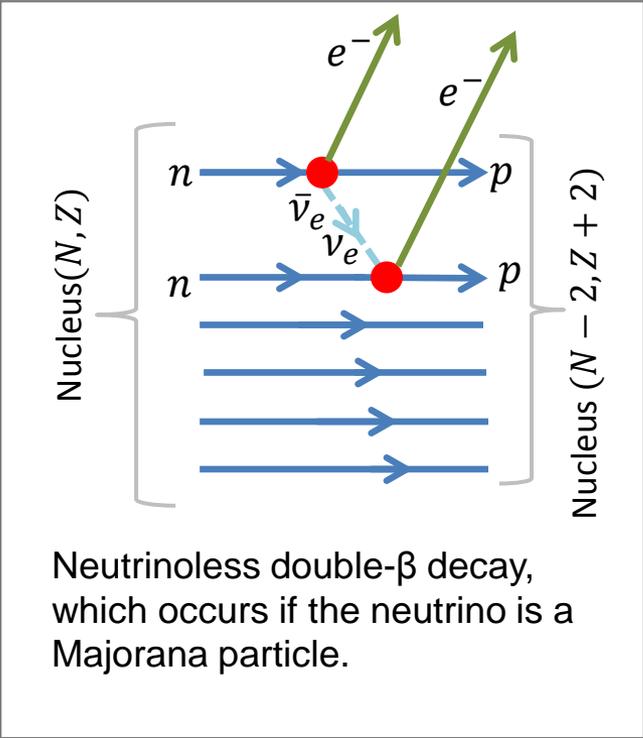


# Examination and improvement of nuclear matrix elements of double- $\beta$ decay in QRPA approach

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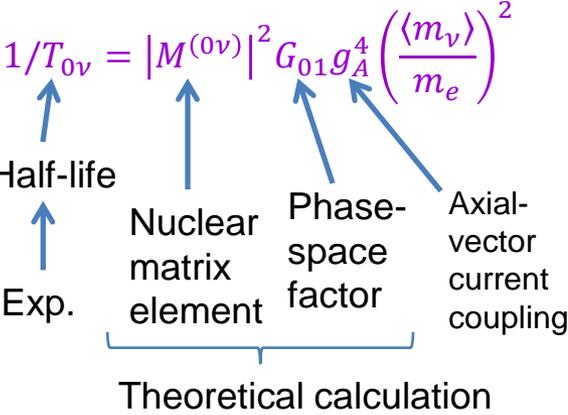
The goal is to determine the effective mass of the neutrino. The double- $\beta$  decay of nucleus is used for this purpose.



### Principle to determine effective neutrino mass

$$\langle m_\nu \rangle = \left| \sum_{i=1,2,3} U_{ei}^2 m_i \right|$$

$U$ : Pontecorvo–Maki–Nakagawa–Sakata matrix  
 $m_i$ : eigen mass ( $i=1,2,3$ )

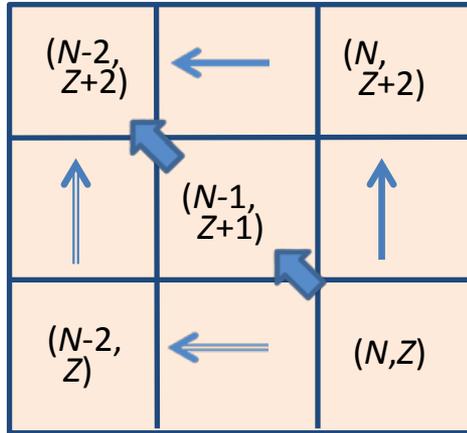


Status:  
 The calculated nuclear matrix elements by various groups are distributed in a range of factor of 2–3.

- Approximation of nuclear wave function by the quasiparticle random-phase approximation (QRPA)
- Nuclear excitation is described as the superposition of two quasiparticle excitations.
- Transition strength function can be well reproduced.
  - Sum rule is satisfied.
  - Widely used in nuclear and condensed-matter physics.

## IMPROVEMENT

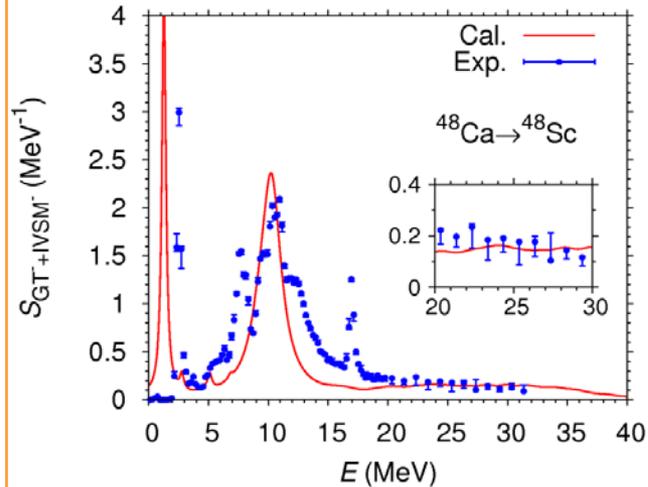
Under a well-established approximation, **virtual-decay paths by two-particle transfers** are possible for the calculation.



These different paths have to give the same nuclear matrix element.

**The strength of the isoscalar proton-neutron pairing interaction is determined.**

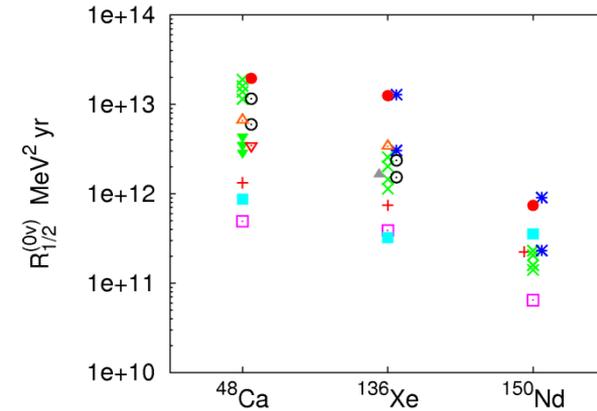
## EXAMINATION



The charge-change transition density used for the nuclear matrix element has been confirmed by reproducing the exp. data of the Gamow-Teller strength function.

By-product:  
it has been clarified that this charge-change reaction is induced by the Gamow-Teller + isovector spin monopole operators.

## RESULT



Reduced half-lives by several groups

$R_{1/2}^{(0v)} \propto (\text{nuclear matrix element})^{-2} \propto \text{half-life}$ ,  
are shown above.

My result: red filled circles  
Rather large.