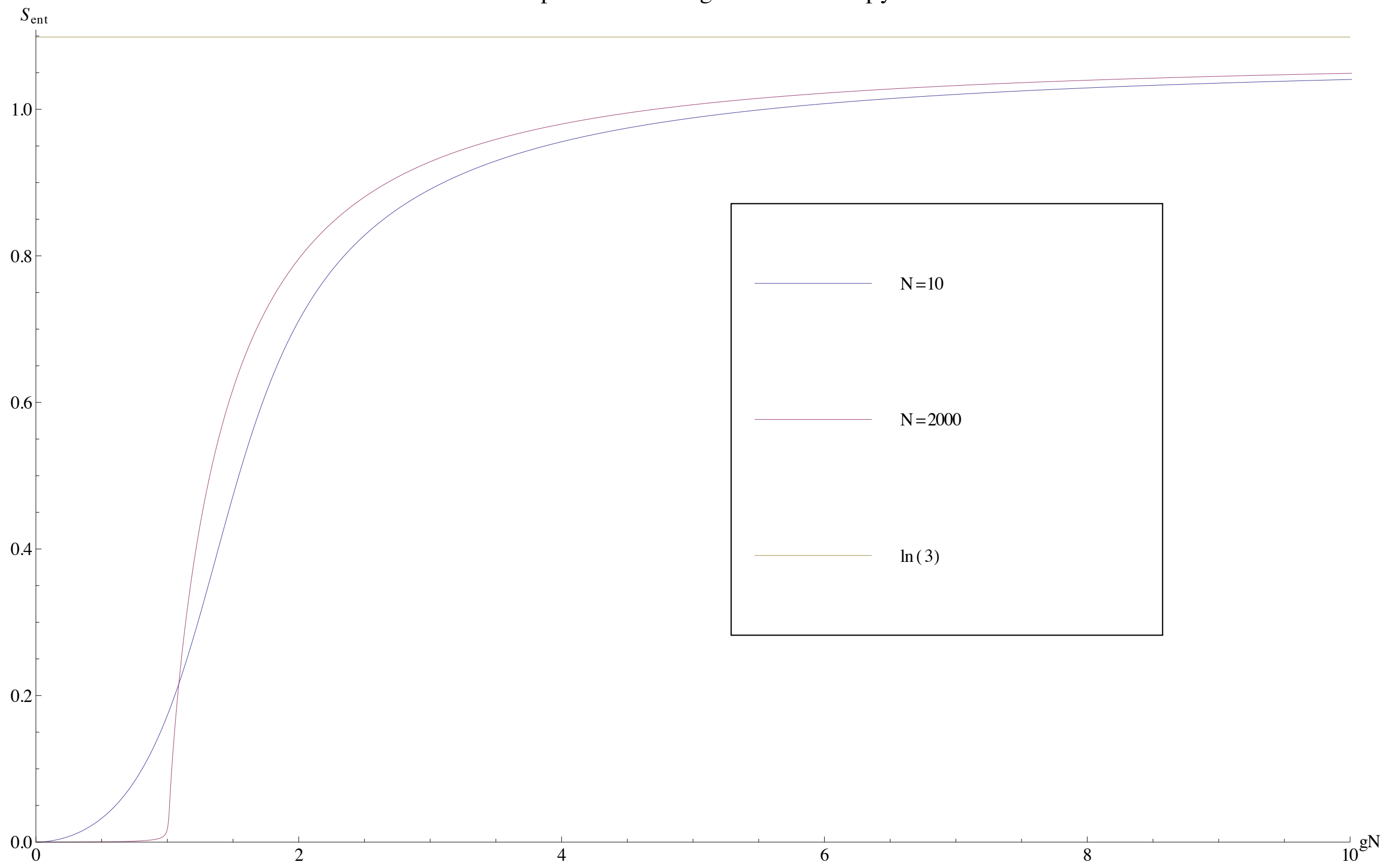
Some numerical
studies by:

Daniel Flassig,
Alex Pritzel,
Nico Wintergerst

Energy Levels



One particle Entanglement Entropy

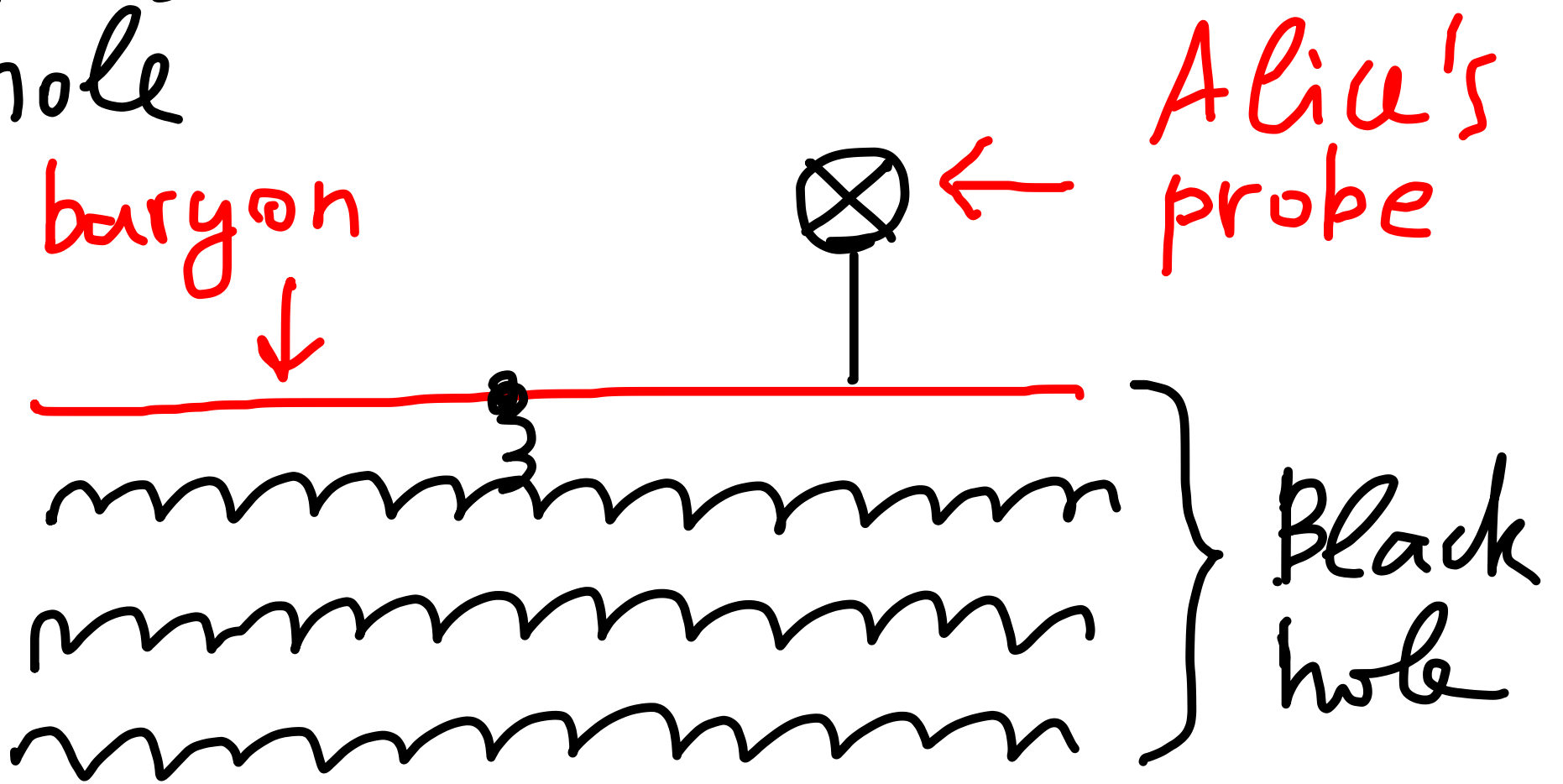


Another (false) artifact
of semi-classical limit
is the absence of hair.

In reality black holes
carry a detectable
hair as

$$\frac{N_B}{N} - \text{effect}$$

How Alice detect a
baryonic hair of a black
hole



$$\boxed{\text{hair}} = \frac{1}{\sqrt{N} L_p} \left(\frac{N_B}{N} \right)$$

For Astrophysical black
holes (that carry large
baryonic or leptonic
charges) the hair can
be an observable
effect.

Depletion law for a global charge for $N \gg N_B \gg 1$:

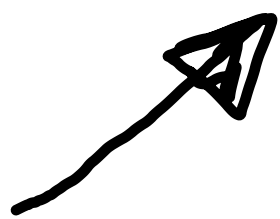
$$\dot{N}_B = -\frac{1}{\sqrt{N} L_p} \frac{N_B}{N} + \dots$$



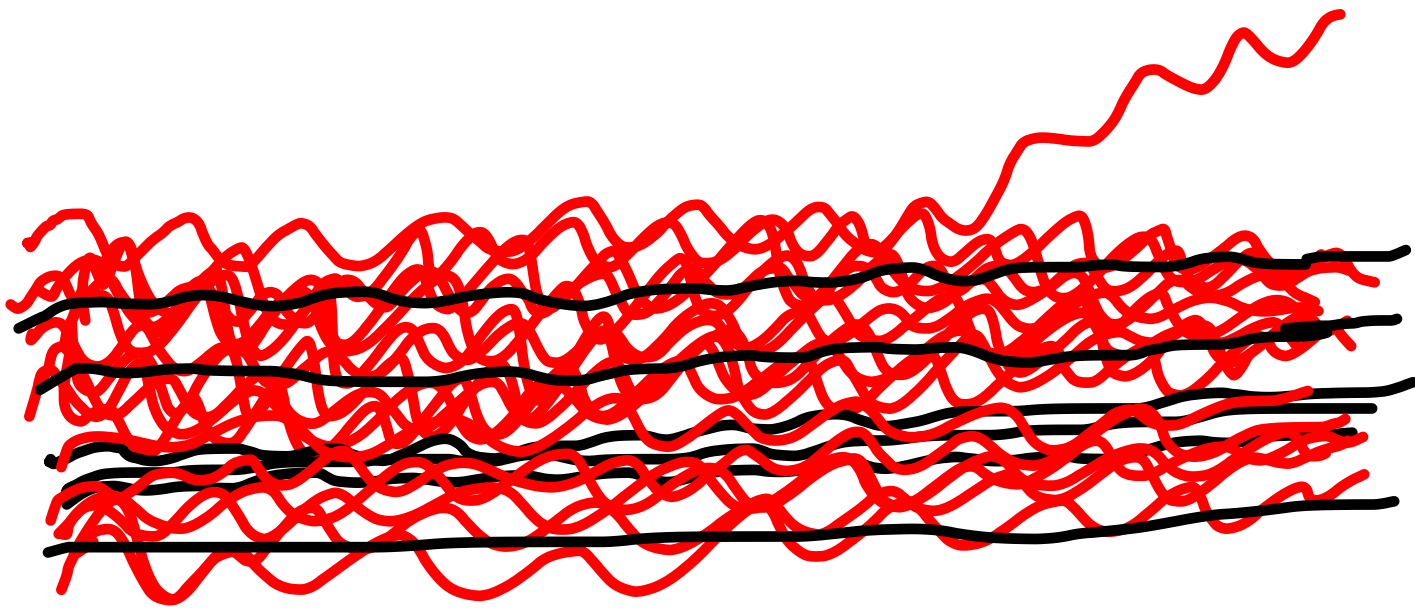
$$\boxed{\tau_* \equiv \frac{2}{3} \frac{t}{L_p}}$$

$$N(\tau) = (\tau_* - \tau)^{\frac{2}{3}}$$

$$N_B(\tau) = \left(1 - \frac{\tau}{\tau_*}\right)^{\frac{2}{3}} N_B(0)$$



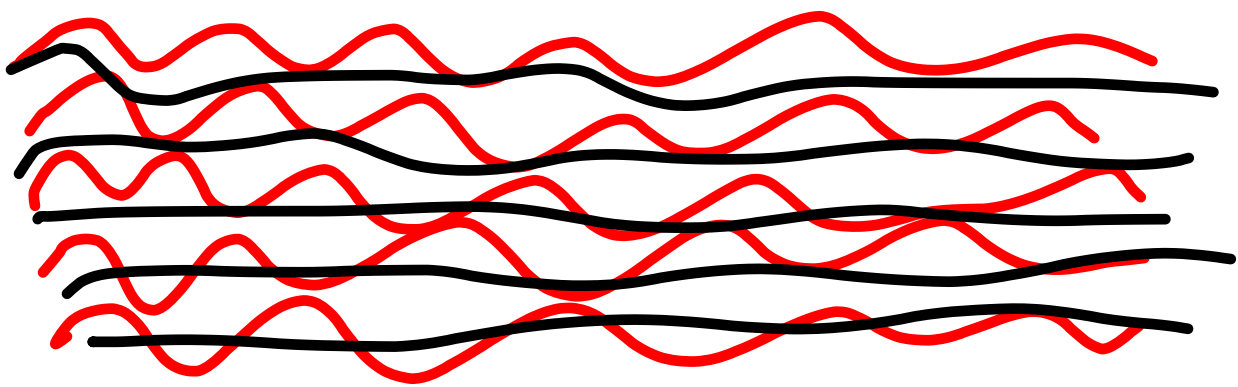
(microscopic reason for Page's information retrieval)



For $N_B \ll N$ the depletion and leakage continues until non-gravitational interaction between "baryons" becomes important!

For example for "baryons"
interacting with gravitational
strength, this will
happen when

$$N_B \sim N$$



what happens after?

Depends on a delicate balance between gravity and non-gravitational forces.

One thing is certain beyond this point evolution of a macroscopic black hole is nothing like we thought before.

The interesting case
for Dark Matter is
when short-range
"baryonic" forces balance
gravity.

There is an indication
that for

$$R_{BH} < L_{QCD}$$

this is the case for

$$N_B \sim N$$

If true, such black
holes can be interesting
Dark Matter Candidates
with masses in new
range

$$M_p < M_{DM} < 10^{17} g$$



DM
← species

Implications?

Many:

*) Global symmetries are OK with Black Holes (B, L, family, Axion...)

*) Self-completion of gravity by classicalization.

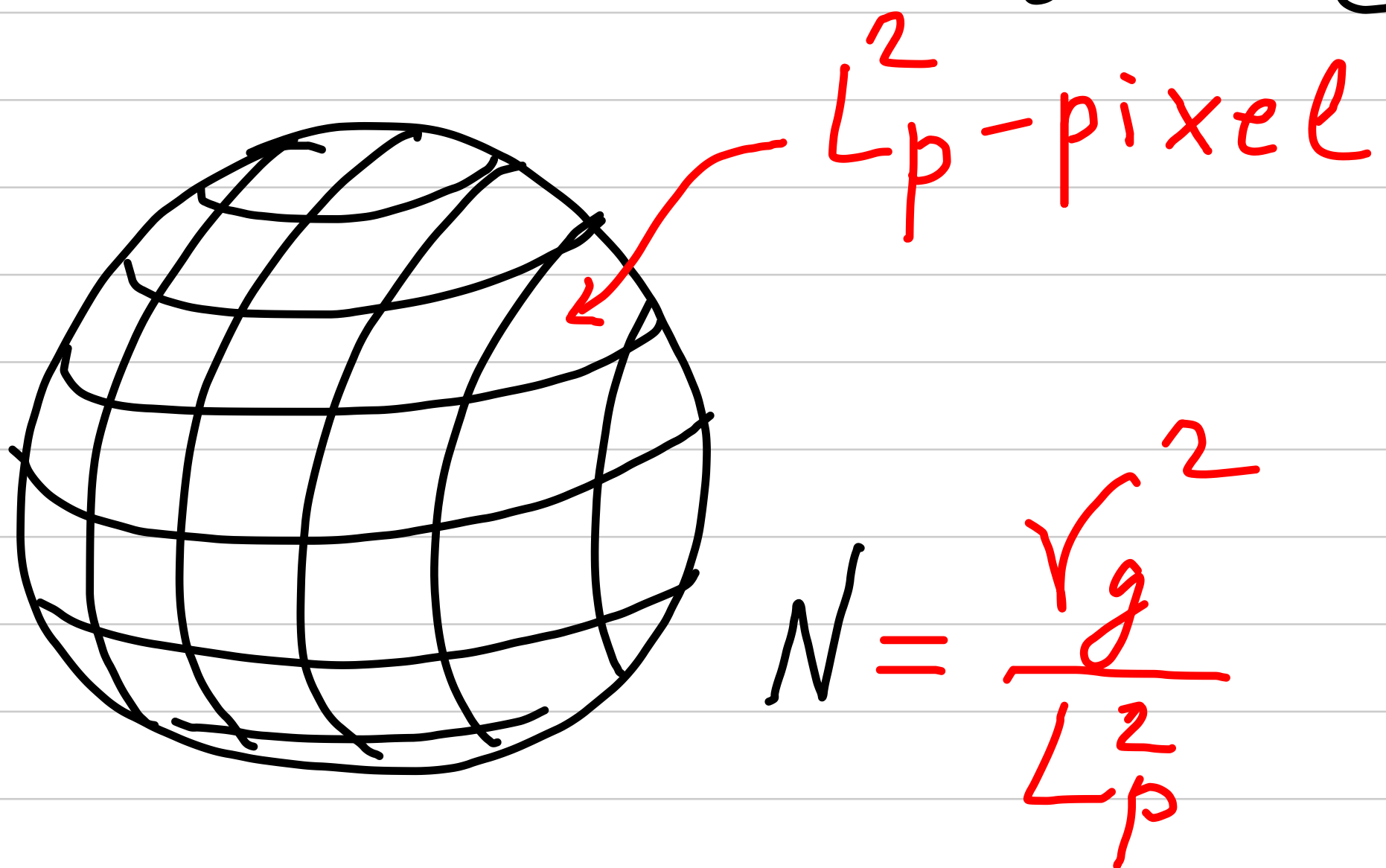
Our picture suggests the following quantum foundation of holography:

Gravitational systems that exhibit holography are Bose-Einstein condensates at the critical point of quantum phase transition.

The "holographic" degrees of freedom then are nearly gapless (and conformal) Bogoliubov modes.

We are learning that
overpacked systems
get oversimplified.

↖
Origin of holography



It is interesting that
generalizing our idea to
AdS/dS-geometry,
we get the same
N-portrait:

In D-dimensions:

$$N = R^{D-2} / L_D^{D-2}$$

$$\lambda = N^{\frac{1}{D-2}} L_D$$

$$\alpha_D = \frac{1}{N}$$

Notice, that N
coincides with the
central charge of
CFT

$$N_{\text{CFT}} = N = \left(\frac{R}{L_D} \right)^{D-2}$$

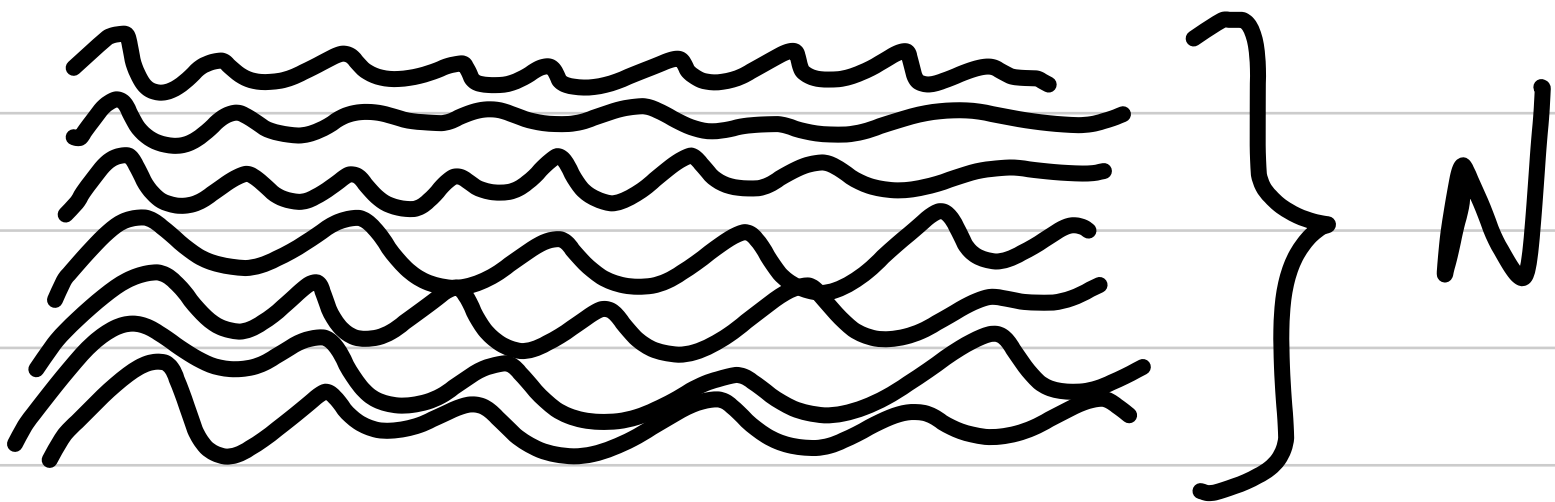
Let us apply this to
AdS 5.

We can think of it
as of a Bose-condensate
of gravitons of wave length

$$\lambda = R$$

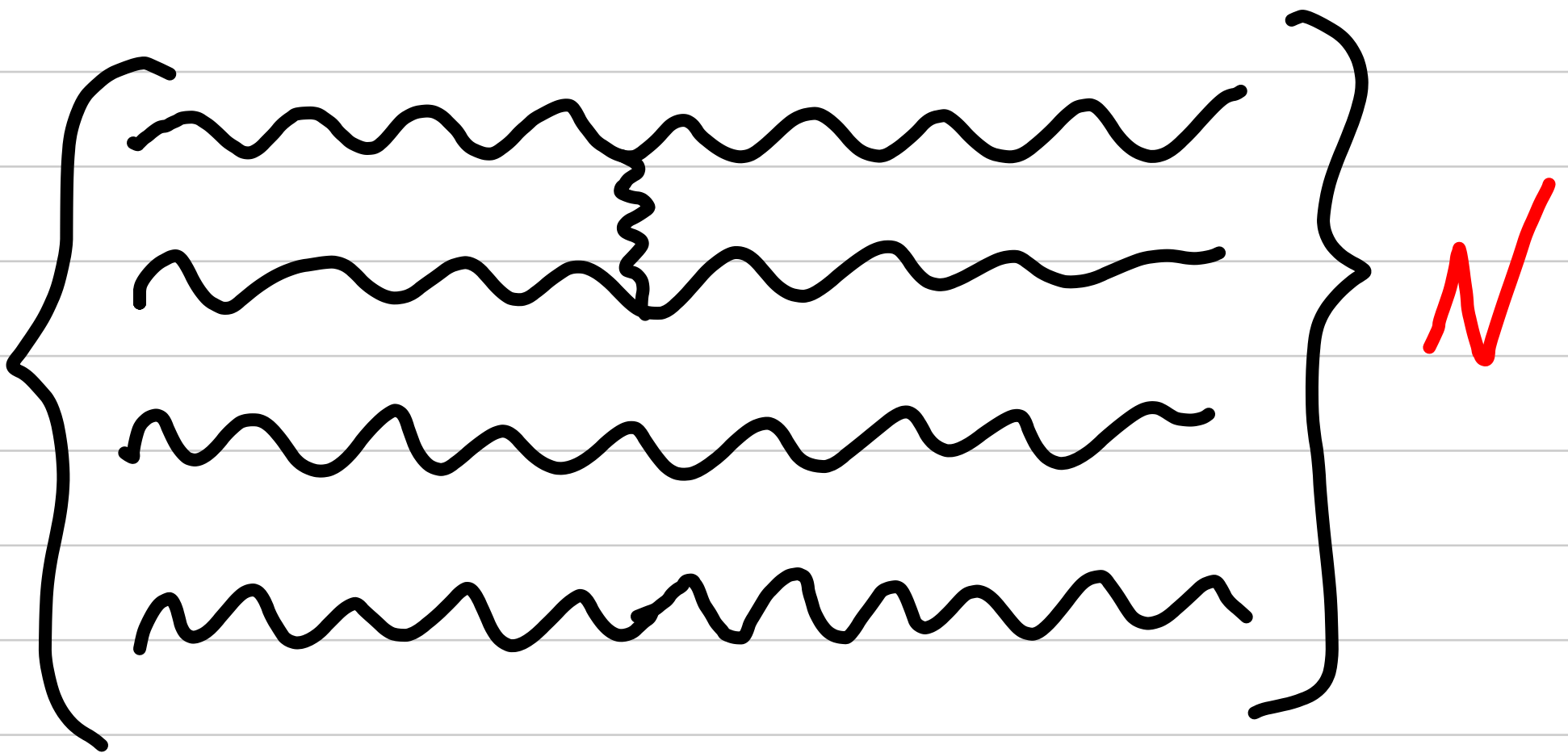
and occupation number

$$N = R^3 / L^3_5$$



These gravitons interact
with the strength

$$\mathcal{L}_{\text{gr}} = L_5^2 \dot{R}^{-2}$$



But, unlike the black hole case, the AdS

Bose-condensate
cannot deplete!

This is because
 N is fixed by the
value of the 5D
cosmological term
in the action!

Rewriting everything
in terms of N , we get
the same quantum
 N -portrait for the
AdS as for black
holes, with the
only difference
being depletion

~

Large- N quantum
portrait of AdS:

N -graviton condensate
with

$$\lambda = N^{\frac{1}{3}} L_5$$

$$\alpha_{\text{gravity}} = \frac{1}{N}$$

The quantum origin of holography in this language is clear;

The system is maximally packed. So the only characteristic is

N

which coincides with the central charge of CFT!

Our results show:
Einstein's gravity
cannot be UV-completed
in a Wilsonian
way!

Instead, it is
self-complete by
classicalization!

WHY?

Because Wilsonian
UV-completion implies
that you can probe
arbitrarily-short
distances.

In particular,

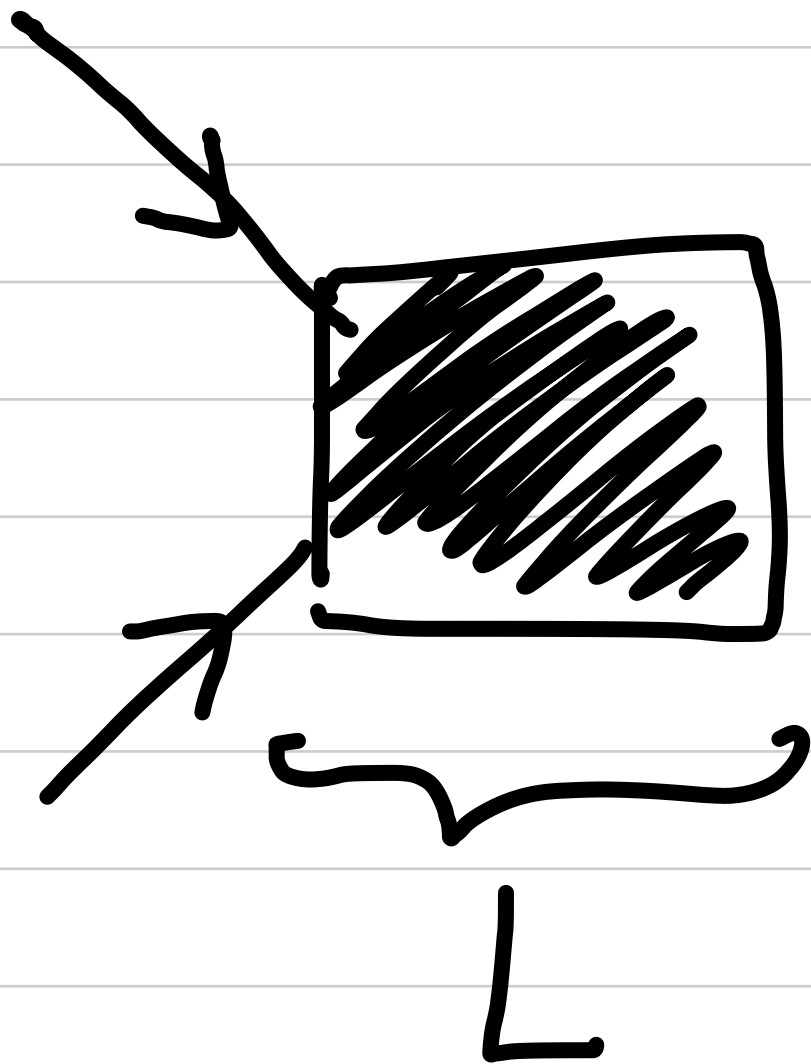
$$L \ll L_p$$

But, in our picture
this is impossible!

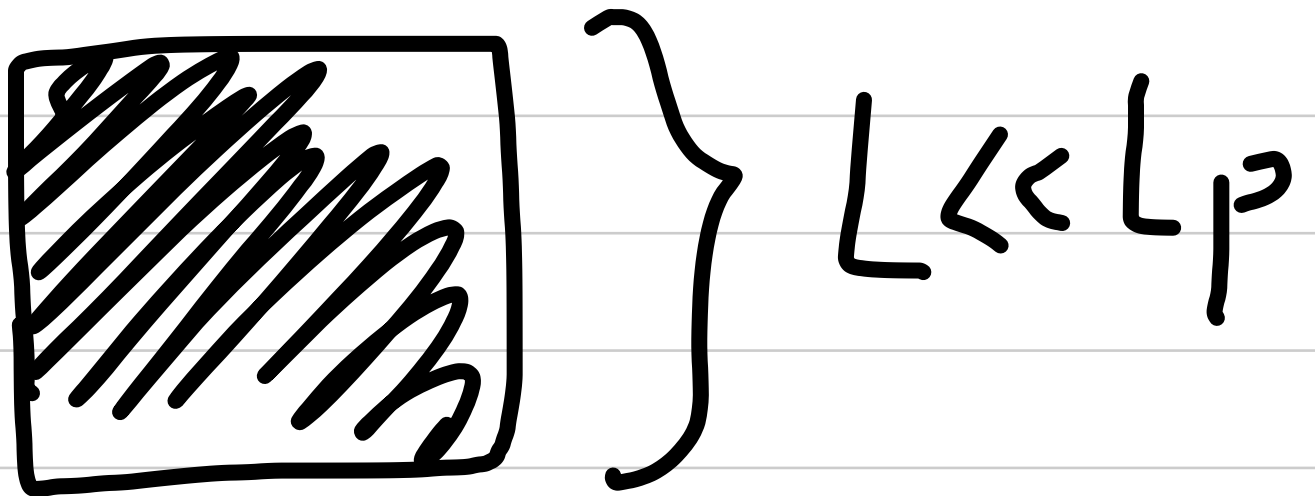
Let us assume that
I ask you to probe
distance L by
scattering two
particles



to do this you have
to bring these two
particles within the
box of size L :



But, for $L \ll L_p$,



We have

$$N = \frac{L_p^2}{L^2} \gg 1$$

and the box becomes
an N -particle state!

In gravity there are
no two-particle states
with $\frac{1}{L} \gg \frac{1}{L_P}$!

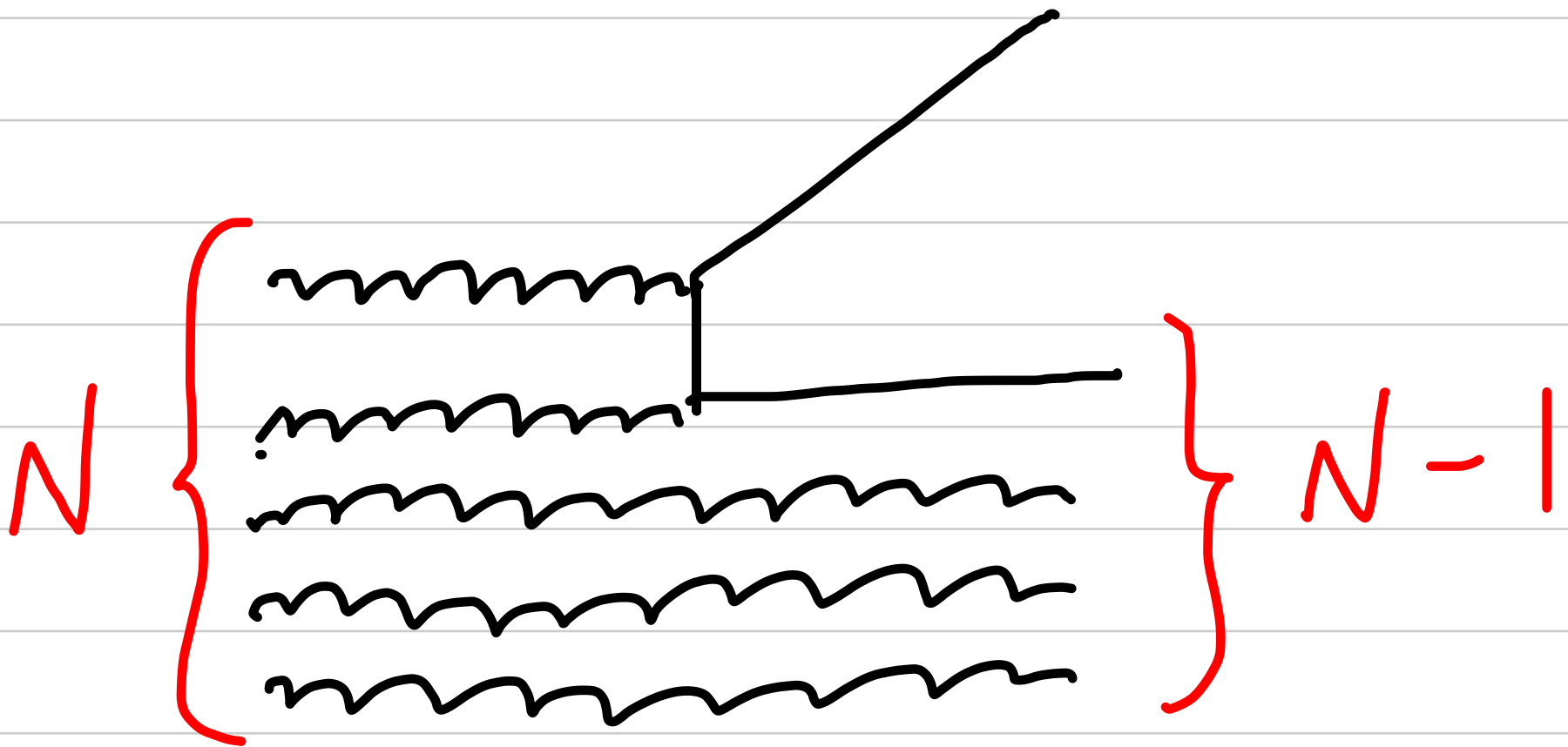
Instead in your
scattering experiment
the process will be dominated
by

$$2 \rightarrow N$$

putting it differently,
we shall end-up
with N -particle states.

The system
classicalizes!

If there are extra species



$$\Gamma = \frac{\hbar}{\sqrt{N} L_P} N_{\text{species}}$$

Species bound:
Black holes cannot exist
for $N < N_{\text{species}}$!

Semi-classically this bound translates to the bound on v_g :

$$N > N_{\text{species}}$$



$$v_g > L_N \equiv \sqrt{N_{\text{species}}} L_P$$

Outlook

Black hole's quantum portrait is a microscopic framework which allows to address questions that in the conventional treatment cannot even be formulated.

It demystifies the known semi-classical puzzles in black hole physics.

Among many potential applications is

Cosmology:

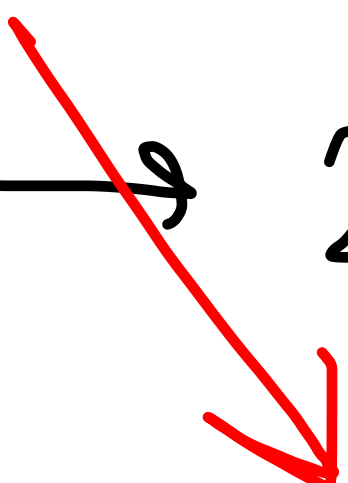
The Universe is the
largest black hole we
know.

It's a graviton
Condensate with

$$N \sim 10^{120}$$

Why self-completion
by classicalization?

Because in gravity
there are no small
boxes with high
energy and few particles!

$$2 \rightarrow 2$$


$$2 \rightarrow N$$

